

October 5 through October 11, 2017

FREE

# Whidbey Weekly

Your Source For "What's Happening" On Whidbey Island Locally Owned · Locally Operated  
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OCTOBER 2017

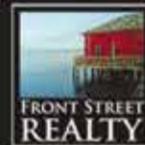
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# Whidbey Weekly

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**Island Angler**  
 THE LORE OF SPORTFISHING  
 By Tracy Loescher



**RIVER SALMON**

As the summer winds down so are the number of transiting saltwater salmon, as most of them have now reached their final destination river. Fishing for river salmon is just as exciting as chasing them in the Puget Sound or in the open Pacific Ocean. From one perspective it's easier because there is not a great body of water to search to find the fish.

Probably the biggest obstacle for fishermen is bank access. There may be many miles of river bank, but finding the open spot where the fish are laying can be challenging. Thick brush and trees, swampy areas, other fisherman who got up earlier than I did, and private property are the biggest obstacles. But if your heart is set on finding and landing dinner, then these obstacles are minor. Cleared public boat launch areas, riverside state parks, and some big land-owning corporations are some areas I have fished from shore and had good success. Seattle City Light in Skagit County allows sportsmen access to the river through their properties as long as it's on foot or bicycle, and good stewardship of its land is used. Motorized vehicles in most cases are not allowed. There is a special place in my heart for the guys who bird dog the banks and beat the brush because it reminds me of my cousins and I. We would spend all day chasing fish in overgrown creeks and streams (if it rained hard enough to pool up, we fished it).

Probably the easiest way to scout and fish the rivers is from a boat or other floating device. My son Zachary and I really enjoy fishing from a drift boat; these easy rowing, maneuverable boats can sneak quietly into areas that typically hold fish. Jet sleds, single or multi person pontoon fishing boats, kayaks, and canoes are all great for chasing fish.

Okay, we are on the river, what lure or bait do I fish with? If you thought there were a lot of terminal tackle and bait choices for saltwater, than you'd better buy a bigger tackle box for freshwater. Luckily, for most of our river fishing the same rod and reel combo will get us by. A 7-1/2 to 8-1/2 foot medium heavy spinning rod with a 3500 or 4000 size spinning reel, spooled with good quality 12-pound monofilament line, is what I use for 75 percent of my river fishing. With this setup I can tie on a twitching jig, spinners of all sizes, cast masters, wiggle

warts, and wobbling spoons. With a quick re-rig I can setup with a pink rubber worm, a "nightmare" colored jig, cured salmon eggs, sand shrimp, or a small 50/50 colored "dick Nite" spoon, all suspended under a bobber stop and float. Casting spoons and floating eggs are how I fish to start with. If these two offerings are not working, then I'll switch to jigs and wiggle warts. Each river will fish different depending on water height and clarity but I've never gone home empty-handed using one of these rigs.



A good style spoon for the river

Fishermen come from all types of fishing backgrounds; some prefer to fish with level wind reels or choose to use a fly rod; it all comes down to what a person is comfortable with and has confidence in. With larger,



A variety of Kwikfish for pulling plugs

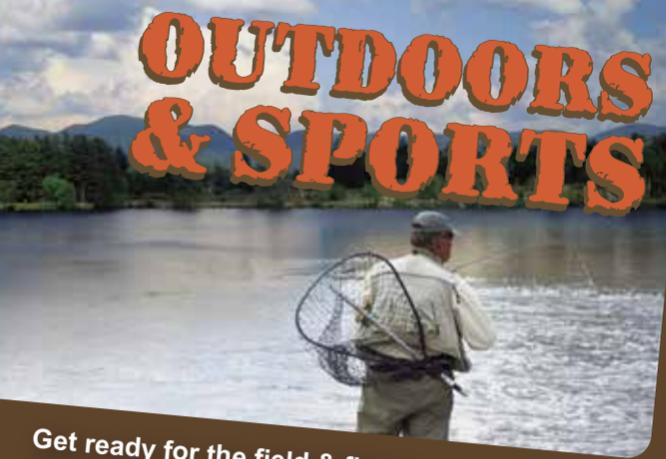
deeper rivers like the Skagit, Stillaguamish, and the Snohomish, a great and exciting way to fish is known as "pulling plugs." This technique uses a wiggling lure like a "Kwikfish," "Flatfish," or "Mag Lip" style lure. These lures are let out approximately 40 to 60 feet in front of the boat and then the boats down river movement is slowed by skillfully rowing against the current; this allows the lure to wiggle and shift while being worked down river and hopefully in the face of an aggressive fish. This is a great way to introduce a new river fisherman to a rod bending takedown from a boat as long as there is an experienced oarsman. A guided river trip is a great way to experience and learn about river fishing.

