

October 17 through October 23, 2019

LOOK FOR THE WHIDBEY ISLAND
VOTER'S ELECTION GUIDE INSIDE

Whidbey Weekly

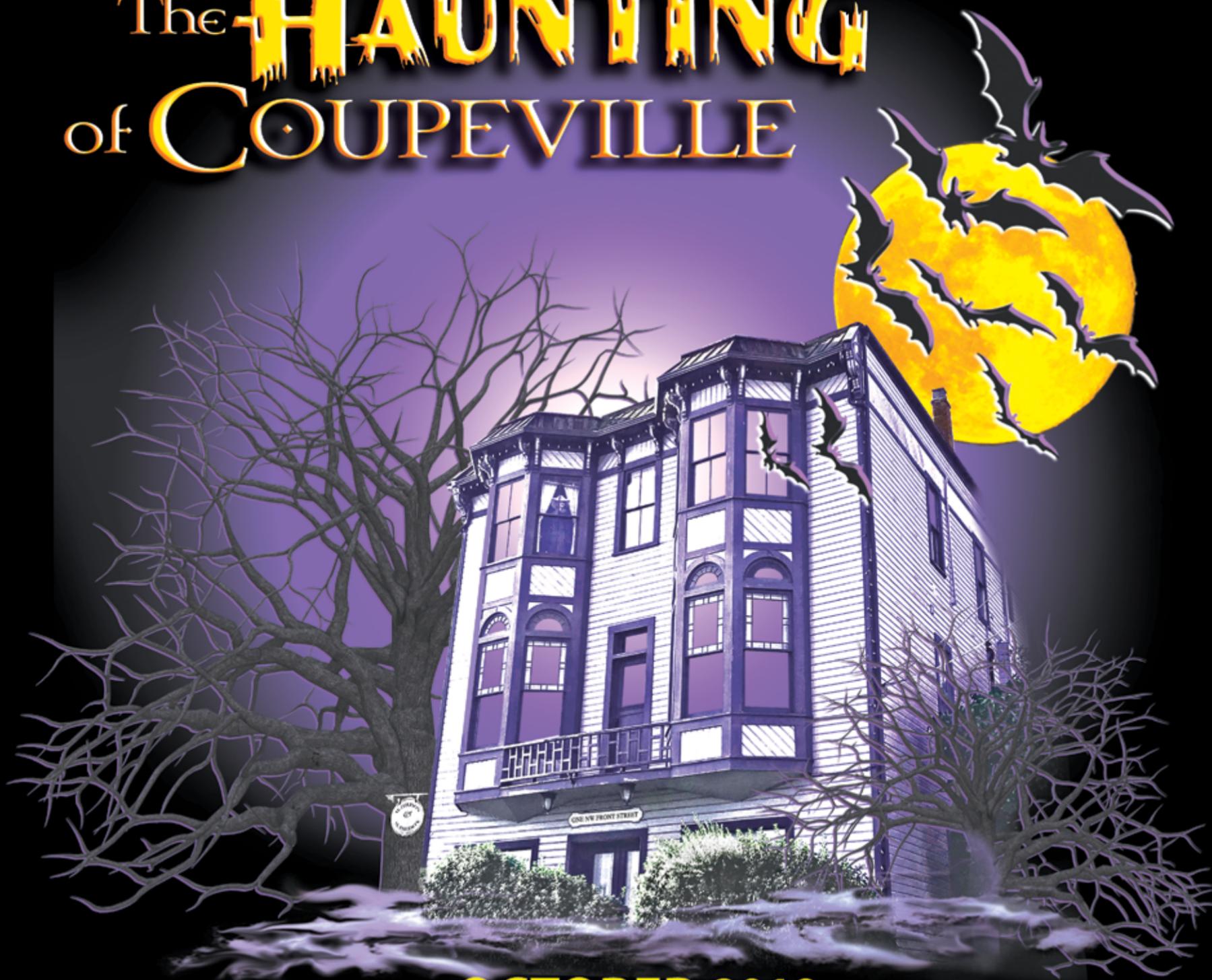
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OCTOBER 2019
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More Local Events inside

16th annual whidbey weavers guild sale **uncommon threads**

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WhidbeyHealth

The Whidbey Island community is invited to a

Town Hall Talk

6 to 7:30 p.m. Tuesday, Oct. 22

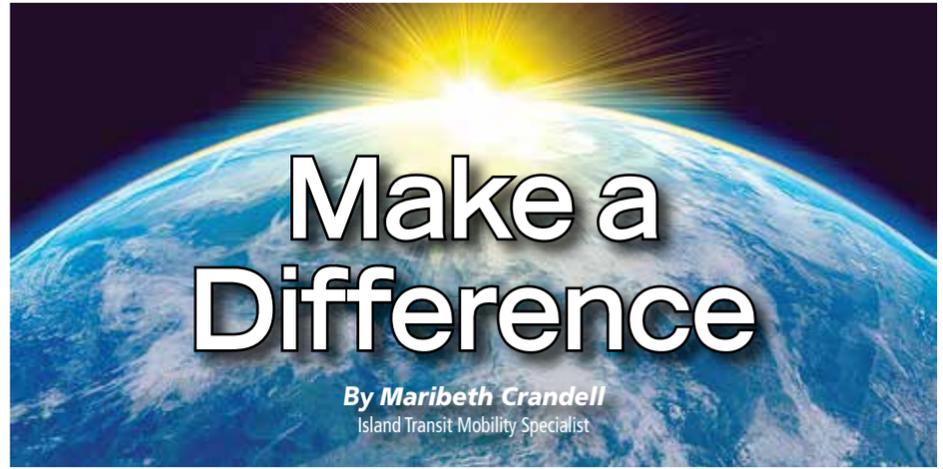
Robert and June Sebo Health Education Center (A/B)
WhidbeyHealth Medical Center (lower level) in Coupeville



Join WhidbeyHealth CEO Ron Telles and Hospital Commissioners for a short presentation on WhidbeyHealth's financials, a recruitment update and a quality report.

Ample time will be dedicated to a question and answer period with community members.

(Take the Birch Street entrance and park in the back near the courtyard.)



Make a Difference

By Maribeth Crandell
Island Transit Mobility Specialist

A CARBON LESS LIFESTYLE

If you want to make a difference, plant a tree, change a light bulb, reduce, reuse and recycle. And if you REALLY want to make a difference and reduce your carbon footprint, because time is running out, focus on this first. Change the way you travel.

It's not that hard. It just takes a shift in thinking. Maybe you're someone who really needs that vehicle, a construction worker with a truck full of tools, or a delivery person, perhaps. But if your vehicle is only carrying you and your lunch box, it's time to consider some alternatives. (If you drive an electric vehicle, good for you. But you're not off the hook unless you charge your battery with renewable energy.)

Driving is addictive. Like any addiction, the short term effects might be pleasant, but the long term impacts are devastating when you multiply it by the number of drivers on the planet. I started taking the bus to work in 2007. Island Transit is fare-free, so I've saved a lot of money over the years. Sometimes in the summer I use a bike and bus combination but I retire my bike during the dark, winter months. Nearly 20 percent of traffic fatalities involve a cyclist or pedestrian, so I wear a reflective vest and carry a light when I'm walking along the roadside or waiting for the bus. We want you to be safe, so during the first week of November as part of our Can U C Me campaign, we'll be handing out reflective vests or wrist bands to bus riders.

Want to calculate your carbon travel footprint? Register at Rideshareonline.com. When I tracked my progress I found I'd saved \$136 and lost 314 pounds of CO2 in just one month. (That's almost \$20,000 and 14,000 pounds of carbon since I started 12 years ago.) Not only did I save money and reduce my carbon emissions, I made friends with my fellow commuters and I got more exercise walking to the bus stop every day. Rideshareonline tracks your travel by walking, bike, bus, carpool, vanpool or telecommuting. You just plug your mode of transportation into your online calendar and Rideshareonline will calculate the rest.

Island Transit will stop at almost any safe place along its routes to pick you up. If you want to catch it on the highway, find a place where the bus can pull completely out of the traffic lane. I use the Route Shout 2.0 app that tells me where my bus is in real time. Sometimes I wait at my mailbox and flag down the bus. But usually I walk 30 minutes to catch the bus at the highway, or 45 minutes to wait at the Park and Ride, or I walk into town, which takes almost an hour, and I climb three hills, which is a great aerobic workout. It helps me stay in shape and I sleep better.

I work for Island Transit now and guide

monthly tours for people on our regularly scheduled buses. We play Transit Trivia on the tours so people can get tips on Island Transit services. This month we'll do a Thrift Shop Tour in Oak Harbor. In November we'll have a Winery Tour and in December we'll go between Coupeville and Oak Harbor to see the holiday lights. You can find out more at our website www.IslandTransit.org. To RSVP call me at 360-678-9536 or email: Travel@IslandTransit.org.

Our website has a Trip Planner to help you figure out which route will get you where you need to go. Our Trip Planner will direct you to your destination even if it's outside Island County and involves ferries or other transit services. Give it a try at www.islandtransit.org. (You can also find a Trip Planner on Google Maps.) Or if you want to talk to a real person, call us at 360-678-7771. And we also offer one-on-one Travel Training for those needing help to get started. Just give us a call.

Initiative 976

People often tell me they'd like Island Transit to extend its service, running later Saturdays and offering Sunday service. If the bus service is extended, paratransit service will be extended, too. Commuters, disabled, veterans, low-income, seniors, students and others rely on Island Transit for transportation. Island Transit is poised to expand, but there's one thing that could force it to contract.

Tim Eyman's Initiative 976 is coming up for a vote Nov. 5. If it passes, it would reduce the annual vehicle license fees to \$30. However, it would also cut public transit services, road construction, overpass and bridge maintenance, light rail expansion, ferry improvements, state patrol and EMS services across the state. It would mean Island Transit bus, paratransit and vanpool services would be reduced. Island Transit's Todd Morrow will be giving public presentations at the Oak Harbor Senior Center at 11 a.m. and at Coupeville Library at noon Monday, Oct. 21 to educate and address concerns about this topic. More details can be found at islandtransit.org.

Just when we need to drive less and reduce our consumption of fossil fuels, just when we have a nation-wide obesity epidemic, just when a growing number of people suffer from isolation, our public transit dollars are at risk. So if you really want to make a difference, walk, bike, take the bus. Vote.

Make a Difference Column is coordinated by Whidbey Island Conservation District. For column archives please visit whidbeycd.org/publications.

The content of this article does not necessarily reflect the views and policies of the Whidbey Island Conservation District.



Thank you for reading! Please recycle the Whidbey Weekly when you are finished with it.



ON TRACK

with Jim Freeman



Hope your weekend and week has been filled with fall flavored fun.

Fall Flavored Fun Forever. The Four F's.

4 F used to be a category indicating one's inability to serve in the military.

1 F was the reason I was kicked out of Ohio Wesleyan by the Methodists.

With my 2 F, Father's Funds, I was able to get a provisional acceptance to William Jewell College from the Baptists.

I loved college. 160 acres of Christian atmosphere, not counting the 3.2 beer we brought back from Kansas.

Alliteration has always pleased me, no matter how many F's I had.

Maybe in my next life I will be an anagram.

Fall Jazz

Given our volume of visual splendor on Whidbey Island, are we happy campers being greedy by enjoying volumes of auditory splendor as well?

If you are a toe tapper like me, mark down Saturday, Nov. 9 on your dance card to remind yourself of the Fall Jazz Concert at South Whidbey High School at 7:30 p.m. What a treat this shall be.

Produced by entertainer extraordinaire Maureen Girard, this concert is one, as Maureen says, "dedicated to young people, the Arts and to building a stronger community."

Are these three of the many great reasons we live here?

Me thinks so.

Speaking of me, I just read Kathryn Crawford Saxer's excellent special to the *Explore* section of last Sunday's *Seattle Times* referencing University of Texas at Austin's psychology professor James W. Pennebaker's 2011 book, *The Secret Life of Pronouns: What Our Words Say About Us*.

Thrilling, eh? Professor Pennebaker encourages we readers, also known as us, not to use the pronoun I so often.

So, we'll go with me instead until me starts getting pronoun infested tweets.

Back to jazz

Community, young folks, and the arts.

Me will be there, along with Maureen Girard, Andre Feriante, Clipper Anderson, Brian Kirk, Troy Chapman, and Eric Vanderbilt-Mathews.

The icing on this jazz cake of class acts, not including me who ran out of class way back, will be the student showcase performers.

More on that class of class acts in next week's page three musings.

Tickets are now on sale at the WICA box office reached at 360-221-8268 or their very user friendly web site, www.wicaonline.org.

Of course, given the practicality of our locals, tickets will also be on sale at the SWHS box office the evening of the concert from 6:00pm until showtime.

Chalk talk

When time permits, the opportunity arrives for many of us to help a friend in need. Such was the case over the weekend when a high school buddy called me to rant about his pending divorce proceedings. Seems he had dipped into some community property assets to enjoy himself, in violation of the settlement agreement reached by his estranged's lawyer and his lawyer.

Sound familiar?

Not for me. Me had no assets when that issue appeared in the 70s. The about to be free me was asset free.

Not so for my buddy.

Rather than use his real name in violation of the columnist/old friend privilege, I will just provide the facts of his rant call to action.

"Hello."

"Ace, is this you? I need to vent. Are your windows open?"

"You got it. Windows and ears are open."

"My wife has filed a contempt order against me

for violating our settlement agreement. What in the hell am I going to do?"

"Get out your check book. This is an activity in which you do not want to engage. Preempt contempt. What you need is an emotional transfusion. Wait a minute. Let me call you back. I feel a poem coming on."