The WDFW has most of our surrounding rivers pretty restricted to help the low return of Coho and Pink salmon, but hopefully future runs will be back up to par and this wonderful fishing option can be experienced. Rivers, like all powerful water, need to be respected and planned for; log jams, jagged rocks, and confined spaces with other boats present their own challenges. The colder weather will be a factor when out fishing, so dress warm with light layers and always take along some rain gear. Closed rivers could still be opened by the state, so keep a close eye on the WDFW web site for changes. Here is my e-mail if I can answer questions [tlfishmonger@aol.com](mailto:tlfishmonger@aol.com). Keep your hooks sharp or changed for new ones and GOOD LUCK out there!



Fred Stilwell and Rod Russel with some area 7 Kings

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Whidbey Weekly

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**Fall Harvest Fest**

October 8th, 2017  
 10am to 3pm  
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# ON TRACK

with Jim Freeman



According to my Hopalong Cassidy watch, it's time for baseball. Does it matter if one has a dog in the hunt? Our last blast of the national pastime that helped shape our youth begins this week. May the

ball play on! Extra innings every day. Free peanuts, salted or non, to the first twenty thousand wearing gloves. Autographed baseball cards from the lockers of Ryne Duren, Sal Maglie, and Preacher Roe.

Watch out, hot dog breath, your blood pressure is rising. This is no time for senior division fantasy baseball.

### Marriage dictionary

Thanks to the Phreeland Fantom for the following author unknown excerpts from his internet collection of daffynitions:

**Bachelor**—A man who has been able to avoid the opportunity of making some woman miserable

**Bride**—A girl with great prospects of happiness behind her

**Compromise**—A nice little arrangement between husband and wife whereby they both fully agree to let her have her own way

**Housework**—What a wife does without anyone noticing it until she doesn't do it

**Husband**—A man who has decided to give up privileges he never knew he had

**Wife**—A partner who is always complaining that she doesn't have a thing to wear at the exact same time she complains about not having enough room in the closet

### Bayview bonus

As it says on their web site, "It's Richard Evans month at Bayview this October! Sure hope you can attend the opening reception for *3-Headed Monster* featuring art by Richard, Bruce Launer, and Jim Carroll, Friday, October 6, 5:30 – 7:30 pm. The show is up through November 12 at the Bayview Cash Store Hub.

And Saturday, October 14 at 7 pm, Richard and friends will take us back to one of the most defining moments in Whidbey Island Theater history: *Wings of a Termite*, staged at the Clyde Theater 21 years ago. *Another Set of Wings* will feature edited clips from the show" as well as live, unplugged, and non-lip synced performances by Bif Dangerfield, Michelle LaRue, Michael Licastro, David Licastro, and David Ossman. Rumor has it Mr. Evans will direct as a hologram.

Columns could be written about any and all of the aforementioned talents who will join Richard and other octogenarians and their security teams at the Bayview School Building Saturday, October 14. There is no need to trek to the big city to enjoy talented thespianism. Is that a word? Well, around here, on Talent Island, there is no fantasy. These folks are the real deal. By donation! To benefit Goosefoot and their wonderment. See ya there. From what I hear, people in attendance will know people who know each other. I love when that happens.

### Duck duck goose

Yesterday we enjoyed a day in the park with family. For me, it has been much too long. Taking a day to just enjoy one's bloodlines, no matter how they test, can be a joyous affirmation. Going full circle from the running child to the sitting grandpa makes my smile wider knowing now why all those grandparents, aunts, and uncles sat smiling while we ran

around, endlessly, non-stop, and without regard for our own personal safety.

Our sixteen month young granddaughter chased bunnies, offered carrots, fed peacocks, wondered at bicyclists, and generally ran for two hours, give or take a grape or a vanilla flavored yogurt raisin.

I have no memory of running around in parks as a toddler. Having recently returned to the land of my birth, I toured the Denver neighborhood where I played, went to Sunday school, and attended first and second grades.

I went to the park where my big brother played football, recalling the day he picked up a fumble, running the wrong way for the opponent's touchdown. Brother Lew thought all the yelling was for him. We have always been a giving family.

I remember breaking my collarbone. I remember breaking my legs. I remember my divorce, all the funerals, all my F's on grade cards, and all those times in or near the principal's office. I remember getting kicked out of college, being arrested, and being released. Not in the same day, of course.

I remember all of the bad things. I remember all of the emotional things. Hopefully, our sixteen month young granddaughter will only remember the good things, like chasing bunnies with a carrot in each hand, or sitting in a park on grass surrounded by tall ducks.

What do you remember from your toddler years? How long do we toddle?

I don't recall being an adolescent, but I do recognize the behavior as I am still very capable. No stranger to throwing tantrums, I just ran out. Left them all at Island Recycling in the tantrum bin, next to corrugated cardboard.

Smiling at a grandchild may be the best smile I have ever felt. When she smiles back, when she locks eyes, when she contemplates her next act of joy, oh my is it wonderful.

Am I preaching to the choir here? Hope so.

### The caring grandfather

A woman in a supermarket is following a grandfather and his badly behaved 3 year-old grandson. It's obvious to her the grandfather has his hands full with the child screaming for sweets in the sweet aisle, biscuits in the biscuit aisle, and for fruit, cereal and drinks in the other aisles.

Meanwhile, Granddad is working his way around, saying in a gentle controlled voice, "Easy, William, we won't be long . . . easy, boy."

Another outburst, and she hears the granddad calmly say again "Its okay, William, just a couple more minutes and we'll be out of here. Hang in there, boy."

At the checkout, the little terror is throwing items out of the cart, and Granddad says again in a controlled voice, "William, William, relax mate, don't get upset. We'll be home in five minutes; stay cool, fella."

Very impressed, the woman goes outside where the grandfather is loading his groceries and the boy into the car. She says to the elderly gentleman, "It's none of my business, but you were amazing in there. I don't know how you did it. That whole time, you kept your composure, and no matter how loud and disruptive he got, you just calmly kept saying things would be okay. William is very lucky to have you as his grandpa."

"Thanks," said the grandfather, "but I'm William! That little bastard's name is Kevin."

To read past columns of *On Track* in the *Whidbey Weekly*, see our Digital Library at [www.whidbeyweekly.com](http://www.whidbeyweekly.com).

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Volume 9, Issue 40 | © MMXVII Whidbey Weekly

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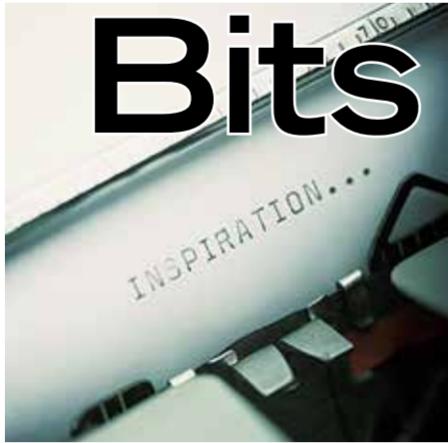
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# Bits & Pieces

with socializing, followed by a brief meeting at 7:15PM and the program begins at 7:30PM.

[Submitted by Susan Prescott, Whidbey Audubon Publicity Chair]

## Skagit Valley College to Host the Annual SVC Powwow

Skagit Valley College (SVC) will host the annual SVC Powwow from October 13-15 at SVC's Mount Vernon Campus. The three-day event will include drummers and dancers in full regalia and will draw performers from across the U.S. and Canada. Admission is free.

Skagit Valley College has a long history of collaboration with its Native American neighbors, including hosting powwows on campus in previous years. This is a family-friendly, free event, and all are welcome. Come and enjoy dancing, drums, a kids' corner organized by SVC's Early Childhood Education program, and food. The event will include vendors selling Native arts and crafts in the Dave DuVall Pavilion. Grand Entry will take place on Friday at 7:00PM; Saturday at 1:00PM and 7:00PM; and Sunday at 1:00PM.

All Veterans are welcome to take part in the Grand Entry each day. The Powwow will include time to honor veterans from all walks of life and recognize their service.

Saturday is the longest and busiest day. There will be dance specials and a giveaway happening throughout the day. The day will include grass dancers, fancy dancers, traditional dancers, and jingle dancers. There will be intertribal dances that are open to all. In addition, there will be a category called "tiny tots" for children birth to 6 years of age. Every participating child will receive a gift.

The SVC Powwow is about nurturing our diverse community, building relationships that honor the beauty in our differences, and celebrating all that brings us together for common purpose.

[Submitted by Arden Ainley, Chief Public Information Officer, SVC]

## NAS Whidbey Island Restoration Advisory Board Meeting

Interested community members are invited to attend the next NAS Whidbey Island Restoration Advisory Board (RAB) meeting Thursday, October 19 from 5:00PM to 7:00PM in the NAS Whidbey Island Chiefs' Club Ballroom, located at 1080 West Ault Field Road, Oak Harbor. Several topics will be discussed; including, the State Petroleum Cleanup Program, Military Munitions Response Program, and the CERCLA Program (including work at the Area 6 landfill and drinking water PFAS investigation).

The RAB is a key element of the NAS Whidbey Island environmental program. As an advisory board the RAB is designated to act as a forum for open discussion and exchange of information regarding environmental cleanup and restoration projects at NAS Whidbey Island between the Navy, representatives of government agencies, and local community members.

Community members interested in learning more about the NAS Whidbey Island restoration program or the RAB are encouraged to attend the October 19 meeting. For more information, call Mike Welding at (360) 257-2286, or email at michael.welding@navy.mil

[Submitted by Mike Welding, NAS Whidbey Island]

## WICO Presents "The Impressionists"

Whidbey Island Community Orchestra, Cynthia Morrow, Conductor, presents "The Impressionists," a celebration of four beloved French Impressionist composers, Debussy, Ravel, Bizet, and Saint-Saëns. The performance will be held Friday, October 20, 7:00PM at Trinity Lutheran Church in Freeland and features Danse Macabre: Talia Marcus, violin soloist. The Engulfed Cathedral: a haunting tale of love and revenge narrated by David Ossman. Reception to

follow. Admission is free, although donations are accepted and greatly appreciated. Concert event put on by the Whidbey Island Orchestras, a 501(c)(3) charitable organization. For more information, contact Christy Newman, WIO Board Member at cnewman@whidbey.com

[Submitted by Christy Newman]

## Local Business News

### Working-lunch Webinars Serve Up Help for Busy Business Types

Business owners and potential entrepreneurs are busy people who barely have time for lunch, let alone step away in the middle of the day.