So, we hung up. Finding paper and pen, I went to work. Moments later, as moments seem to go, I called him back to share the following:

*An emotional transfusion
That's what I need
Tired of the negative
It's all I bleed;*

*I'm not that bad
I could be better
Divorce is pending
I signed the settlement letter;*

*My freedom is back
So what's my bitch?
It took me 25 years
To get the 7 year itch.*

After completion of the above, I called my buddy back to share the verse written in his honor.

"Thanks, Ace. Can I get a copy of that to read at the contempt hearing? My lawyer may want me to say something."

Out of the mouths of boobs, we friends maintain our focus. Remember – the first three letters of *funds* spell *fun*.

Hare Fest

Next Sunday, Oct. 20, Deb's Hare Today presents HARE FEST, from 1-7pm at our community-owned Bayview Hall. This event fundraiser is for our longtime Whidbey Islander, Deb Sherod. Don your bunny ears for a hare raising good time! A variety of talented musicians and entertainers will join in the fun along with bookmarks and face painting by Carla Walsh, with popcorn, snacks and apple cider.

As we know, October is Breast Cancer awareness month. Help Deb keep Hare Today Salon doors open in Clinton. A \$20 suggested donation. Children free. For more information phone Debs at 360-661-7272. E-mail at Debsharetoday@gmail.com.

Kudos to Kris

Congrats to Kris Barker, executive director of the South Whidbey Children's Center, for her excellence for so many years in guiding the SWCC into its 40th year of serving families with love, light and leadership.

Hopefully I can share some of Kris' closing remarks from last Saturday's SWCC Freeland Hall Disco Night Fundraiser. Stay tuned. Have to get her permission first.

Joke of the page

Thanks to the Phreeland Fantom for adding the following off color chortle to our fall color foliage.

Joining clubs as we age is always a very good thing, some better than others. Yesterday, my daughter emailed me, again, asking why I didn't do something useful with my time (like sitting around the golf course drinking beer isn't a good thing....?).

Talking about my "doing-something-useful" seems to be her favorite topic of conversation. She is "only thinking of me," she said, and suggested, I go down to the Senior Center and hang out with the fellas.

So, I did.... and when I got home, decided to play a prank on her. I sent her an email saying I had joined the Senior Parachute Club.

She replied, "Are you nuts? You're 78 years-old and now you're going to start jumping out of airplanes?"

I told her I even had a membership card and emailed a copy to her. Immediately, she telephoned me and yelled, "Good grief, Dad, where are your glasses? This is a membership to a prostitute club, not a parachute club."

"Oh man, am I in trouble," I said, "I signed up for five jumps a week!"

The line went dead.

Life as a senior citizen isn't getting any easier, but sometimes it can be fun.

The secret to happiness is a good sense of humor and a bad memory.

Hope to see you here next week for more.

To read past columns of *On Track* in the *Whidbey Weekly*, see our Digital Library at www.whidbey-weekly.com.

Top Economist to Discuss Current State of the Economy

Hear from leading economist James McCafferty at this educational event about the current state of the economy and where it might be headed. Financial Planner Tyrel Lacey will round out the discussion with insights on how to help preserve your financial plan and investments during times of uncertainty.

You'll leave with a few important takeaways that will help you to navigate the current economic conditions.



Tyrel Lacey
Financial Planner, ChFC®



James McCafferty
Director Economic and Business Research,
Western Washington University

Tuesday, October 22, 2019

Two times: 10-11:30 A.M. or 6-7:30 P.M.

Create Space, 723 Camano Avenue, Langley, WA 98260

Space is limited! RSVP by October 21, 2019

Email heather@mainspringwa.com or call 360-341-1415

Complimentary & open to the public.

Educational event hosted by Mainspring Wealth Advisors, LLC
221 2nd St. Unit 5, Langley, WA 98260

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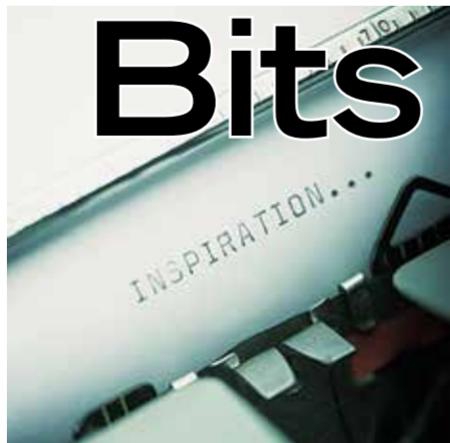
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Bits & Pieces

The Coupeville Wharf has been in need of restoration for years and I believe it is Day's persistence that has finally got the ball rolling on the application for and receiving of grants to aid in the financing of the first wharf project which is stabilization. Now is a critical time for the Coupeville Wharf. As a Commissioner, David Day will continue to focus his efforts to preserve this iconic symbol of our history.

His professional and volunteer experience is invaluable to our community and will continue when he is elected to the board. He knows where the money comes from and where it goes. Transparency and fiscal responsibility mark his character as a public servant and we are very fortunate he is continuing to offer his services to us as a Port of Coupeville Commissioner.

Please vote for David Day for Port of Coupeville Commissioner. To see his qualifications listed, visit the November election voters pamphlet which can be found at myvote.wa.gov.

Marianne Burr
Coupeville, Wash.

Editor,

Oak Harbor needs new, competent leaders!

To Bob Severns and Oak Harbor City Council members seeking reelection:

Given your dumping the sewage treatment plant overrun/mismanagement costs on us (despite Severns claiming this wouldn't happen), repeatedly putting taxes/levies on the ballot each year till they pass (e.g., the pool levy), and forcing us to either vote to pay new taxes or you'll assess us with others (the impending road tax), I and other residents are coming to the realization we can't afford your lack of management any longer.

And how many additional or increased taxes/levies/fees do you have in the pipeline for us to pay?

Stop overburdening taxpayers and start practicing fiscal responsibility with all the funds you already receive.

This is no longer an affordable, resident-friendly place to live. I'm voting for new leaders.

Laura Phillips
Oak Harbor, Wash.

Editor,

My family and I publicly support Mayor Bob Severns in his bid for reelection. Mayor Severns is a good and honest public servant. He has devoted the past 40 years to this community; first as an executive in the largest title company in Oak Harbor then as a volunteer who has been a leader for organizations like the Rotary Club of Oak Harbor and the Whidbey Community Foundation. Finally, as an elected official in his roll as city councilman and Mayor.

Mayor Severns has earned the trust and support of those he works with at the city as well as those in leadership positions in Island County, Oak Harbor School District and the United States Navy. In his first term, he has laid the groundwork for a stronger, more symbiotic relationship with Naval Air Station Whidbey Island and his work is not finished. Mayor Severns lead the team to revitalize our Windjammer Park. He and his wife Rhonda were instrumental in forming our Main Street organization, which brings tax money back to Oak Harbor to make our city and small businesses thrive.

Mayor Severns and his wife Rhonda are the epitome of what we want in a leader for Oak Harbor. They represent our best selves. It is my family's honor to support Mayor Bob Severns for reelection.

Brian and Donna Jones
Oak Harbor, Wash.

U.S. Coast Guard to Conduct Training at NAS Whidbey Island

A reserve U.S. Coast Guard Port Security Unit from Naval Station Everett will conduct a Field Training Exercise Saturday on Naval Air Station (NAS) Whidbey Island Seaplane Base and in the waters of Crescent Harbor.

The purpose of this exercise is to prepare the unit for security missions and improve overall interdepartmental operability. During this training period, Coast Guard personnel will engage in security zone operations and defense.

People around Crescent Harbor may notice security team and small boat maneuvers including blank fire weapons training.

If you have any questions or concerns, please call the Public Affairs office at NAS Whidbey Island, 360-257-2286.

[Submitted by Michael Welding, Public Affairs Officer, NAS Whidbey Island]

Skagit Valley College Offers Workshops to Help Students Complete Financial Aid Paperwork

Skagit Valley College (SVC) is pleased to announce its participation again this year in the "College Goal Washington" event on the Mount Vernon and Whidbey Island campuses:

Mount Vernon Campus: Tuesday, Oct. 22; noon to 6:00PM; Lewis Hall 206

Register for the College Goal Washington event at the Mount Vernon Campus

Whidbey Island Campus: Wednesday, Oct. 23; 3:00 to 6:00PM; Oak Hall 227

Register for the College Goal Washington event at the Whidbey Island Campus

College Goal Washington helps students and families complete the FAFSA or WASFA (Free Application for Federal Student Aid/Washington Application for State Financial Aid), which are the applications needed to apply for financial assistance for post-secondary education.

Students from SVC, as well as high school students and their families, are welcome to attend. The event is being held in October as FAFSA/WASFA applications are available now.

Attendees will receive assistance in filling out FAFSA/WASFA forms from trained volunteers. In addition, financial aid experts will be on site to answer questions about how to pay for college, how to access financial aid, and to work individually with students on a case-by-case basis.

Students who are ineligible to file the FAFSA may be eligible to file the Washington Application for State Financial Aid (WASFA) and access the State Need Grant, helping them pay for college. Trained volunteers and interpreters will be available to work with students and families to fill out the WASFA.

For more information, contact Rose Hill, Outreach Specialist, 360-416-7795 or rose.hill@skagit.edu

[Submitted by Arden Ainley, Chief Public Information Officer, SVC]

Oak Harbor Good Scout Breakfast

On Wednesday, Oct. 23 at 7:00AM the North Cascades District of Mount Baker Council, BSA is excited to host the 2019 Good Scout Breakfast for Oak Harbor at the Oak Harbor Yacht Club. The North Cascades District is excited to recognize the 2019 Good Scout Award recipient, Ron Wallin, and hear from recent Eagle Scout father and U.S. Navy Commander, James Rankin, about the benefits of Scouting. At the same time, funds will be raised to help support the District and Council operations for 2019.

This event is free to attend, and sponsorships are also available. To get more information, sponsor, or RSVP, contact District Executive Blake Jones at blake.jones@scouting.org.

[Submitted by Blake Jones]

Be Creative When Withdrawing from Retirement Accounts

Like many people, you may spend decades putting money into your IRA and your 401(k) or similar employer-sponsored retirement plan. But eventually you will want to take this money out – if you must start withdrawing some of it. How can you make the best use of these funds?

To begin with, here's some background: When you turn 70 ½, you need to start withdrawals – called required minimum distributions, or RMDs – from your traditional IRA and your 401(k) or similar employer-sponsored retirement plan, such as a 457(b) or 403(b). (A Roth IRA is not subject to these rules; you can essentially keep your account intact for as long as you like.) You can take more than the RMD, but if you don't take at least the minimum (which is based on your account balance and your life expectancy), you'll generally be taxed at 50% of the amount you should have taken – so don't forget these withdrawals.

Here, then, is the question: What should you do with the RMDs? If you need the entire amount to help support your lifestyle, there's no issue – you take the money and use it. But what if you don't need it all? Keeping in mind that the withdrawals are generally fully taxable at your personal income tax rate, are there some particularly smart ways in which you can use the money to help your family or, possibly, a charitable organization?

Here are a few suggestions:

- Help your grown children with their retirement accounts. Your grown children may not always be able to afford to "max out" on their IRAs. You might want to help them with any excess funds from your own retirement accounts. You can give \$15,000 per year, per recipient, without incurring any gift taxes – an amount far higher than the current annual IRA contribution limit of \$6,000 (or \$7,000 for individuals 50 or older).

- Help your grandchildren pay for college. You might want to contribute to an investment specifically designed to build assets for college. A financial professional can help you choose which investments might be most appropriate. Of course, if your grandchildren are already in college, you are free to simply write a check to the school to help cover tuition and other expenses.

- Help support a charitable organization. Due to recent changes in tax laws, many individuals now claim a standard deduction, rather than itemizing. As a result, there's less of an incentive, from a tax standpoint, for people to contribute to charitable organizations. But if you'd still like to support a charitable group and gain potential tax benefits, you might want to consider moving some, or all, of your required distributions from your IRA to a charity. You can transfer up to \$100,000 from your IRA in this type of qualified charitable distribution, thus meeting your RMD requirements without adding to your taxable income. Furthermore, this move might keep you in a lower tax bracket. (Before making this transfer, though, you will need to consult with your tax advisor.)

Your RMDs can contribute greatly to your retirement income, but, as we've seen, they can do even more than that – so use them wisely.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor.



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NAS Whidbey Island Restoration Advisory Board

Interested community members are invited to attend the next NAS Whidbey Island Restoration Advisory Board (RAB) meeting Wednesday, Oct. 23, from 5:00 to 7:00PM in the NAS Whidbey Island Chiefs' Club Ballroom, located at 1080 West Ault Field Road, Oak Harbor. Several topics will be discussed; including, the State Petroleum Cleanup Program, Military Munitions Response Program, and the CERCLA Program (including work at the Area 6 landfill and drinking water PFAS investigation).

The RAB is a key element of the NAS Whidbey Island environmental program. As an advisory board the RAB is designated to act as a forum for open discussion and exchange of information regarding environmental cleanup and restoration projects at NAS Whidbey Island between the Navy, representatives of government agencies, and local community members.

Community members interested in learning more about NAS Whidbey's restoration program or the RAB are encouraged to attend the Oct. 23 meeting. For more information, call Mike Welding at 360-257-2286 or email at michael.welding@navy.mil.

[Submitted by Michael Welding, Public Affairs Officer, NAS Whidbey Island]

Local Business News**Top Economist and Mainspring Wealth Advisors Team up to Discuss Current Economic Outlook and How to Plan For Your Financial Future**

We are living in the midst of an interesting time in history where a confluence of factors are affecting the economy - globally, within the U.S. and regionally. Tuesday, Oct. 22, join Western Washington University Economist Steve McCafferty and Financial Planner Tyrel Lacey for a free educational event focused on the current economic outlook and how to plan

for the future. Learn about how the trade war affects us right here in Washington, where the economy might be headed and how to position both your financial plan and your investments during these times.

You'll leave with a few important takeaways that will help you to navigate the current economic conditions.