To make taking a break more productive, Sno-Isle Libraries will offer a series of free webinars from noon to 1:00PM, every Monday in November. The "Plan for Profit" sessions will focus on resources and skills business owners and entrepreneurs can put to use. Presenters will include members of the Sno-Isle Libraries Business Services Team members.

"We know that business owners want training, but need flexibility," said Kassy Rodeheaver, Lead Librarian for Business Services. "By hosting these trainings online and as a lunchtime series, we hope to make it easier for business people to participate.

"People can join the webinars by computer or their phone and learn how the library can help their business, all while eating lunch."

The webinars will be interactive Rodeheaver said: "Attendees will be able to ask us questions, participate in polls and give us their feedback on what's most useful for them in their businesses."

For those who can't take a lunch break, the webinars will be recorded and available online for later viewing. Information about registering for the free webinars is available at sno-isle.org/profit. The webinars are scheduled for:

#### Plan for Profit: Write a Business Plan

Nov. 6 - Did you know that business owners who put their plan in writing have a higher success rate? Learn why it's important to write a business plan, the basic components of a plan, how to find sample business plans that match your business concept, then find resources to guide you through the process.

#### Plan for Profit: Find Your Customers

Nov. 13 - Entrepreneurs, come learn how to do strategic market research for your business by discovering your B2C (business to consumer) customers. This class will cover how to identify the names, addresses, and phone numbers of potential new customers based on their interests, incomes and buying potential. Note: If you are operating a B2B business, attend "Find Your Competitors" to learn how to find your business customers.

#### Plan for Profit: Understand Your Competitors

Nov. 20 - This class will cover how to find information about your competitors and understand where you fit in the market. You will learn how to quickly analyze your competitors or B2B (business to business) customers using built-in data visualization tools.

#### Plan for Profit: Market Potential & Your Market Share

Nov. 27 - Entrepreneurs will learn how to maximize their market share by looking at industry trends, finding customers and competitors, and determining your market potential.

Once registered, attendees will receive a confirmation email and reminder emails in the days leading up to the event.

"These webinars will expose business people to the array of market research tools that they can access for free with their library cards," Rodeheaver said. "And for those who don't yet have a card, those are also free with online registration available."

## International Investing: Still a Journey to Consider

Columbus Day is observed on October 9. And while it may be true that Leif Erikson and the Vikings beat Columbus to the New World, Columbus Day nonetheless remains important in the public eye, signifying themes such as exploration and discovery. As an investor, you don't have to "cross the ocean blue," as Columbus did, to find opportunities – but it may be a good idea to put some of your money to work outside the United States.

So, why should you consider investing internationally? The chief reason is diversification. If you only invest in U.S. companies, you might do well when the U.S. markets are soaring, as has happened in recent years. But when the inevitable downturn happens, and you're totally concentrated in U.S. stocks, your portfolio will probably take a hit. At the same time, however, other regions of the world might be doing considerably better than the U.S. markets – and if you had put some of your investment holdings in these regions, you might at least blunt some of the effects of the down market here.

Of course, it's also a good idea to diversify among different asset classes, so, in addition to investing in U.S. and international stocks, you'll want to own bonds, government securities and other investment vehicles. (Keep in mind, though, that while diversification can help reduce the effects of volatility, it can't guarantee a profit or protect against loss.)

International investments, like all investments, will fluctuate in value. But they also have other characteristics and risks to consider, such as these:

- **Currency fluctuations** – The U.S. dollar rises and falls in relation to the currencies of other countries. Sometimes, these movements can work in your favor, but sometimes not. A strengthening dollar typically lowers returns from international investments because companies based overseas do business in a foreign currency, and the higher value of the U.S. dollar reduces the prices, measured in dollars, of individual shares of these companies' stocks. The opposite has happened in 2017, when the weaker dollar has helped increase returns from international investments.

- **Political risks** – When you invest internationally, you're not just investing in foreign companies – you're also essentially investing in the legal and economic systems of countries in which those companies do business. Political instability or changes in laws and regulations can create additional risks – but may also provide potentially positive returns for investors.

- **Social and economic risks** – It is not always easy for investors to understand all the economic and social factors that influence markets in the U.S. – and it's even more challenging with foreign markets.

U.S. markets are now worth less than half of the total world markets, and growth in the rest of the world is likely to keep expanding the number of global opportunities. You can take advantage of that global growth by putting part of your portfolio into international investments, including developed and emerging markets.

In any case, given the more complex nature of international investing, you'll want to consult with a financial professional before taking action. If it turns out that international investments are appropriate for your needs, you should certainly consider going global.

*This article was written by Edward Jones for use by your local Edward Jones Financial Advisor.*



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Tuesday, Aug. 22

8:24 am, Columbia Beach Dr.

Caller advising she needs to know what time it is so she can take her medication.

8:54 am, Glendale Rd.

Reporting a horse and donkey in roadway.

10:14 am, Juniper Beach Rd.

Caller advising a vehicle driving up and down roadway. States vehicle parks behind bushes. Caller asked what she is doing, female in vehicle keeps giving caller stories as to what she's doing.

1:56 pm, Robinson Rd.

Reporting party requesting call referencing son's bike being stolen July 4th near this area. A second bike was also stolen from somewhere on Lancaster Rd. Reporting party states she actually saw the subject take the bike and drive away July 4th, but did not call to report it because her husband said not to bother the police, they are busy on July 4th.

3:16 pm, SR 525

Caller reporting two horses running on 525 just north of Classic Rd; one brown, one gray. One just ran down a driveway.

5:21 pm, Forrest Way

Caller reporting three sheep in their yard. Have been there since 5 am. Gate is

closed so they can't get out on the road, but are not totally contained.

7:00 pm, Ault Field Rd.

Reporting a male parked in front of location. Male is wearing protective mask over his face and goggles, wandering around the bushes outside of location. Refuses to communicate with reporting party.

7:02 pm, Oak Harbor Rd.

Caller reporting male subject, possibly homeless, stopping vehicles. Subject is standing in roadway, physically struck a vehicle.

8:37 pm, Puffin Ct.

Party reporting a rogue dog keeps coming onto the property and "f-@#-@g" up belongings, tearing up property and getting into trash.

Wednesday, Aug. 23

2:17 pm, Hunter Ln.

Caller has questions regarding Sofia the machine; needs mom to take caller to Seattle Police Department.

2:58 pm, Dutch Hollow Dr.

Reporting party advising they reported a subject smoking marijuana in the area about a month ago. It's happening again.

11:12 pm, Storkson Dr.

Caller advising saw two subjects crawling

around on the grass on SR 525 at the bus stop in front of Dairy Queen.

Thursday, Aug. 24

10:01 am, Heritage Way

Caller advising female at corner of location is cursing at people and kids.

11:51 am, San Juan Dr.

Advising neighbor came over to reporting party's residence last night around 8 and cut lines that supply reporting party's internet and cable. States neighbor had offered reporting party crab that was caught illegally, reporting party refused.

1:01 pm, Terry Heights Ln.

Reporting party advising neighbor called stating house was toilet-papered. Occurred last night.

4:30 pm, Cathedral Dr.

Caller advising they were home when an unknown woman walked into caller's house and began doing "odd" things.

7:50 pm, Moonlight Dr.

Party requesting a call, advising there is an order with subject, male is currently on the shoulder, did not move when reporting party was walking by, which reporting party advises is a violation. States subject is supposed to get out of his way.

8:38 pm, Classic Rd.

Caller advising they are being harassed by the internet cable guys. Party is calling from phone booth at location, states they are not going to remain at location for contact, will call back.

10:44 pm, Woodard Ave.

Party requesting call about a bat in the house; caller has tried several numbers for pest control and others and is not getting a response; advising they are locked in a bedroom right now.

Saturday, Aug. 26

10:02 am, Aspen Dr.

Reporting party requesting a call, advis-

ing issues with interlock. Friend is trying to drive reporting party to the doctor but device reads 0.04 (reporting party advises friend has not been drinking, suspects machine error) and also wondering if friend can't start the vehicle, can reporting party drive using her left foot only (right food is broken).

12:30 pm, Frontier Building Supply

Caller advising he is a customer; went back with truck to pick things up (per the employees) and now he is locked inside. All employees left and locked up. Lights are off in the building.

4:17 pm, Coupeville Wharf

Caller advising subject parked boat and did not pay; ongoing problem with the same person. Subject is gone now, just took off in their boat.

7:54 pm, SR 20

Reporting party advising they came home yesterday, just 10 minutes ago discovered all the chicken coop doors open, barn's open, horse stalls opened. Animals were running loose. Reporting party also discovered tire on vehicle flattened a few days ago; thinks this is related.

Tuesday, Aug. 29

3:32 pm, NE Barron Dr.

Caller advising male in the dumpster who yelled at her when she told him to leave.

Wednesday, Aug. 30

9:46 am, NW Dory Dr.

Reporting party advising male in the bushes of a neighbor's house.

2:33 pm, SR 20

Caller asking if he could have a trailer that was left at location.

7:17 pm, SR 20

Caller reporting male walking along roadway with his pants down, exposing himself.

Report provided by OHPD & Island County Sheriff's Dept.