Space is limited. Contact Heather Pearson to reserve your seat. Please RSVP by Oct. 21 to heather@mainspringwa.com or by calling 360-341-1415. Two time slots are available, 10:00 to 11:30AM or 6:00 to 7:30PM. Held at Create Space, 723 Camano Avenue, Langley, Wash.

State Farm Welcomes New Agent to Oak Harbor

State Farm is pleased to welcome new agent Natalia Talo to its family of Good Neighbor Agents in Oak Harbor, Wash.

Talo moved to Oak Harbor from San Diego, Calif., three years ago after visiting and falling in love with the town and the area. Natalia received her Bachelor's Degree in Business Management from the University of Phoenix. She is very excited and passionate about her new venture in Insurance and Financial Services. Talo brings 12 years of experience working for State Farm as an agent team member and an agent intern.

"State Farm is committed to doing what is right for their clients every day," said Natalia.

"I became an agent to help people prepare for the unexpected, protect what is most important to them, and help plan for their future."

Natalia's office includes three staff members, Donna Moore, Eric Vooock and Tiffany Adams, who are well prepared to help customers with their insurance and financial services.

Talo's husband, Leni, is retiring from the U.S. Navy after 24 years of military service. Natalia, her husband, and three children, Malia (16), Mailee (13), and Gabriel (12), are very active in the community with school, gymnastics, taekwondo, and Sea Cadets. Natalia is a member of the Oak Harbor Chamber of Commerce, where she will be hosting an AM Networking Breakfast. Look for details on the Chamber of Commerce website in the future.

The Natalia Talo Agency, located at 810 SE Pioneer Way, suite 101, Oak Harbor, WA 98277, is set to officially open its doors Thursday. The community is invited to stop by to say "hello" and enjoy delicious snacks from a local restaurant and other giveaways.

Planet Fitness Hosting Grand Opening of Oak Harbor Gym Community invited to ribbon cutting, free workouts and exercise class, food, prizes and special membership offer

Planet Fitness - one of the nation's largest and fastest-growing franchisers and operators of fitness centers, and home of the Judgement Free Zone® will celebrate the grand opening of its Oak Harbor health club (32165 SR 20) Wednesday, Oct. 23, from 4:00 to 6:00PM.

Open to the community, the grand opening festivities will include the following:

Ribbon Cutting with the Oak Harbor Chamber of Commerce and local dignitaries
\$1,000 check presentation to the Boys and Girls Club of Oak Harbor
Giveaways and Prizes including a 55" Smart TV, Amazon Echo, Apple watch and Husky Athletics memorabilia
Free Workouts for all in attendance

30-Minute Circuit Class taught by Victor and Lynne Brick (international fitness experts and PF Growth Partners owners)

Special Grand Opening Offer - Join for .25 down, \$10 a month no commitment (offer good Oct. 12 through Oct. 23)
Complimentary Refreshments from Double Barrel BBQ

The Oak Harbor club is Planet Fitness' 20th club in the area. With 23,522 square feet of space, it offers state-of-the-art cardio machines and strength equipment, 30-Minute Express Circuit, fully equipped locker rooms with day lockers and showers, numerous flat screen televisions, HydroMassage beds, massage chairs, tanning beds, a Total Body Enhancement booth and more.

Planet Fitness Oak Harbor is open and staffed 24 hours a day, seven days a week. Membership includes free small group fitness instruction by a certified trainer through the pe@pf program. As a member appreciation gesture, the club provides free pizza the first Monday of every month, and free bagels the second Tuesday of every month while supplies last, as a reminder that it's okay to treat yourself. For more information, visit www.planetfitness.com/gyms/oak-harbor-wa, call 360-323-4060 or email harbor.wa@planetfitness.com.

Victim Support Services of Island County Welcomes Nina Neilon

Nina Neilon is the new Community Education and Outreach Specialist for Victim Support Services of Island County. She was an advocate in Portland, Ore. and is excited to bring her experience to Whidbey and Camano Islands. Victim Support Services provides free advocacy to general crime victims, crimes that do not include intimate partner violence or sexual assault. VSS provides emotional support, courtroom accompaniment, monitors a Washington State Hotline Crime Victim Hotline, community education classes and additional resources for general victims of crime. Learn more at www.victimsupportservices.org

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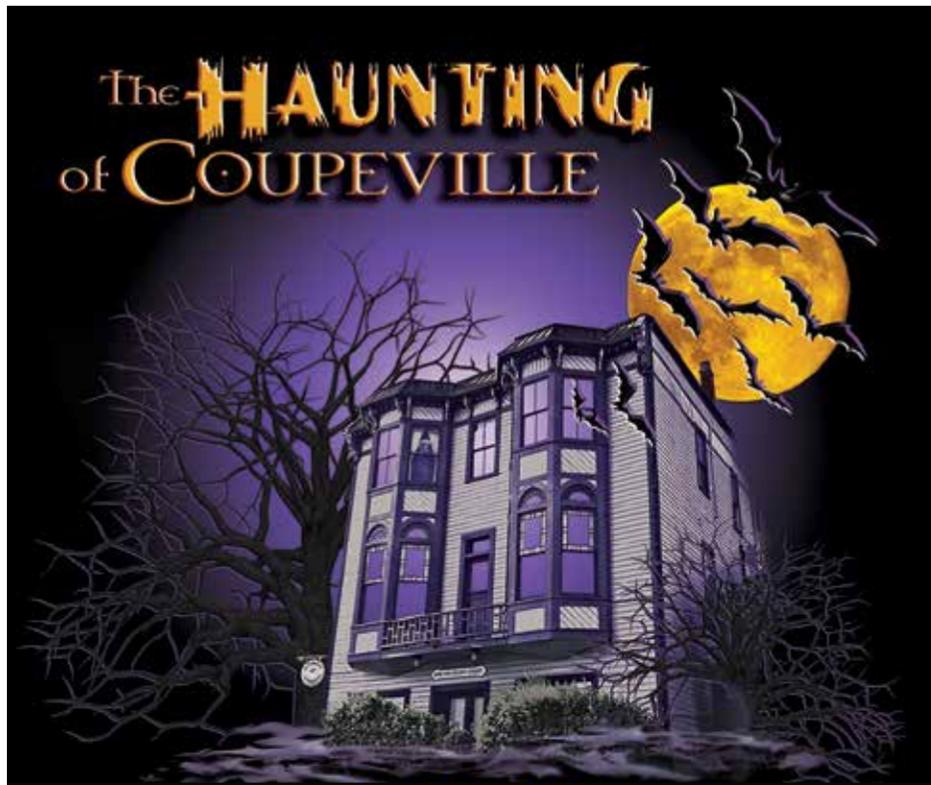
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VOLUNTEERS NEEDED AT BOTH STORES!



Thank you for reading! Please recycle the Whidbey Weekly when you are finished with it.





There's Fun Brewing In Coupeville This Halloween!
www.hauntingofcoupeville.com
 Coupeville Chamber of Commerce 360-678-5434

SCAREY-CROW TRAIL • Daily Beginning October 1

Coupeville's getting scary in the Scarecrow Trail! This year's theme is whimsical, traditional, or spooky scary movie characters. Pick up a map of where to find out Scarecrows at the Chamber of Commerce of Coupeville Library and Vote for your favorite Scarecrow.

A Practical Magic Read-along • Friday, October 18

At The Kingfisher Bookstore • 6pm • Catered by bayleaf

The first ever town-wide read-along! Haven't read Practical Magic yet? Need a reread during the perfect time of year? Grab a copy at The Kingfisher Bookstore and come hang out at one or all of the meetups to discuss this magical and beautifully written book while drinking witchy mocktails in the coziest bookstore on the island.

Haller-ween Haunted House • 5 Dates Beginning October 19

The 1866 Haller House • 1 NE Front Street

5 Dates! 5 Spooky Portals To Mystery!

Evening Tours, Kid Friendly Tours, Halloween Special

For Tickets www.historicwhidbey.org

Haunted Fort Casey • Friday October 25 - Saturday October 26

Explore your one corner of the "Triangle of Fire"... if you dare!

Whidbey Island's Fort Casey, already scary enough in the daytime, will be visited by some seriously ghoulish types as we approach Halloween.

For the younger kids, there's a Kid Zone with a Bounce House and games.

Tickets are \$10 each and PRE-PURCHASE IS REQUIRED!

Tickets are on sale now at the Whidbey Playhouse website.

Halloween Torchlight Parade • Saturday, October 26

4:30 pm – Costume judging at Cook's Corner Park

(winners announced at end of parade)

4:45 pm – Parade. Central Whidbey fire and rescue will give free flashlights (torches) to the first 100 kids who are 10 yrs. and under.

Downtown Merchants have some surprises in store for you, too!

Coupeville's Great Pumpkin Race • Sunday, October 27 • 1-5 pm

Alexander between Coveland and Front Street

A fun-spirited festival like no other! The highlight of the Pumpkin Race is a unique side-by-side single elimination race featuring handcrafted, decorated Pumpkin racecars in a funky, hilarious, suspenseful, and dramatic display of American ingenuity.

Excitement builds as pumpkin racecar teams battle head-to-head for the coveted

Pumpkin Race Championship Trophy. We also award other prizes for

Best Decoration, Most Innovative Design, and Best Crash.

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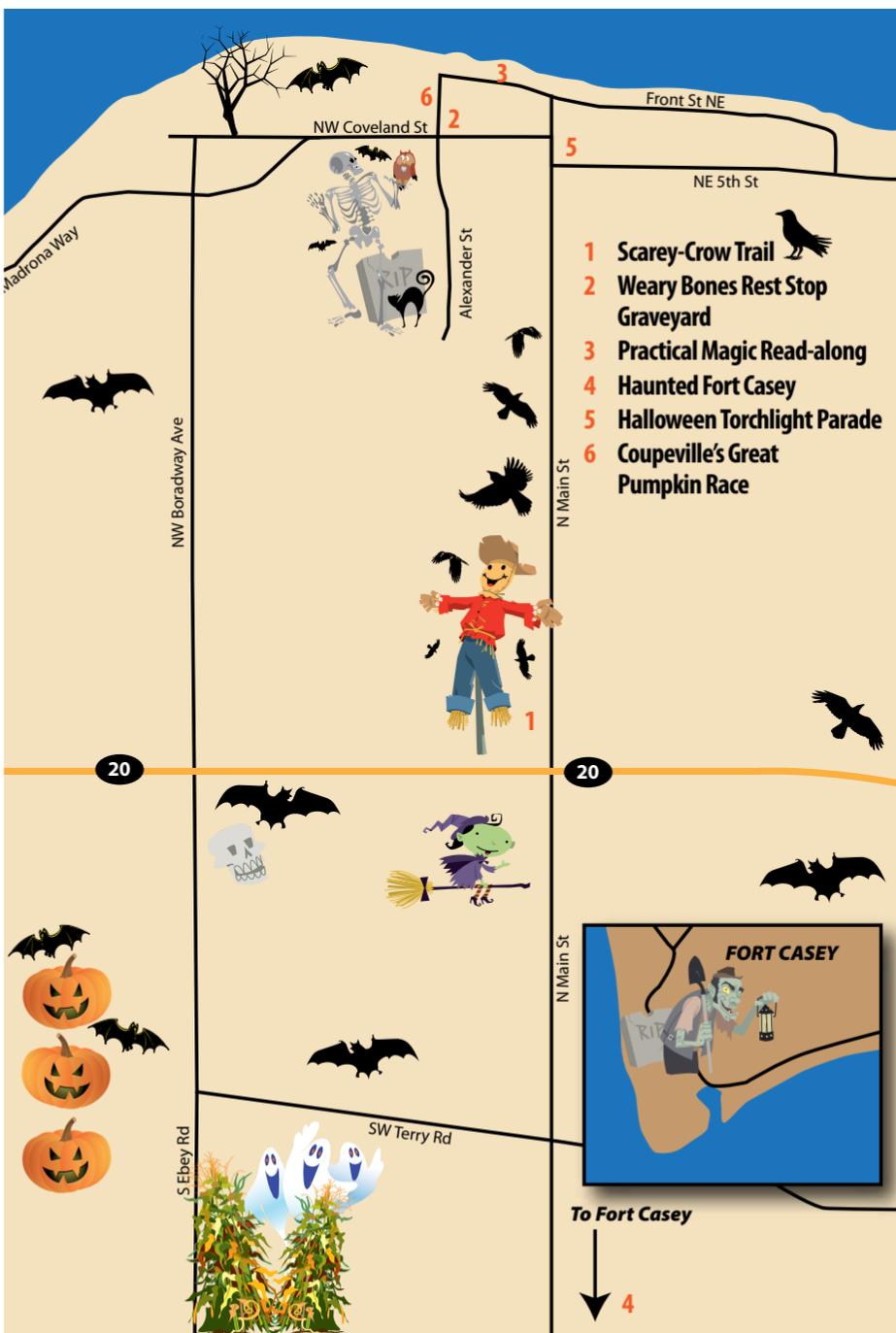
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P-3C Orion takes last flight p. 10

Get your spooky on with the Haunting of Coupeville

By Kacie Jo Voeller Whidbey Weekly

The streets of Coupeville have been transformed into a Halloween wonderland during the Haunting of Coupeville. Visitors can follow the Scarecrow Trail and vote for their favorite display, walk through a pun-filled graveyard, and participate in fun and frightening activities throughout the month.

Businesses and organizations in and around Coupeville have organized events for all ages to enjoy, from a Practical Magic movie viewing at bayleaf Friday, Oct. 25 to the popular Haunted Fort Casey event next Friday and Saturday, Oct. 25-26. For a full list of events, visit hauntingofcoupeville.com.

Lynda Eccles, executive director of the Coupeville Chamber of Commerce, said the annual event offers attractions for almost any interest.

"It is a great time of year, and we try at the chamber to promote all these activities for all these organizations that are participating," she said. "We try and encompass everything, so it is a great place for people to come on the weekends or whenever they want to."