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Advertisement for Habitat for Humanity Store featuring illustrations of a refrigerator, microwave, lamp, and sofa. Text includes 'New mattresses at Both Stores!', '20% OFF\* ALL SOFAS & LOVESEATS!', and '\*Blue Price'.

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# What's Going On



All entries are listed chronologically, unless there are multiple entries for the same venue or are connected to a specific organization (such as Sno-Isle Libraries) in which case all entries for that venue or organization are listed collectively in chronological order under one heading.

## Domestic Violence "Stop the Cycle" Motorcycle Awareness Ride

Friday, October 6, 12:30PM-3:00PM

Starts at Saratoga Gate Parking Lot, Oak Harbor

Wear your purple and take a ride through Whidbey Island to raise awareness and support for Domestic Abuse Prevention. For more information, contact Leonard Brown at leonard.w.brown@navy.mil or (360) 257-1654 or Lori Campbell at lori.r.campbell@navy.mil or (360) 257-8894.

## Tom Hyde Charity Benefit Match

Saturday, October 7, 9:00AM-1:00PM

CWSA Range, 397 W Safari St, Coupeville

Central Whidbey Sportsman's Association is hosting their annual charity match. This is a fun match with novelty targets, for handguns, .22 rifles, and shotguns - IRON SIGHTS only. Loaners will be available. There is a Junior Class for those 12 and under. Turkeys will be awarded at the conclusion of the match. Match entry is \$5 for 4 tickets or \$1.50 each; proceeds go to the Gifts from the Heart Food Bank, also please bring along any canned goods you would like to donate. For more information, visit [www.cwsaonline.org](http://www.cwsaonline.org)

## Fall Harvest Fest

Sunday, October 8, 10:00AM-3:00PM

Oak Harbor Elks Lodge, 155 NE Ernst St.

Get a head start on your holiday shopping while enjoying food and music. Vendors include Discovery Toys, LuLaRoe, Pampered Chef, The Weed Cream Guy, Agnes and Dora, Papparazzi and more! For more information, please contact WISBA at [whidbeyislandsba@gmail.com](mailto:whidbeyislandsba@gmail.com)

## Live Music:

### Just In Time Jazz Duo

Sunday, October 8, 11:00AM-1:00PM

Rustica Café, Oak Harbor

Nick's amazing keyboard stylings and Judy's mellow vocals give the great jazz standards new life!

## Bayview Community Dance

Wednesday, October 11, 6:00PM-8:00PM

Bayview Hall, 5642 Bayview Road, Langley

Janie Cribbs and The T.Rust Band playing "Original Roots, Blues and Sultry Soul." Free admission, charge for beer/wine/soft drinks

## Live Music:

### Erik Christensen Band

Friday, October 13, 6:00PM-9:00PM

Penn Cove Taproom, Coupeville

Erik Christensen plays lead guitar, writes songs, and sings. When he's not rocking out, he acts as the English Department Chair of Oak Harbor High School. No cover. For more information, call (360) 678-5747 or visit [www.penncovebrewing.com](http://www.penncovebrewing.com)

## Warm Together+Operation Warm

Saturday, October 14, 9:00AM-11:00AM

Applebee's, 31810 SR-20, Oak Harbor

By supporting the Breakfast Flapjack Fund-raiser, help reach Applebee's reach their goal to raise \$1,500. Help give brand new coats to children in need.

## Live Music: JP Falcon

Saturday, October 14, 6:00PM-9:00PM

Penn Cove Taproom, Coupeville

J.P. Falcon Grady is a self taught acoustic guitarist, singer, songwriter and a proud member of the Blackfeet Nation. He performs originals and covers all over the Pacific Northwest, Montana, Hawaii and British Colum-

bia, Canada as both a solo artist and with his band "J.P. Falcon Band". No cover. For more information, call (360) 682-5747 or visit [www.penncovebrewing.com](http://www.penncovebrewing.com)

## Upcoming Sno-Isle Library Events

See schedule below

Cost: Free

### Coming of Age in Aging America: Documentary and Discussion

Thursdays, October 5 & 12, 12:30PM

Oak Harbor Library

View this documentary in two sessions about the social transformation, challenges, and opportunities of aging in America. Afterward, join the discussion of how our community might support the demographic evolution. Refreshments provided.

### WIHHA Presents: Taming the Stress Monster

Thursday, October 5, 4:00PM-6:00PM

Freeland Library

Studies show that stress causes up to 80% of all illnesses. As we head into the winter and holiday season, join Lynne Donnelly to learn some proven techniques for reducing and handling stress to maintain health. Everyone is welcome. For more information on WIHHA visit [wihha.com](http://wihha.com)

### Stories With Sonie

Friday, October 6, 4:00PM-5:30PM

Coupeville Library

Read aloud to Sonie, a patient listener and certified therapy dog. Reading aloud improves children's reading skills and confidence, and reading to a therapy dog is a fun way to encourage reading practice. Pre-readers and independent readers are welcome. Caregiver required.

### Friends of the Freeland Library Used Book Sale

Saturday, October 7, 10:00AM-2:00PM

Freeland Library

Fall into a great book sale. Large selection of books for all ages at bargain prices. Proceeds support the Friends of the Freeland Library.

### Stars Training Series: 1, 2, 3, Baby's On My Knee

Saturday, October 7, 1:00PM-3:00PM

Coupeville Library

Drawing from the world of nursery rhymes, playful movement and music and books, this lively, interactive workshop will provide a ready-to-go collection of activities to share with babies. Ideas for adapting these actions for use with older children will be included. 2 STARS Credits. For adults only. Registration required.

### North Sound Writers Group

Monday, October 9, 10:00AM-1:00PM

Freeland Library

Join other writers to discuss, problem solve, share and receive feedback and work on the craft of writing. Everyone is welcome. For more information about this group visit [northsoundwriters.com](http://northsoundwriters.com)

### Clinton Book Group: Bettyville

Wednesday, October 11, 10:00AM-11:00AM

Clinton Library

Everyone is welcome to join our discussion of "Bettyville" by George Hodgman. Books are available to check out a month prior to the discussion at the Clinton Library. Next month's selection is "The Green Road" by Anna Enright.

## Galleries & Art Shows

### Whidbey Allied Artists (WAA) Art & Gift Show

Friday, October 6, 10:00AM-6:00PM

Saturday, October 7, 10:00AM-6:00PM

Sunday, October 8, 10:00AM-5:00PM

Coupeville Rec Hall, 901 NW Alexander St.

More than twenty artists will show and sell a wide variety of traditional and non-traditional

art. WAA is a collaborative group of artists from Whidbey Island who maintain a floating gallery of art, hosting several shows annually. Admission is free. Questions: contact Whidbey-Artists@gmail.com

### Featured Artists: Kathe Fraga and Jean Whitesavage & Nick Lyle

Opening Reception: Saturday, October 7,

5:00PM-7:00PM

Show continues through October 30

Museo Gallery, Langley

Kathe Fraga is well known for her colorful Chinoiserie inspired paintings. Jean Whitesavage and Nick Lyle create sculptural and architectural ironwork, sometimes collaborating, sometimes working independently.

### Living by Water - new watercolor paintings by Peggy Woods

Artist's Reception: Saturday, October 7,

5:00PM-7:00PM

Show continues through October 30

Rob Schouten Gallery, Langley

Rob Schouten Gallery is very happy to present new paintings depicting the joys and pleasures of living in the extraordinary environment of the Salish Sea. Watercolorist Peggy Woods captures our love affair with water as no other painter in images that focus on the play of light on water, whether glowing with strong contrast, or misty and moody. Featured artist, Peggy Woods, will be in attendance and light refreshments will be served.

## Meetings & Organizations

### Greenbank Garden Club

Thursday, October 5, 9:30AM

Greenbank Progressive Club, Greenbank

Doors open at 9:30AM for refreshments and social time followed by a short meeting starting promptly at 10:00AM. Our speaker is Eric Studebaker from "Venture Out Nursery" speaking on Fall Color for your Garden. New members welcome. The Greenbank Progressive Club is located on the corner of Bakken and Firehouse Roads.

### Whidbey Weavers' Guild

Thursday, October 5, 10:00AM-2:00PM

Pacific Rim Institute, Coupeville

The October program will feature Tom Kinsley - Japanese Rural Fabric: Sakiori and Zanshi (<http://redstoneglen.com/classes/zanshi-and-sakiori>). Bring a brown bag lunch and your own beverage cup. For more information, visit [www.whidbeyweaversguild.org](http://www.whidbeyweaversguild.org)

### Genealogical Society of South Whidbey Island

Monday, October 9, 1:00PM

Trinity Lutheran Church, Freeland

We offer fellowship and support to anyone interested in genealogy. New members and guests are always welcome. The program will be presented by Janice Lovelace on "Newspaper Research: What Can You Find Out?" Newspapers are an important source for information on your ancestors. Learn how to find local, ethnic, religious, and organizational newspapers as well as discover the variety of information provided. Go beyond birth, marriage and death notices to legal notices, social events, elections and advertisements.

Open Forum meets at 11:45AM in the Chapel and provides an opportunity to research, explore records and obtain expert assistance from Maureen MacDonald.

Beginning Genealogy Class at 11:45AM - "Analyzing The Census Records"

Member check-in at 12:45PM.

### Greenbank Progressive Club Monthly Potluck Dinner

Thursday, October 12, 6:00PM

Greenbank Hall, corner of Bakken & Firehouse Roads

Meet and greet will begin at 6:00PM with dinner at 6:30PM. Everyone is invited and asked to bring a dish to share and their own table service. The program for the evening will be Mike Nortier, Executive Director of Island Transit. His topic will be "Island Transit Updates." For more information, please call (360) 678-6630. For rental of the Greenbank Hall, please call (360) 678-4813.