Eccles said this year will highlight a number of new events and activities for patrons to enjoy. The historic Haller House on Front Street will bring ghoulish thrills Saturday and Sunday evenings for \$5 a person, and a kid-friendly event Oct. 26-27 by donation. Eccles said a number of the town's traditional activities will also be going on, with the Halloween Torchlight Parade at 4:30 p.m. Saturday, Oct. 26 and the Great Pumpkin Race from 1-5 p.m. Sunday, Oct. 27.

"The parade is wonderful that it always happens every year," she said. "And the pumpkin race, which is hilarious because none of the pumpkins ever go straight, but it is a fun family activity."

Eccles said the Haunting of Coupeville draws those from off-island as well as locals.

"People do not always realize the adventures that are here in



Kacie Jo Voeller/Whidbey Weekly

Visitors in Coupeville this month can follow the Scarecrow Trail, which will take guests on a tour of the town featuring scary movie characters from Jack Skellington to the Stay Puft Marshmallow Man. The trail also allows patrons to vote for their favorite display by texting 484-848. The trail is part of the annual Haunting of Coupeville.

the shoulder season," she said. "There is always something going on, not just in Coupeville but up and down this island. It is pretty amazing how we have all worked to establish events throughout the year because it does start to wind down but people can still come and enjoy themselves for a weekend or an overnight stay or whatever they want to do."

A beloved part of Coupeville's haunted history will also be highlighted during the month, as the town was featured in the 1998 film "Practical Magic."

"Of course, a lot of people still come for 'Practical Magic,'" she said. "It is still an attraction and we get a number of people asking about it," she said. "bayleaf and Kingfisher have really picked it up with celebrating 'Practical Magic.' Also, at the chamber we have a 'Practical Magic' walking tour so you can actually walk around town and see where it was made and the shops, etc. involved in it."

Sharon Young-Hale, program specialist at Fort Casey State Park, said ghouls, goblins and other spooky creatures will visit the park from 6:30-10:30 p.m. Oct. 25-26. The event is a partnership between Washington State Parks, the Keepers of Admiralty Head Lighthouse and Whidbey Playhouse. Those who wish to have a supernatural encounter must reserve tickets in advance this year, said Young-Hale, due to the event's growing popularity. Tickets, which are \$10 per person, can be reserved by visiting the Whidbey Playhouse website.

"Last year we had approximately 2,800 people who came through the event," she said. "It has grown to the point that we have to manage our crowd size for the park as far as what we can handle for parking. So that is why we have gone to the pre-sale tickets."

Young-Hale said the event is a haunting with a cause, and funds raised will be donated to the Keepers of Admiralty Head Lighthouse for various restoration projects.



Photo Courtesy of Sandy Johnson

Haunted Fort Casey includes a kid-friendly zone and plenty of sweet treats at the event's trick-or-treat street.

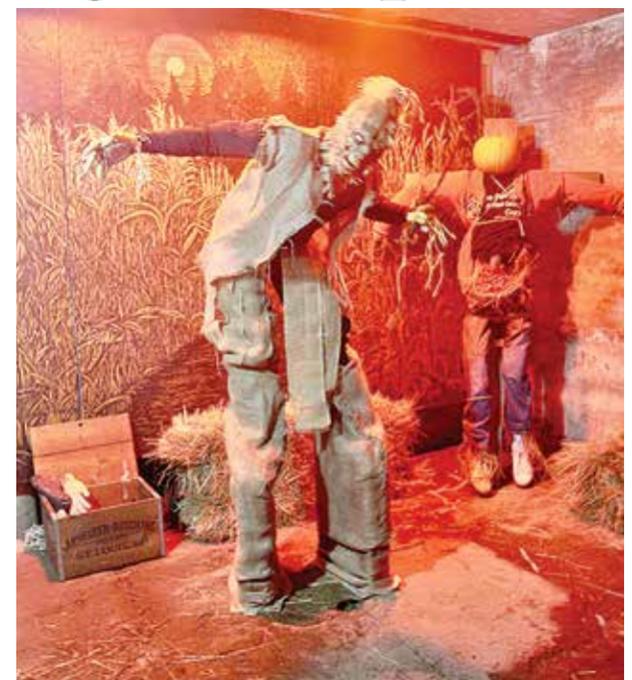


Photo Courtesy of Sandy Johnson

Washington State Parks partners with Whidbey Playhouse and the Keepers of Admiralty Head Lighthouse to bring ghoulish fun to Fort Casey during the Halloween season.

"Because it is a historical structure, we want to maintain it," she said. "Its period of the early 1900s is what we are trying to maintain and its historical nature. That is our ultimate goal, is to keep it up to par so generations can share the love of the lighthouse."

The event is not entirely focused on scares, Young-Hale said, and offers a trick-or-treat street from local businesses, food vendors, and a kids' zone with games and more treats than tricks.

"What I really love about it is, obviously after all the work is done, to be able to stand back and watch the fun and enjoyment that the children and the families have because of this event -- the laughter, the joy, the children running and being excited about the games," she said. "And then even the older crowd, (enjoys) the atmosphere that is here."

Young-Hale said the event is a true community effort, with 160 volunteers needed to put on the event.

"We are still looking for volunteers," she said. "We need help with more actors, people to help with security, to help with what we call entrance monitors, and there are several other categories that we need help with."

Those interested in volunteering at the event can contact Young-Hale at sharon.young-hale@parks.state.wa. To purchase tickets, visit whidbeyplayhouse.com/buytickets.

Fall Bazaars And Events

St Hubert Holiday Bazaar Bake Sale and Cafe
 Saturday, October 26th
 9:30am~3pm
 Women of St. Hubert Church
 804 Third St Langley

Fall Celebration
 October 26, 2019
 Bazaar 9:30am-3pm
 Trunk or Treat 11am-1pm
 Olympic View Elementary
 380 NE Regatta Dr Oak Harbor
 Please come and join us. We are also doing a gentle used book and canned food drive.
 Vendor information, please contact Carrie tigger2brat@yahoo.com

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What's Going On



All entries are listed chronologically, unless there are multiple entries for the same venue or are connected to a specific organization (such as Sno-Isle Libraries) in which case all entries for that venue or organization are listed collectively in chronological order under one heading.

Island Herb Vendor Day

Thursday, October 17, 3:00-6:00PM
Island Herb, Freeland

Representatives from Craft Elixirs will be on site with product displays and information. Must be 21 or older. Island Herb is located at 5565 Vanbarr Pl, Unit F. For more information, call 360-331-0140 or visit whidbeyislandherb.com. Marijuana has intoxicating effects and may be habit forming. Keep out of the reach of children.

Candidate Forum

Thursday, October 17, 6:00-8:00PM
First United Methodist Church, Oak Harbor
Presented by the League of Women Voters. Elections this year are for local offices and ballot measures. Voters may submit questions they would like to ask the candidates for the league's consideration by email to lwv.whidbey@gmail.com. Forums are free and open to the public.

Frightville XIX

Saturdays, October 19, 26, 7:00PM-12:00AM
Fridays, October 18, 25, 7:00PM-12:00AM
Thursday, October 31, 7:00PM-12:00AM
Roller Barn, 98 NE Barron Dr, Oak Harbor

Haunt fee is \$13 per person. A guided no-scare tour of the haunted house will be held Saturday, Oct. 19 & 26, 12:00-4:00PM, \$5 per person. All proceeds benefit Oak Harbor Boys and Girls Club.

The Make A Difference Fundraiser

Friday, October 18, 7:00PM
Oak Harbor Elks Lodge, 155 NE Ernst St.
Purchase tickets at <http://bit.ly/2RP9u1A> or at the Oak Harbor or Coupeville Windermere office. \$20 includes food, music, and fun! Benefiting low income families with children.

Live Music: El Colonel

Friday, October 18, 7:30-9:30PM
Penn Cove Taproom, Oak Harbor
The Colonel is back, but this time he's taking on Oak Harbor! Hailing from Anacortes, the Colonel performs a variety of classic rock and blues hits. No cover. For more information, call 360-682-2247 or visit www.penncovebrewing.com.

Orca Recovery Day

Saturday, October 19
A region-wide day of action to improve salmon habitat and water quality for the critically endangered southern resident Orca community. Over 70 events planned in Washington, Oregon, B.C. and northern California. Details about these events and more at www.whidbeycd.org/orca.

Oktoberfest

Saturday, October 19, 3:30-7:00PM
Baby Island Saratoga Club, Langley
Tickets \$20

Enjoy authentic German food and beer, a silent auction, wine and cider. Adults only. For tickets, call Cathe Mueller at 360-222-2448 or Sharon Vos at 360-730-1047. BISC is a 501(c)3 nonprofit organization whose mission is to provide scholarships to deserving SWHS graduating seniors. All donations are tax deductible.

5th Annual Brew on the Slough - La Conner's Beer Fest

Saturday, October 19, 7:00-10:00PM
Maple Hall, Historic La Conner
Live music by The Walrus. \$25 individual tickets include 11 tastes from local breweries and cideries. Tickets can be purchased at: <https://lovelaconner.com/brew-on-the-slough->

2019-5th-annual/. Must be 21 years of age, please drink responsibly.

Sea Notes Swing Dance

Saturday, October 19, 7:30-10:00PM
Elks Lodge, 155 NE Ernst St, Oak Harbor
\$10

Dance the night away at the Elks as the Sea Notes play big band live. Thirteen instrumentalists, along with two vocalists, play big band live music from the 30s, 40s, 50s and more. Great singing and good company. All welcome. Come at 7:00PM for a dance lesson. Call 360-675-1321 or email seanotesdanceband@gmail.com for more information.

Live Music: Jacob Lee

Saturday, October 19, 7:30-9:30PM
Penn Cove Taproom, Coupeville
Singer, songwriter, musician and dad. Fourteen years of rocking the taproom world with acoustic renditions of all your rock, pop, country, and blues favorites. Catchy, coffeehouse covers have crowds singing along, dancing, and tossing out requests which means you'll never see the same show twice. No cover. For more information, call 360-682-5747 or visit www.penncovebrewing.com.

Addams Family Opening Night

Thursday, October 24, 7:30PM
Whidbey Playhouse, Oak Harbor
Tickets: \$30 each
Join the Soroptimists and the "Addams Family" on opening night. Enjoy seasonal treats as you meet the actors in costume and in character. An event for the whole family! Your participation allows Soroptimists to assist local women and girls. For tickets, contact Rita Bartell Drum at ritadrum777@gmail.com or 631-707-5980.

Star Party

Friday, October 25, 6:30PM
Fort Nugent Park, Oak Harbor
Explore the night sky and view distant galaxies, planets and nebulas at this free public Star Party hosted by the Island County Astronomical Society (ICAS). No telescope is needed and people of all ages are welcome to attend. Be sure and dress warmly and note the event will be canceled if the weather is cloudy. For more information, contact Bob Scott at icas_president@outlook.com or visit www.icas-wa.org.

Haunted Fort Casey

Friday, October 25, 6:30-10:30PM
Saturday, October 26, 6:30-10:30PM
Fort Casey State Park, 1280 Engle Road, Coupeville

Tickets only available online and sold in advance. No tickets at door! Please call 360-679-2237 for more information.

Fall Bazaar and Trunk or Treat

Saturday, October 26, 9:30AM-3:00PM
Olympic View Elementary, Oak Harbor
The Fall Bazaar will feature many different vendors to help start your holiday shopping early. The bazaar is held inside the school gym. The Trunk or Treat will be held in the upper parking lot of the school from 11:00AM to 1:00PM. Make sure you come dressed in your costume for some spooky fun. Accepting donations for the gently used book and canned food drive. The school is located at 380 NE Regatta Dr.

Holiday Bazaar & Bake Sale

Saturday, October 26, 9:30AM-3:00PM
St. Hubert Church, 804 Third St., Langley
Presented by the Women of St. Hubert Church. Shop for crafts, books, baked goodies, lunch, and more.

Upcoming Sno-Isle Library Events

See schedule below
Cost: Free

Books2Movies Group

Friday, October 18, 2:00-4:30PM
Freeland Library
This group will focus on books that were made into movies. Read/listen to the book then join us for the movie and a lively talk. Enjoy candy and popcorn and meet with fellow book lovers. Brandon Henry, who you may have seen at The Clyde Theater, will lead the discussion.

Friends of the Clinton Library Book Sale

Saturday, October 19, 10:00AM-3:00PM
Clinton Community Hall, 6411 S Central Ave.
Thousands of books for sale at bargain prices. Additional fiction and nonfiction every month. Proceeds support the Clinton Library.

Parenting for Online Safety: How to be the Guard Rails

Saturday, October 19, 2:00-4:00PM
Coupeville Library
In this workshop, we will use the documentary film "Screenagers" as a reference point to explore how kids use popular apps, discuss the science behind tech addiction and define digital citizenship. Learn key strategies for limiting the influence screens have in your family. No registration required.

Beatlemania/Beatlemedia

Tuesday, October 22, 2:00-3:30PM
Freeland Library
Cultural and media historian Lance Rhoades discusses how all the stars aligned to form the biggest entertainment phenomenon in history. Everyone is welcome.

Religious Services

South Whidbey Community Church

Sundays, 9:00-9:45AM Adult Bible Study
10:00-11:00AM Worship
Deer Lagoon Grange, 5142 Bayview Rd, Langley

Sunday, October 20 - Pastor Wenzek: Church Unity. Services are followed by a light lunch. You are invited to join us for lunch and loving fellowship.

Bible Study on "Exodus Events in Scripture"

Tuesdays, October, 22, 29, 1:30-3:00PM
Concordia Lutheran Church, Oak Harbor

Meetings & Organizations

Island County Astronomical Society (ICAS)

Monday, October 21, 6:00-8:00PM
Hayes Hall, Room 137, SVC, Oak Harbor

Anyone interested in astronomy is invited to attend. There will be short presentations about current topics in astronomy and a good time is guaranteed for all. For more information about ICAS or club events, contact Bob Scott at icas_president@outlook.com or visit www.icas-wa.org.

PBY Naval Air Museum

Wednesday, October 23, 11:30AM
CPO Club, 1080 Ault Field Road, Oak Harbor
The featured speaker at the monthly no-host luncheon will be Denise Frisino, with a presentation regarding Japanese spies along the west coast pre WWII. The public is invited to this event, call 360-240-9500 for directions and more information.

For a list of continuous Meetings and Organizations, visit www.whidbeyweekly.com

Classes, Seminars and Workshops

Identity Theft: What to Do After You've Become a Victim

Friday, October 18, 2:00-3:00PM
Oak Harbor Library

Island County Victim Support Services will cover the professional support services available for those who are victims of this crime. Presentations are completely free of charge and anyone can attend. Please register at www.sno-isle.org or email contactus@victim-supportservices.org for more information.

NRA Basics of Pistol Shooting Course

Friday October 18, 6:00-9:00PM
Saturday, October 19, 9:00AM-5:00PM
NWSA Range, 886 Gun Club Rd., Oak Harbor
Cost: \$35

This course introduces students to the knowledge, skills and attitude necessary for owning and using a pistol safely. The pistol handling and shooting portion is completed at the NWSA range where students will learn about safe gun handling, pistol shooting fundamentals, and pistol shooting activities. The Basics of Pistol Course will also help prepare the student for participation in other NRA courses. This class includes shooting on the NWSA Pistol Range. Students can register online at rainstructors.org. For questions or to register call NRA instructor John Hellmann at 360-675-8397 or email NWSA.Training@gmail.com. Additional information can be found at www.northwhidbeysportsmen.org.

DUI/Underage Drinking Prevention Panel

Saturday, October 19, 1:00-3:00PM
Oak Harbor Library meeting room

No pre-registration required. Seating at 12:45PM. No late admittance allowed. Open to all and required by local driving schools for Driver's Education students and parents. More information, call 360-672-8219 or visit www.idpic.org.

Impacts of I-976

Monday, October 21, 11:00AM
Oak Harbor Senior Center
Monday, October 21, 12:00PM
Coupeville Library

Before voting Nov. 5, learn how I-976 may affect you and your community. Bring your questions and concerns to Island Transit Executive Director, Todd Morrow. All are welcome. If you cannot make it to the presentations and want more information, please visit www.islandtransit.org.

The Ins and Outs of Soil Carbon

Monday, October 21, 5:30PM
Coupeville Library
The Earth's soil can store 2,500 gigatons of carbon, three times the atmospheric carbon pool and 4.5 times the amount held in all plant biomass. However, land use change and soil degradation has contributed to significant loss of soil organic carbon.

Join WSU soil scientist Deirdre Griffin LaHue, from WSU NWREC in Mount Vernon, to explore the cycling of carbon into and out of soils, and the ways that biology, chemistry and human interventions influence that process. Contact Loren Imes at loren.imes@wsu.edu or 360-639-6059 for more information.

Current Economic Outlook and How to Help Secure Your Financial Future

Tuesday, October 22, 10:00-11:30AM or 6:00-7:30PM
Create Space, 723 Camano Ave, Langley
Join financial planner Tyrel Lacey and Western Washington University Economist Steve McCafferty for a free educational event focused on the current economic outlook and how to plan for the future. Hear from the experts about where the economy might be headed as well as how to help protect both your financial plan and your investments. You'll leave with a few important takeaways that will help you to navigate the current economic conditions. Space is limited. Contact Mainspring Wealth Advisors, heather@main-springwa.com or call 360-341-1415, to reserve your seat. Please RSVP by Oct. 18.





Island Angler

By Tracy Loescher

SEA-RUN CUTTHROAT TROUT

The game fish that gets most of the attention when we think of the Puget Sound waters is, of course, the Salmonids that return to the area each year. However, there is a game fish that can be found each year near the gravel shores of Whidbey Island and other gentle sloping gravelly bottoms, known as the Sea-run Cutthroat Trout.

The cutthroat gets its name from the thin, red markings just under and near the rear of their gill-plates or jaw area; this mark closely resembles a small slice or knife cut of the skin. (The fish is sometimes referred to as "clarkii" to honor William Clark, co-leader of the Lewis and Clark Expedition). Sea-runs do not travel with their cousins - the salmon and steelhead - to feed in Alaskan waters; instead they stay in the coastal waters, eating whatever they encounter, including salmon fry. Sea-runs truly live by the law of the jungle - for them it's eat or be eaten.

In 1997, the Washington Department of Fish and Wildlife was pressured by a few influential fly anglers, mandating the release of all coastal cutthroats. I support catch and release, but I would also like the option to catch and eat. Sea-runs are a favorite target for fly fishermen due to their natural tendency to prowl in shallow water. Sea-runs do most of their feeding within 30 or 40 feet of the water's edge in saltwater, making them accessible from shore and eliminating the need for a boat - knee deep is good. Most fly fishers cast small sculpin, herring, squid, surf smelt, and candlefish imitations. However, exact imitations are not a requirement. Sea-runs are an apex predator in our near-shore waters. If it looks tasty and moves, they will strike at it. I hung my fly rod up after leaving Adak, Alaska, and turned my attention back to a 9-foot spinning rod.

There is something about saltwater that makes fish even fiercer than their freshwater counterparts. Rainbow trout turn into line-snapping steelhead, and sea-run cutties are larger, super-charged, and more aggressive than freshwater cutthroat. While casting pink BuzzBombs for pink salmon in Crescent Harbor I have hooked a handful of hard fighting sea-run cutthroat. They will hit spinners, small-spoons, and jigs as well. Whidbey Island is well suited for sea-run cutthroat fishing, with its many overcast days. Overcast mornings with just enough wind to break up the smooth surface of the water combined with an ebbing tide is what you want; if there are fish in the area, you're going to get bit. While in the Sound, cutthroat trout travel in schools of about five to 15 fish. We can fish for sea-runs year round, just remember it's catch and release only. The state minimum size is eight inches, unless otherwise stated in the regulations. For example, on sections of the Skagit River, the fish must be at least 14 inches to keep.

The spawning period for sea-run cutthroat trout can run from December through May. February is generally the peak spawning period for sea-run cutthroat in most streams. They migrate to the headwaters of these streams to spawn in reaches often less than two feet wide. I recall my cousin, Mick, and I fishing very small streams in Oregon as young anglers. We looked down at the stream and we thought "there can't be any fish in here, the stream is so small," but to our wonderful surprise the stream was full of small cutties; they were masters of camouflage. Cutthroat

spawning tributaries are smaller and higher in the stream system than those used by coho salmon and steelhead. Sea-run cutthroat spawn in shallow riffles, often not more than a few inches in depth, which have a gentle gradient and clean, pea-sized gravel, usually close to deeper pools or other cover for a quick escape to safety. Cutthroat redds are four to six inches deep and slightly shorter than the length of the fish. Two to three redds are used by each female in the same general area. Spawning activity for sea-run cutthroat takes place both day and night and can continue for two to three days. Each female sea-run cutthroat trout produces on average 1,000 to 1,200 eggs. Their eggs are relative to the size of the fish and tend to be much smaller than the eggs of salmon and steelhead. Weight loss occurs during spawning. One study of a sea-run cutthroat trout population documented approximately 30- to 40 percent weight loss during the spawning period.

Sea-run cutthroat trout withstand the rigors of spawning well. Up to 40 percent of spawned-out adults (kelts) survive to return to salt water. If the fishery was not affected by flood or over harvest, 39 percent of the cutthroat returned to spawn a second time; 17 percent spawned a third time and 12 percent returned a fourth time. After spawning, sea-run cutthroat trout kelts migrate downstream. They return to salt water within six weeks of spawning, slightly before their offspring (fry) emerge from the spawning gravel. Most juvenile cutthroat trout that migrate to the ocean for the first time (smolts) do so after their third winter in the river. However, this varies considerably. Age one is the earliest and age six is the latest recorded age at which sea-run cutthroat trout have been documented migrating to salt water for the first time. Unlike salmon and steelhead which spend two or more winters in salt water, sea-run cutthroat trout return to fresh water only four to six months after they have migrated to the ocean. My son and I fish the rivers for Coho during the months of October and November; we have encountered areas of the river, usually pocket water 2- to 3-feet deep with sunken wood or other underwater cover, where the cutthroat were snappy biters, they aggressively hit a #3 pink or chartreuse with silver blade Bluefox Spinner reeled through their turf, or pink and brown ¼-oz. feather jigs pitched into the cover and hopped up and down to mimic a crawfish or shrimp. August through October are the best months to fish for sea-runs in the salt but they can be caught year around. Don't give sandy beaches too much attention unless there is eelgrass growing from it; instead concentrate on beaches that have a gentle slope with marble, softball, and some basketball sized rocks or covered with shell; these are the cutthroats' favorite hangouts. Scouting beaches during low tide can give you a good look at the bottom contour and bottom type.

Remember; always be sure to check the ever changing state fishing regulations before you head out for a day of fishing. It will help you be aware of any special requirements from landing and handling fish, to catch limits. We might not be ready for the colder weather, but the fish love it! Bundle up, be safe, and GOOD LUCK out there!

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Ample time will be dedicated to a question and answer period with community members.



Thank you for reading! Please recycle the Whidbey Weekly when you are finished with it.



Saving the southern resident orcas

By Kacie Jo Voeller Whidbey Weekly

Communities across the Puget Sound area will come together Saturday for the second Orca Recovery Day, which will encompass approximately 70 events aimed at helping to restore and aid local orca populations.

Whidbey Island will hold multiple work parties and events, including a community planting at Sunlight Shores, which will meet at the clubhouse at 2705 Evening Glory Ct. in Clinton from 9 a.m. to noon. A rain garden renovation will take place at Greenbank Farm, located at 765 Wonn Rd, Greenbank, from 1-3 p.m. and a planting party will be held at Cornet Bay from 9 a.m. to noon at the Cornet Bay Marina.

Shannon Bly, program support specialist for Whidbey Island Conservation District, said Orca Recovery Day started last year in the wake of people wanting to help the orca population after hearing the news of the orca J35, nicknamed Tahlequah, carrying her dead calf for 17 days, generating press and concern for the population. Bly said the southern resident killer whales have been experiencing a population decline.

"We had the first one (Orca Recovery Day) and it was really well received and really popular and so we are just keeping it going," she said. "We want to do it every year and we do not just want to do it once a year, either. We would like to build it up to be something where people are thinking about it all the time and in their daily lives, even."

Bly said she is looking forward to being a part of projects that have been ongoing, including transforming shorelines from hard armor to more environmentally friendly soft armor shorelines.



Photo Courtesy of Whidbey Island Conservation District
Rain gardens help to filter stormwater before the water drains back into the ocean, which helps contribute to a healthier habitat for sea life, including orca whales. As part of Orca Recovery Day efforts this year, the Washington State University Master Gardeners will help volunteers restore Greenbank Farm's rain garden, while also teaching attendees how they can make their own.

"The Cornet Bay project started with hard armor removal; volunteer parties have been out there all summer removing noxious weeds and now we are going to plant," she said. "The Sunlight Shores project is a community that came together and decided to remove their hard armor and put a soft armor shoreline in. This is their second planting and they are graciously allowing the public to come and participate in that. And then the Greenbank Rain Garden is a demonstration garden with the Master Gardeners to show you would install it, what you would need, how much time it takes, all of that stuff so other people can do that."

Bly said the southern resident orcas of the Puget Sound currently face issues of food scarcity and pollution and noise in their environment. She said the projects for Orca Recovery Day on Whidbey Island aim to help filter and clean the stormwater flowing into the ocean. Bly said the objective is to provide a better environment for orcas and their prey, which includes salmon, which must grow to a certain size to be an ideal food source for orcas.

"By restoring our shoreline and putting in things like rain gardens to filter stormwater, we are seeing a better habitat for orcas and for salmon so they can get bigger," she said.

Bly said the hope is for people to get involved not only on Orca Recovery Day, but to raise awareness throughout the year and encourage people to start taking steps to help the environment.

"We are highlighting things that people are actually doing and bringing a spotlight to those things that anyone could be helping out with or doing this stuff year round," she said. "I like that the island is already doing its part. If we could get more people involved in that and seeing that their neighbors are doing this already, I think that would be really awesome."

Bly said the event is hands-on, and dressing warmly and bringing items such as work gloves and basic gardening tools is advised.

"It is not just a donation or anything like that, you actually get to go out and get your hands dirty and get your boots wet and I think that is fun," she said.

Another partner event on Oct. 19 will aim to help Langley seventh grade students in the Change-Maker program learn more about orcas and environmental impacts, according to Amanda Colbert, education assistant for the Orca Recovery Network.

"Educating younger generations to understand their connection to place and the importance of stewardship of the environment is critical in many aspects; giving them an opportunity to take action for the better inspires them to continue making informed choices moving forward," she



Photo Courtesy of Jill Hein Photography
Improving the habitat of southern resident orcas is at the heart of Orca Recovery Day. Activities and workshops to be held Saturday include ways to improve the quality of water finding its way back into Puget Sound.

said. "Humans have done a lot of things that have negatively impacted our environment, as well as the orcas'. In order for humans to implement what we've learned from our mistakes, and ensure future generations have salmon, orcas, and a healthy Salish Sea ecosystem in which we all thrive, it's imperative that this foundational learning happens when they're young."

Colbert said the students will participate in a beach and Whale Bell Park cleanup, and will then use their findings to create an orca-themed piece of art.

"The assemblage (of the art) will take place at the Langley Whale Center after the clean up, and we will be having a lesson with brief discussions regarding whole plastics and microplastics, and the differences/dangers of both types of pollution to orcas," she said.

Colbert said education and action of all ages is imperative, as the southern resident community has been endangered since 2005, and its population has been in decline, with 73 orcas being a part of the group, less than half of their estimated historical numbers.

"Orca Recovery Day is important because it helps to explain the story of the southern residents, what is hindering their recovery and their population growth, and provides actions that anyone can take to tread more lightly in, and around, the Salish Sea," she said. "Orca Recovery Day gives people a chance to roll their sleeves up and do some important work, whether it's planting trees along streams, uprooting invasive plants in critical areas, cleaning up beaches, learning how to plant rain gardens on their properties, or simply learning about the southern resident/salmon connection."

For more information about Whidbey Island's Orca Recovery Day, visit www.whidbeycd.org/orca.html. To learn more about Orca Recovery Day across Washington State, visit betterground.org.

Homecoming to remember: P-3C Orion returns from final active duty deployment

By Kacie Jo Voeller Whidbey Weekly

It is the end of an era. On October 10, at approximately noon, a P-3C Orion carrying members of Patrol Squadron Forty (VP-40) touched down at NAS Whidbey Island from its last active duty deployment. Families, comrades and friends alike waited to welcome sailors home as members of the VP-40 "Fighting Marlins" departed the aircraft after a six month rotational deployment.

The arrival of the aircraft signified a historic event for the U.S. Navy, with the squadron's return signaling the last active duty deployment for the P-3C Orion – the longest employed aircraft of the U.S. Navy.

Cmdr. Joe Parsons, executive officer for VP-40, said he felt privileged to be a part of the historic day.

"It feels very, very special," he said. "There have been so many people before us and so many storied operations before that this platform has been a part of and it is an honor to be a part of this squadron."

The squadron was split-deployed between Fifth, Sixth and Seventh Fleets during the last deployment, which presented certain challenges for aircraft service, Parsons said.

"Frankly, the 340 men and women of VP-40 have done absolutely amazing things, not just to keep this airplane flying and its missions on station, but to do it across the three sites with an aging logistics supply chain to support it," he said. "A lot of the parts are not even made any more for the plane."

Parsons said the P-3C Orion, which was introduced to the U.S. Navy in 1962, has multiple



Kacie Jo Voeller/Whidbey Weekly
John Boling, a Navy veteran, stands with a P-3C Orion after its return to NAS Whidbey Island Oct. 10. Boling flew P-3s throughout his career, and was a member of VP-40 when the squadron transitioned from the P-5 Marlin to the new P-3 aircraft.

assets that contributed to its longevity as a workhorse for naval missions.

"I think its durability and endurance are two of the main things," he said. "From a durability standpoint, it has four turbo-props and the redundancy built in allow us to operate even when we encounter fairly substantial malfunctions while we are out on station, continuing the mission with just three of the engines running, if need be. And then the endurance is another huge part of it. As one of the few non-carrier based naval aviation platforms, we routinely fly for 10-12 hours on missions without aerial refueling -- which is something the P-3 cannot do."

The squadron will begin its transition to the P-8A Poseidon in November, with the transition period lasting about six months. Parsons

said the new features and adaptability of the P-8A Poseidon will help to better meet the military's current needs.

"The P-8 brings a modernization that the P-3 reached a capacity with in terms of bringing new technologies on board," he said. "The sensors and the ability to upgrade rapidly those sensors and the capability to bring them on a P-8 are greatly improved, so as technology moves it will keep pace with the technological developments more readily than the P-3 was able to do."

Among the crowd at the homecoming event was Navy veteran John Boling, who served with VP-40 during its last aircraft transition from the P-5 Marlin to the P-3C Orion aircraft.

"I have special feelings for Patrol Squadron Forty (VP-40)," he said. "The squadron was my first duty station after earning my Navy pilot wings. I was a member of the squadron when they made the last deployment flying P-5 seaplanes and when they made their first deployment flying P-3 aircraft."

Boling, a Coupeville resident who retired from the service in 1985 as a lieutenant commander, said he had a long history with the P-3 aircraft.

"I flew P-3s off and on from 1968 to 1985," he said.

Boling was even sporting a leather jacket he had been issued by VP-40 in 1966, he said. The former pilot said he was glad to have the opportunity to witness the historic event.

"I could not miss it," he said.

Capt. Kevin Long said the P-3C Orion has left a lasting legacy on the U.S. Navy. The aircraft has played a role in airborne Anti-Submarine Warfare (ASW) and Maritime Intelligence, Surveillance, and Reconnaissance (ISR) efforts over its lifetime of service.

"VP-40 was the last community to transition to P-3s, and now we are the last community to transition to the P-8," he said.

Long said the P-3C Orion's career with the U.S. Navy is not entirely over, and the aircraft will still be used by reserve operations.

"It is important to highlight the reserves are still flying P-3," he said. "But the active duty component is complete today."



Film Shorts

Courtesy of Cascadia Weekly

By Carey Ross

Abominable: An animated adventure about a kid who wakes up to find a yeti on his roof, befriends it and tries to help it return to its home on Mt. Everest. I'm pretty sure if I found a yeti on my roof, that's not at all how things would go, so kudos to that kid. ★★★★★ (PG • 1 hr. 37 min.)

Ad Astra: A lavishly shot, very serious sci-fi movie that tackles issues writ small and universal that probably deserves better than to be described as "that Brad Pitt space movie," but I went ahead and said it anyway. ★★★★★ (PG-13 • 2 hrs. 4 min.)

Downton Abbey: I'm always skeptical when a beloved television show gets the feature-film treatment, but I think this is going to be a good one. Welcome back, Violet Crawley, Dowager Countess of Grantham. We've missed you. ★★★★★ (PG • 1 hr. 30 min.)

Gemini Man: We all knew this day would come—when Will Smith would fight Will Smith in a movie starring Will Smith as two Will Smiths. ★ (PG-13 • 1 hr. 57 min.)

Hustlers: Lest you think Jennifer Lopez is nothing more than hit songs and husbands, she's here to remind you she's got acting chops for miles in her mesmerizing portrayal of a stripper with big ideas and a cast of co-conspirators including Constance Wu, Keke Palmer, Cardi B, and probably not nearly enough Lizzo. Anything you can do, J. Lo can do better. ★★★★★ (R • 1 hr. 47 min.)

It Chapter Two: This movie is predicated on the premise that if murderous Pennywise the clown shows up and starts offing people, the now-adult kids from the Losers Club will return to Derry and vanquish him once again. If I were one of those now-adult kids, that would be the hardest nope I ever noped. ★★ (R • 2 hrs. 49 min.)

Jexi: Adam DeVine, my second-favorite Workaholic and favorite Gemstone, stars as a phone-addicted listicle writer whose life is turned upside down when his new phone's

virtual assistant, Jexi (very creepily voiced by Rose Byrne), becomes sentient. ★ (R • 1 hr. 24 min.)

Joker: If a gunman who reportedly identified with the Joker had not opened fire in a movie theater in Aurora, Colorado during a showing of "The Dark Knight Rises," killing 12 people and injuring 70 others, I might think this movie, which has been referred to as a blueprint for incels, was harmless entertainment. Holy hell, Hollywood, what are you thinking? ★ (R • 2 hrs. 2 min.)

Judy: Renee Zellweger transforming herself to play a late-in-life Judy Garland? Sometimes the dreams I dare to dream really do come true. ★★★★★ (PG-13 • 1 hr. 58 min.)

Maleficent: Mistress of Evil: I don't know if Angelina Jolie was born to play Maleficent, but I certainly can't imagine anyone else in the role of the iconic Disney villain. ★★★ (PG • 1 hr. 58 min.)

Zombieland: Double Tap: Because 2009's "Zombieland" was an unexpected hit, both critically and commercially, of course it gets a sequel. I have a feeling the cast—Woody Harrelson, Jesse Eisenberg, Emma Stone—stands a better chance with zombies than they do the dreaded sophomore slump. ★★★ (R • 1 hr. 39 min.)

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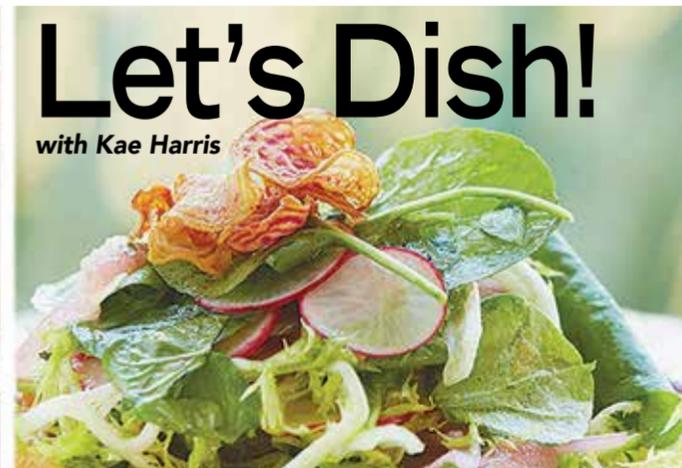
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Let's Dish!

with Kae Harris



BE DARING WITH DORO WAT – THE SEASON OF THE SUPER SPICY STEW

These chilly days are perfect for certain dishes, right? Don't we associate weather with a particular food item? Cold, dreary days often find us wanting a cup of hot tea or maybe some hot chocolate. We make the link between climate and the foods we'll consume and it probably has something to do with energy utilization and conservation from times long since passed. In any event, the weather lately calls for foods that warm and soothe the soul and I find autumn and winter are absolutely, without a doubt, synonymous with stew.

With this in mind, I began my search for the perfect stew. Not the ones I call the 'oldies but goodies,' but rather, something a little different from what we already know and love. After all, I spoke recently about multicultural potlucks and this last week, I happened across it. The stew that would tie in the weather with the concept of multiculturalism at get-togethers. It's called *Doro Wat* and comes from Ethiopia. I've heard this is one super, spicy stew. Not like the spicy our taste buds here are accustomed to, though. The kind of spicy that would sear off our taste buds and there are people, obviously, who love heat like this. Personally, I prefer to be able to taste the flavor of the food over setting my mouth on fire with spice, but to each their own. This stew has

some spice and the specific blend goes by the name *berbere*.

Apparently, the spice doesn't have a universal blend or a standardized mixture of ingredients, as when the silk trade route was a 'thing,' the spices acquired along it came from China and as the mixture that developed with the introduction of these foreign ingredients moved throughout Ethiopia, the blend's constituents changed slightly. The heat from the spice comes from powdered chili pepper, which also gives it its bright red hue, and the rest of the ingredients tend to be made up of coriander, cardamom, cinnamon, fenugreek, garlic, ginger and basil. You can find it online and because the dish calls for between a 1/4 and 3/4 cup of spice, it's better to buy it in bulk. On top of making up the backbone of *Doro Wat*, *berbere* also makes a fantastic rub or marinade for other meats – so your next barbecue when summer rolls around again could be kicked up a notch.

Doro Wat and its deep flavor is said to come from the lengthy cooking time, which can be sped up, but it wouldn't taste the same as the real thing. It likely won't taste the same as the real thing because the level of spicy heat that comes off this dish is apparently astronomical and restaurants serving Ethiopian fare have toned it down to suit the American palate. With that being said, the stew is served, tradition-

ally, with a type of flatbread called *injera*, which is used to scoop up the food, in lieu of utensils – less washing up afterwards too – and I like bread very much. All bread. *Injera* is made from a grain native to Ethiopia and the batter made from it is left to ferment before it's turned into this edible utensil. The flavor is something like sourdough bread and the texture is basically that of a spongy flatbread. Perfect for scooping up stew, I'd say.

The components of this stew are simple enough, barring perhaps the inclusion of niter kibbeh (which is herbed, clarified butter) but overall, what the stew is comprised of is readily available to us. With chicken, garlic, ginger, olive oil, onion, white wine, honey, chicken stock, hard boiled eggs and of course, *berbere*, you have everything you need to make *Doro Wat*.

With the weather cooling off you could make any stew you choose, but why not step out of the box and explore your options? Travel a little, around the world and have fabulous food adventures. This doesn't have to be done literally – all it takes is the desire to try something new, some research and a rumbling tummy hungry for travel and exploration.

There's nothing wrong with sticking to the stews you know and love, the tried and tested traditions in your home. They hit the spot every time, I'm sure. It's just we could have so much more fun when we experiment with new flavors, textures and ingredients. We might not know what the authentic version of a dish tastes like if we're making it for the first time ourselves, but I can almost guarantee (take note, I said 'almost'), you're bound to find it made authentically, somewhere here in America. After all, we are an absolute melting pot of people.

Writing about *Doro Wat* and *injera* made me think back to my childhood and the kinds of stews my family made and enjoyed on chilly days and for the most part, they're what you find in the states, generally. This just piqued my interest and I wondered what all of you, my dear readers, consider to be your favorite stew. Is there a special recipe for it handed down throughout your family line? Does it come with a story? I'd love to know, so please, if you feel like sharing, tell me about it!

I figured, since we talked about a multicultural

potluck recently, this recipe could go hand-in-hand with that and if you did decide to make a whole 'thing' with a potluck, serving dishes from around the world, then this, *Doro Wat*, should definitely be included in it! I will include a much easier version of the recipe I found and while not authentic, I think it gives you an idea of what *Doro Wat* CAN taste like. If you try it, let me know how you like! Please send any and all comments, questions, stories and certainly recipes you might like to share to letsdish.whidbeyweekly@gmail.com and we can do just that and Dish!

Easier Doro Wat

- 1 onion, very finely chopped (chunky puree almost)
- 2 1/2 cups water, divided
- 1 cup butter, divided
- 1 can (6 oz.) tomato paste
- 1 teaspoon garlic, chopped
- 1/2 teaspoon ginger, ground
- 1/4 cup *berbere* seasoning
- 1/2 teaspoon ground cardamom
- 1/4 cup white wine
- 1/4 cup honey
- 4 chicken breasts, boneless, skinless, cubed
- Several hard-boiled eggs (3 or 4)

Heat half a cup of butter in large skillet over medium/high heat. Cook and stir onion for about 6 minutes. Add 1/2 cup of water to this with the tomato paste and stir for a couple of minutes until thoroughly mixed. Stir in remaining butter, *berbere*, ginger and garlic. Reduce heat to low and simmer for about 15-20 minutes, until sauce thickens to become more like a paste in consistency. Stir in remaining water, add chicken and simmer for approximately 45 minutes. Stir in wine, cardamom, salt and pepper to taste and cook for another 15 minutes, until the sauce reduces and thickens a little more. Serve with *injera* (if you like) or rice, and enjoy!

www.allrecipes.com/recipe/246340/doro-wat-ethiopian-chicken-dish/
www.daringgourmet.com/doro-wat-spicy-ethiopian-chicken-stew/

To read past columns of *Let's Dish* in the *Whidbey Weekly*, see our Digital Library at www.whidbey-weekly.com.

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uncertainty, and the consequent mystery, is part of the allure. At that point, gaining possession of the thing could become an obsession. The 20th shows where you stand in this chain of possibilities.

LIBRA (Sept. 23-Oct. 22)



Underlying all this week is your desire to live life at a level more highly refined than you presently enjoy. This hunger for more and better is good, but it's not enough in itself to instill

purpose into your life. A specific goal is needed. The prospect of being better off tomorrow is good for putting spring in your step, but don't let it rob you of the joys of being in the now. You can be in both places on the 20th.

SCORPIO (Oct. 23-Nov. 21)



Where do you look for stability and security in your daily existence? Secure passwords and locks on doors are only the beginning. Is your moral fiber equally well reinforced? Do your

values collapse under stress? Answers are available this week, the result of subtle tests of character. A choice that reduces down to right versus wrong is one possibility. A passing grade in an area you've previously failed is probable on the 20th.

SAGITTARIUS (Nov. 22-Dec. 21)



Your safe anchor this week is a treasured belief, one shaped by adversity and hardened by long experience. From this place of proven safety, you are now gauging the risk of exploring an area much less secure. At stake is the original belief. Are you willing to alter it, or even give it up completely, for the sake of the thing you wish to acquire? Ask yourself that question on the 20th, and be ready to accept the answer.

CAPRICORN (Dec. 22-Jan. 19)



In all your activities this week, you'll profit from careful attention to the fine details. Good to consider might be the willingness to sacrifice speed in favor of a thorough look at the

facts of the matter. Measure twice, cut once, as the old saying goes. In the same vein, resist the urge to instant gratification. Slow, deliberate progress that builds momentum gradually may be best. The push for speed on the 20th may work against you.

AQUARIUS (Jan. 20-Feb 18)



That optimistic leap of faith you made recently may yet prosper, but it's too early to relax. You're too close to the situation to see it realistically. Your best remedy may be to enlist the viewpoint

of someone with both sufficient detachment and the requisite understanding to be of help. In such a volatile situation, lots can happen in a short period of time. Don't panic over a minor twist on the 20th.

PISCES (Feb. 19-March 20)



You may get heat this week from someone exasperated by your cavalier way of managing your responsibilities. If what's business as usual for you leaves your more analytical friend

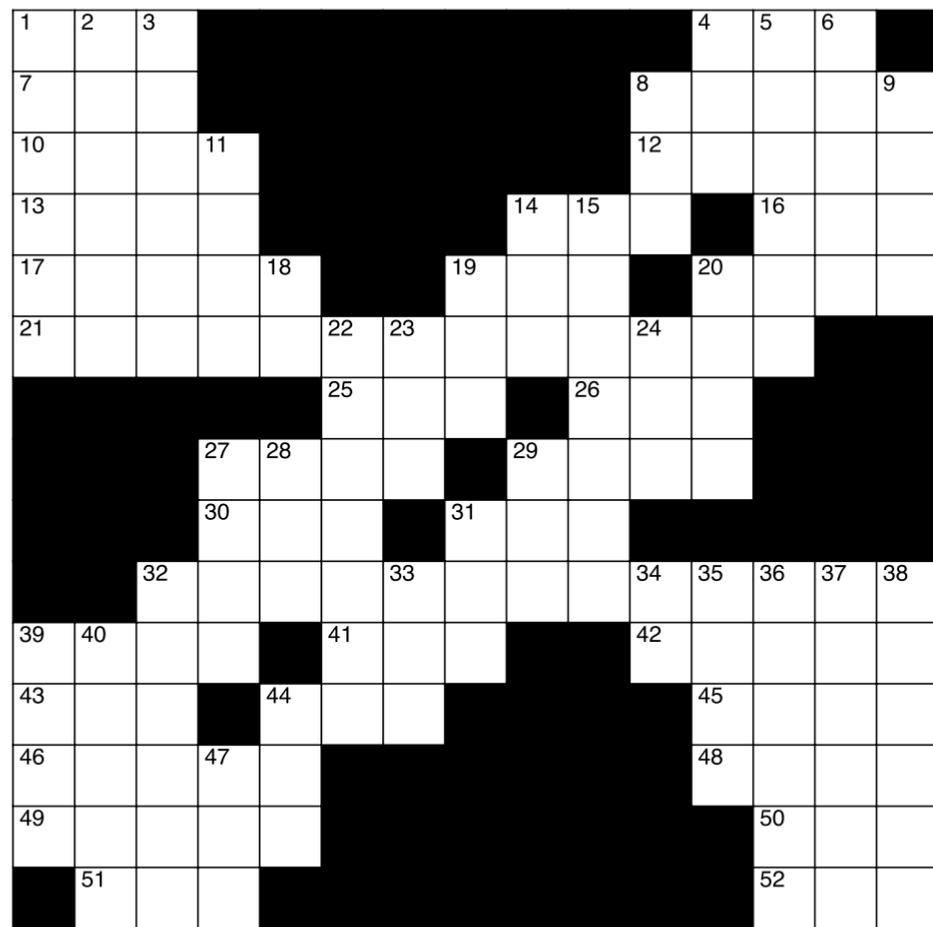
wide-eyed and gasping, consider not sharing the details. Plain and simple is the best approach in most endeavors, especially those that involve long-term planning. Flitting from desire to desire quite likely leads to difficulties on the 20th.

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Chicken Little looks at what is and fears the sky is falling. Wesley Hallock as a professional astrologer looks at what is and sees what could be. Read Wesley's monthly forecast, with links to Facebook and Twitter, at www.chickenlittleandtheastrologer.com. To read past columns of Chicken Little and the Astrologer in the Whidbey Weekly, see our Digital Library at www.whidbeyweekly.com.

Crossword Puzzle



CLUES ACROSS

- 1. Computer key
4. Periodical (abbr.)
7. Hot beverage
8. Capital of Ghana
10. Shrek is one
12. Behemoth
13. Good friend
14. Form of "to be"
16. Where travelers rest
17. European country
19. Everyone has one
20. Pop
21. Feelings of anxiety
25. Small amount
26. Moved quickly
27. Common name for a type of frog
29. Free from psychological disorder
30. 8th month (abbr.)
31. Basics
32. Transcending national boundaries
39. Natives of Kashmir

- 41. Returned material authorization (abbr.)
42. Cigar wrapper
43. Brew
44. Popular video game series
45. Abba __, Israeli politician
46. Jewelled head-dress
48. French cleric
49. Bizarre
50. Unit of measurement
51. Foul-mouthed Hollywood bear
52. "Partridge Family" actress

CLUES DOWN

- 1. Type of bomb
2. Smooth
3. Clothing pattern
4. Defunct phone company
5. Something to take
6. Type of piano
8. Consumed
9. "Pitch Perfect" actress Kendrick
11. Ray-finned fish
14. Heat storage stove

- 15. Shrink back
18. Yukon Territory
19. Connects words
20. Sound unit
22. Furniture with open shelves
23. Cool!
24. 007's creator
27. Source of the Nile River
28. Not safe, but ...
29. Helps little firms
31. Comedienne Gasteyer
32. Conceptualize
33. Root mean square (abbr.)
34. Integrated circuit
35. Evergreen trees and shrubs genus
36. Apprehended
37. Suitable for growing crops
38. Isolated
39. Footwear company
40. Electronic intelligence gathering
44. Political action committee
47. Free of

Answers on page 15

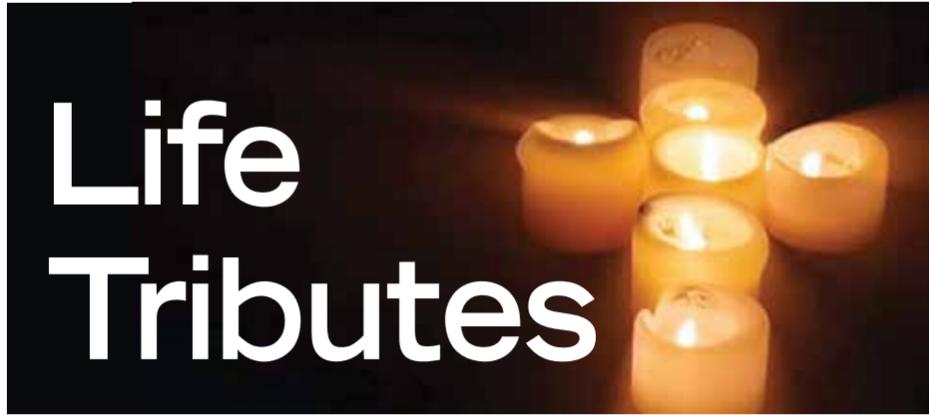
YOUR GUESS IS AS GOOD AS OURS WEATHER FORECAST

Table with 7 columns (Thurs, March 13 to Wed, March 19) and 2 rows (North Isle, South Isle) showing weather forecasts with high/low temperatures and conditions like Rain, Rain and Drizzle, or Mostly Sunny.



Thank you for reading! Please recycle the Whidbey Weekly when you are finished with it.





JULIE LYNN PUNCH LANGROCK



Julie unexpectedly passed away in her husband's arms Oct. 10, 2019. She had just enjoyed a sunny afternoon working at The Casual House, and was planning to have dinner with her daughter, Lauren. She and her husband, Doug, were looking forward to a cruise later in October, but it appears Our Lord had other plans for His angel.

Julie was a joy to her parents when she arrived in Melbourne, Fla., May 24, 1971. She enjoyed swim team and her dolls as a young child, and then moved to Whidbey Island when she was 10.

She graduated from Coupeville High School in 1989, and earned her teaching certificate from Central Washington University in 1993. That year she married Charlie Cook; they were blessed with Lauren when she arrived two years later.

Julie later married Douglas Langrock Jan. 30, 1999. Added to their family were Bryn and Ella over the next three years. Julie was a wonderful mother, first and foremost. She was so very proud of all her daughters' accomplishments, but even more, that they have all grown into compassionate and intelligent young women.

Julie enjoyed cruising with her husband, shopping with Lauren, watching Bryn play basketball and Ella sing in musical theatre. She loved Christmas and birthdays and parties and meeting people. She made everyone around her so happy to be in her company and made the world brighter every day she was here. Besides her immediate family, Julie is survived by her mother and father, Janice and Tom Punch; by her brothers, Greg and Mike Punch; and by her great aunt, Norma Marter.

A Celebration of Life service will be held at the Oak Harbor High School Auditorium Sunday at 3 p.m. In lieu of flowers, please consider a donation to Citizens Against Domestic Abuse, Big Brothers Big Sisters, or the WhidbeyHealth Foundation, on Julie's behalf.

To leave condolences on Julie's online guestbook please visit www.wallinfuneralhome.com

GABRIEL ANNE LEHMAN



Gaye Anne Kazala was born Sept. 27, 1954 to Margret Grimm and Gilbert Kazala in Mount Vernon, Wash. Gabby fell asleep in death Sept. 30, 2019 at Harborview Medical Center.

She graduated from Mountlake Terrace High School in 1972.

She is preceded in death by her mother, Margret "Sis" Brewer, her brother, Robert "Mac" Brewer and her son, Micah W. Bowdean Lehman.

She is survived by her father, Robert E.R. Brewer, her brother, Guy D. Kazala, her nephew, Cody Kazala, her sister, Barb J. Pearson, and her nieces, Melissa I. Potts and Caitlyn J. Pearson.

She became an "Island Girl" when she met, fell in love with and married Terry, the guy with the cabin in the woods at Honeymoon Lake, in 1981.

She is survived by her husband, Terry E. Lehman, her son, Eric M. Lehman, her daughter-in-law, Heather R. Lehman; grandchildren Lalaina "Lanie" Serres, Emera Lu Lehman and Hugo Terrance Lehman.

Gabriel's greatest enjoyment, every day, was "To Make Your Heart Smile."

Her memorial service will be held Saturday at 1 p.m. at the Kingdom Hall of Jehovah's Witnesses at 2061 Millman Rd. in Langley. A memorial gathering will follow, at Holmes Harbor Rod and Gun Club at 3334 Brooks Hill Rd. from 2 to 6 p.m.

Arrangements have been made with the assistance of Whidbey Memorial Funeral Home.

HELEN LOUISE EARL



Helen was born June 3, 1921, to George and Rosabell Heater in Meridian, Idaho. She passed away in death Oct. 8, 2019, at Careage of Whidbey in Coupeville, Wash.

She was preceded in death by her first husband, Hugh C. Kearns, of Eagle, Idaho and later by Ronald W. Earl of Clinton, Wash. She was also preceded in death by her son, Gordon R. Kearns, his wife, Judy, and grandson, Larry C. Brauer, and granddaughters Anita Haley, and Terry L. Kearns.

She is survived by her daughters, Barbara L. Brauer (Richard), Tina D. Daniels (John); her sons, Darrell W. Kearns (Donna), Criss W. Earl (Gail); and grandchildren, Randy Kearns, Kurt W. Brauer (Lorene), Lori Osborn (Marty), Brock A. Daniels (Jim), Gina M. Daniels, Dane M. Daniels, Arron L. Earl (Jessica), Tawnya M. Wavada (Allan); and numerous great grandchildren and great-great grandchildren.

A graveside service will be held at Langley Cemetery Sunday at 11 a.m.

Family and friends are encouraged to share memories and condolences at www.whidbeymemorial.com.

Life Tributes can now be found online at www.whidbeyweekly.com

THURSDAY, SEPT. 12

7:39 am, Al Anderson Ave.

Advising male subject sleeping in sleeping bag on road; reporting party tried to get him to move, but subject wouldn't. Subject is conscious and breathing, is in green sleeping bag on shoulder of road.

9:01 am, 1st St.

Caller advising irate customer is screaming and yelling; threw bike at customer; subject is in store and screaming at people.

9:06 am, SW 6th Ave.

Reporting party advising employee has been terminated; she is refusing to leave.

1:26 pm, Lakeside Dr.

Requesting call referencing seeing his vehicle mentioned in *Whidbey Weekly*.

4:11 pm, Scott Rd.

Reporting party advising driver for Island Transit reporting subject sleeping on side of road in area.

8:03 pm, SE 8th Ave.

Reporting party stating "Do you know my friend who has a knife on him?"

FRIDAY, SEPT. 13

5:22 pm, SE Barrington Dr.

Caller advising is supposed to meet job coach at location and coach is not there.

SATURDAY, SEPT. 14

1:18 am, NE Moore Pl.

Caller states people firing fireworks hit power line; power is out. Set off a mortar.

12:06 pm, NE Izett St.

Reporting party advising saw helicopter in area and wants to know what's going on.

12:08 pm, Heller Rd.

Reporting party advising drunk guy is belligerent and chasing vehicles.

12:18 pm, SR 20

Advising red Forrester with emergency lights on with sign on it that says "Help" written in red.

6:21 pm, SW Erie St.

Reporting party advising male was carrying an "end of school zone" sign.

10:29 pm, NW Longview Dr.

Caller advising subjects are running through neighborhood going door to door doing ding dong ditches.

SUNDAY, SEPT. 15

4:51 pm, Ocean View Dr.

Caller states could hear male neighbor yelling about television, then right after, reporting party's TV stopped working. States she called her TV company and company confirmed the dish was moved.

MONDAY, SEPT. 16

12:57 am, SR 525

Reporting party advising subject tried to break into vehicle, still standing out front after being contacted.

8:08 am, SR 525

Reporting party found printer, wine glass and candle on picnic table outside of business. Advising candle was lit when she found it; she blew it out. Second reporting party calling from pet store advising there is a transient male.

8:36 am, Torrence Ln.

Caller advising he has information about drugs. Advising he is high right now, he just got here and doesn't know area.

Caller not giving call-taker any further information, is requesting phone call.

TUESDAY, SEPT. 17

12:28 am, SR 20

Caller states she thinks she shot her boyfriend; female states "Yeah I think I shot him on the bridge," then disconnected.

7:34 am, Vanbaar Pl.

Reporting party states male subject sleeping in sleeping bag alongside "pot store" next to location. States male is laying in public space. Reporting party spoke with male, who was talking.

12:48 pm, SR 20

Reporting party advising male subject is irritated about making an appointment.

7:52 pm, Richardson Ct.

Reporting party advising is looking at five or six people sitting in front of reporting party's motor home, additionally, two were on roof earlier. Have been taking pictures of reporting party's neighbor.

WEDNESDAY, SEPT. 18

1:37 pm, SE Pioneer Way

Reporting party advising female laying in middle of the road listening to music.

THURSDAY, SEPT. 19

1:18 am, SW Erie St.

Advising female walked out in new pair of shoes and left old ones; also left cell phone so reporting party believes she might be back.

10:46 am, Balda Rd.

Caller advising male subject is standing on roadway masturbating.

1:37 pm, Wildcat Way

Caller advising a student just escaped from a window and took off.

4:57 pm, NE Albion St.

Reporting party advising is receiving messages from subject threatening reporting party's life; telling reporting party "If I ever see you or hear you have my woman I'll put you six feet under."

9:46 pm, SR 20

Advising female at location is outside barking at people and has been loitering for an hour.

FRIDAY, SEPT. 20

7:37 am, SE Glencoe St.

Requesting call, would like animal control to come pick up her pet birds and take them away because they continue to escape their cage and fly around house.

10:12 am, Marine Dr.

Caller advising mouse is getting into his garbage.

1:33 pm, NE Midway Blvd.

Reporting party advising white female near bus stop acting odd, hitting things, screaming and cussing at cars going by.

4:16 pm, Crosby Rd.

Advising bald, mid-30s white male lying on ground parallel to road 10 minutes ago, carrying blue and white plaid shirt.

7:07 pm, Arnold Rd.

Reporting party states male subject is driving around in vehicle talking to children and harassing people; made obscene comments to reporting party.

Report provided by OHPD & Island County Sheriff's Dept.



Thank you for reading! Please recycle the Whidbey Weekly when you are finished with it.



Community Bulletin Board

ANNOUNCEMENTS · JOB MARKET · FOR SALE · PERSONALS

To place an ad, e-mail classifieds@whidbeyweekly.com

ANNOUNCEMENTS

Pregnant? Need baby clothes? We have them and the price is right—FREE. Pregnancy Care Clinic, open most Wednesdays and Thursdays, 10am to 4pm. Call 360-221-2909 or stop by 6th and Cascade in Langley. Be the difference in a child's life and become a foster parent today! Service Alternatives is looking for caring, loving, and supportive families to support foster children. 425-923-0451 or mostermick@servalt-cfs.com

The Whidbey Island community is encouraged to try out the paddling sport of dragon boating with the Stayin' Alive team. Our team's mission is to promote the physical, social, and emotional benefits of dragon boating. It has been shown to be especially beneficial to cancer survivors. Practice with us for up to 3 times for free. Life-jackets and paddles provided. Saturdays at the Oak Harbor Marina, 8:45am. Contact njlish@gmail.com. More info at our Facebook Page: www.facebook.com/NorthPugetSound-DragonBoatClub?ref=hl

Medical Marijuana patients unite; If you need assistance, advice, etc. please contact at 420patientnetworking@gmail.com. Local Whidbey Island help.

If you or someone you know has been a victim of homicide, burglary, robbery, assault, identity theft, fraud, human trafficking, home invasion and other crimes not listed. Victim Support Services has advocates ready to help. Please call the 24-hr Crisis Line 888-388-9221. Free service. Visit our web site at <http://victimsupportservices.org>

VOLUNTEER OPPORTUNITIES

College student? Student of history? History buff? Opportunities are available to spend constructive volunteer hours at the PBY-Naval Air Museum. Go to www.pbymf.org and click on "Volunteer" or just stop by and introduce yourself. Imagine Oak Harbor's first Food Forest, Saturdays 11am-3pm, at 526 Bayshore Drive. Each week, we have volunteer opportunities available to help care for our community garden, share organic gardening tips, and learn Permaculture principles. All ages and skill levels welcome. Schedule can change due to adverse weather conditions. If you have any questions, please contact us at: imaginepermacultureworld@gmail.com

Mother Mentors needs volunteers! Oak Harbor families with young children need your

help! Volunteer just a couple of hours a week to make a difference in someone's life! To volunteer or get more info, email wamothermentors@gmail.com or call 360-321-1484.

Looking for board members to join the dynamic board of Island Senior Resources and serve the needs of Island County Seniors. Of particular interest are representatives from North Whidbey. For more information please contact: reception@islandseniorservices.org

JOB MARKET

Fall yard clean-up! Help needed to rake and bag pinecones, trim some bushes and tidy the gravel walk-ways. Pay is \$15/hour. Freeland, call 360-730-1522 (2)

Noe Jose Café in downtown Oak Harbor is now accepting applications for servers and line cook. Pick up an application or drop off your resume in person at 830 SE Pioneer Way, #106 (1)

Immediate Openings for Production Technicians: \$300 Sign-On Bonus, No Experience Necessary - We will train! Full Time Positions, Overtime Available, Different Shifts Available - Monday-Friday, some Saturdays may be necessary. Benefits: Paid Medical, Dental, AD&D Life Insurance Monthly Premiums, Paid Vacation, Sick Leave, Holidays, 401(k) Plan. For full job description and/or application, please visit our website at www.sugijo.com under the 'Careers' tab. Submit it to our office via fax, email, mail, or drop off (1)

CLOTHING/ACCESSORIES

Handsome hand-knit alpaca wool sweaters from Bolivia, one men's size M, one men's size L, \$35 each, or best offer. Men's work outfit: RAIL CHIEF size 42, Union Made, Sanforized, \$10. Photos available, call or text 360-320-0525.

ELECTRONICS

AOC HD 22-inch computer monitor, \$50. Call 360-678-2207 (1)

HOME FURNISHINGS

House plants: small \$5 each, larger floor plants \$20 each;

How'd you do?

5	2	4	9	7	1	6	8	3
8	9	1	3	6	2	4	7	5
6	3	7	4	5	8	9	1	2
2	8	6	1	3	4	5	9	7
9	4	5	6	2	7	1	3	8
1	7	3	8	9	5	2	6	4
4	6	2	7	1	3	8	5	9
3	1	8	5	4	9	7	2	6
7	5	9	2	8	6	3	4	1

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Ceiling mount light with beveled glass, classic, flush mount, 16 pieces of high quality beveled crystal glass, eight clear glass bulbs, \$35; Swopper is an ergonomic office chair that enables movement in all three dimensions to provide balanced support for your lower back, \$295; Beautiful blue stained-glass lampshade in pyramid shape, 13-1/4" along each lower edge, 10-3/8" along side edges (from top to bottom), \$25 or best offer; Two low, upholstered occasional chairs, in thin, muted shades of rust, peach, cream, and light cinnamon velveteen corduroy, \$30 each, or both for \$50. Photos available, call or text 360-320-0525.

MISCELLANEOUS

Sycamore 3500L Professional Generator in excellent working condition, \$50. Contact 360-579-3698 (1)

Insulated garage door: 12' x 8' Northwest Door, Inc. steel door with baked on polyester enamel coating (white), 6 windows on second panel. Door needs to be removed and setup in new location. New \$1400, will sell for \$800. 360-678-4889 or 425-422-0801 (1)

RECREATION

Ultralight sleeping pad: Therm-a-Rest NeoAir Xlite, weighs 1-lb., measures 77"

x 25" x 2.5". \$199.99 at REI, asking \$75. 360-678-2207 (1) Camping items: Old (but clean) Thermos 1-gallon jug, \$5; Versatile backpack, the two parts can be used separately, or (for more serious backpacking) together, \$15 obo. We have photos. Call or text 360-320-0525.

Water sports accessories including gloves, hats, and footwear, many are neoprene, \$5 each (or per pair); Cabela's heavy-duty duffel, 31" L x 16" W x 17" H, sturdy base covered in canvas, two wheels in back for easy transport, never been used, in pristine condition, \$40 or best offer; Penn Fathom Master 600 downrigger, includes stainless steel wire and 10-pound ball, in excellent condition, \$115 or best offer. Photos available, call or text 360-320-0525.

Golf clubs, excellent condition, each has its own head cover: BAT stand alone putter, RH, 35", \$50; L2 stand alone putter, RH, 33", \$50. Photos available, call or text 360-320-0525.

ANIMALS/SUPPLIES

Excellent grass hay, good for horses, \$7 per bale. 20 bale minimum. 360-321-1624 Round bales of grass feeder hay, barn stored. 360-321-1624

If you or someone you know needs help in feeding pet(s), WAIF Pet Food Banks may be

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Se Habla Español



Richard Voit



Richard Voit Agency
390 NE Midway Blvd
A102, Oak Harbor
rvoit@farmersagent.com

CAN DO SUDOKU!

On a scale from 1 to 10...5.4

Every row of 9 numbers must include all digits 1 through 9 in any order Every column of 9 numbers must include all digits 1 through 9 in any order Every 3 by 3 subsection of the 9 by 9 square must include all digits 1 through 9.

Answers below

	2					6		
	9		3	6				5
6		7			8			
	8		1	3		5		
9			6		7			8
		3		9	5		6	
			7			8		9
3				4	9		2	
		9					4	

able to help. Pet Food Banks are located at WAIF thrift stores in Oak Harbor (465 NE Midway Blvd) and Freeland (1660 Roberta Ave) and are generously stocked by donations from the community. If you need assistance, please stop by.

WANTED

Art, Antiques & Collectibles. Cash paid for quality items. Call or text 360-661-7298

Was your Dad or Gramps in Japan or Germany? I collect old 35 mm cameras and lenses. Oak Harbor, call 970-823-0002

CLASSIFIED INFORMATION

US Postal Mail

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Oak Harbor, WA 98277

E-Mail.....classifieds@whidbeyweekly.com
Telephone.....(360)682-2341
Fax.....(360)682-2344

PLEASE CALL WHEN YOUR ITEMS HAVE SOLD. Please try to limit your classified to 30 words or less, (amounts and phone numbers are counted as words) we will help edit if necessary. We charge \$10/week for Vehicles, Boats, Motorcycles, RVs, Real Estate Rental/Sales, Business Classifieds and any items selling \$1,000 and above. We do charge \$25 to include a photo. The FREE classified space is not for business use. No classified is accepted without phone number. We reserve the right to not publish classifieds that are in bad taste or of questionable content. All free classifieds will be published twice consecutively. If you would like your ad to be published more often, you must resubmit it. Deadline for all submissions is one week prior to issue date.

No Cheating!

A	L	T						M	A	G								
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\$36⁹⁵ Includes 4X4 & SUV

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 - Install Raybestos Disc Pads
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