For more Meetings and Organizations, visit [www.whidbeyweekly.com](http://www.whidbeyweekly.com)

## Classes, Seminars and Workshops

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### Ham Radio License Classes

Saturdays, October 7 & 14, 8:00AM-5:00PM

1 NE 6th Street, Coupeville

A two-day course to pass the entry level Federal Communications Commission amateur radio license exam will be offered by the Island County Amateur Radio Club. Class will be held in the Island County Commissioner's hearing room. For more information, contact: Dave Fish at (425) 418-9700 or [W7DAF@W7AVM.org](mailto:W7DAF@W7AVM.org).

### DUI/Underage Drinking Prevention Panel

Saturday, October 7, 12:45PM

Trinity Lutheran Church, Freeland

No pre-registration required, no late admittance allowed. Open to all and required by local driving schools for driver's education students and parents. For more information, call (360) 672-8219 or visit [idipic.org](http://idipic.org)

### DUI/Underage Drinking Prevention Panel

Sunday, October 8, 2:15PM

Oak Harbor Library Meeting Room

No pre-registration required, no late admittance allowed. Open to all and required by local driving schools for driver's education students and parents. For more information, call (360) 672-8219 or visit [idipic.org](http://idipic.org)

### Easy Artisan Bread

Monday, October 16, 6:00PM-8:00PM

Orchard Kitchen, Bayview

A how-to for home-baked bread. Ingredients, equipment and procedures. Focuses on flavor, predictable timing, reliable results, with machine kneading and pan loaves. Includes samples, demos, recipes by seasoned home baker Jim Hicken. RSVP, questions: [hickenj@whidbey.com](mailto:hickenj@whidbey.com). Free; all donations to Good Cheer Food Bank.

### COMPASS: A Course for Navy Life

Tue-Thur, Oct 17-19, 9:30AM-1:30PM

NAS Whidbey Island Chapel

Course topics include: relocation/moving; deployment; LES/finances; benefits/services; Naval traditions; community; communication. A fun and interactive way to learn about the Navy lifestyle, gear for new spouses. Free to all Navy/USMC spouses, free onsite babysitting. Register online at [www.gocompass.org/whidbeyisland.htm](http://www.gocompass.org/whidbeyisland.htm)

### Croptoberfest 2017

Friday, October 20, 9:30AM-5:30PM and/or

Saturday, October 21, 9:30AM-5:30PM

Private Residence, Oak Harbor

Two fun-filled days of scrapbooking fun to preserve your special memories! Registration includes: gifts, challenges, prizes, drawings, ideas, inspiration, morning goodies, lunch and most importantly, fun and fellowship. Beginners and experienced welcome. Bring what you have or supplies are available for purchase. Come both days and you can leave your things over night. Register by October 2 for Early Bird Fees of only \$20-\$23 per day. After October 2 Fees \$25-\$28 per day. Event is held in my Oak Harbor home. Seating is limited, your seat is confirmed when your registration form and fee is received. Contact Nancy Cunningham, Creative Memories Independent Advisor, (808) 779-8280 or [picsonapage@gmail.com](mailto:picsonapage@gmail.com) for a registration form or more information.



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## HAUNTING OF COUPEVILLE STIRS SHIVERS AND GRINS



Kathy Reed/Whidbey Weekly  
The theme for this year's Scarey-Crow Trail in Coupeville is "The Wizard of Oz," as evidenced by this entry by the Coupeville Garden Club. The trail is part of the annual Haunting of Coupeville, going on now through the end of the month.

By Kathy Reed Whidbey Weekly

It is the time of year when werewolves have been known to howl at the moon, ghouls go bump in the night and shivers course up and down the spine.

October means the fourth annual Haunting of Coupeville, and once again the community has a month of frightful fun planned for residents and visitors alike.

"It is a unique combination of all different kinds of events," said Lynda Eccles, executive director of the Coupeville Chamber of Commerce, which has sponsored the Haunting each of its four years.

The ever-popular Scarey-Crow Trail features a "Wizard of Oz" theme this year. Scarecrows are decorated and placed outside participating businesses all month. People are encouraged to pick up a map of the trail at the Chamber of Commerce or at the Coupeville Library and take the tour, voting for a favorite.

But while scoping out scarecrows, please be careful not to disturb the residents of the Weary Bones Rest Stop Graveyard. Take a quiet stroll through the cemetery, located between the Coupeville Rec Hall and the Chamber of Commerce, and pay homage to citizens like Doug Deeper, Myra Maines, Homer Sidal and Ima Stiph, but use caution – not all of them rest in peace.

Those clever touches have broad appeal, helping to draw thousands of people to the central Whidbey town over the course of the month.

"I know some of the other activities, like the parade, Haunted Fort Casey, Sherman's Farm – which grows year after year – and the pumpkin race are gaining in popularity," said Eccles. "We've never actually counted, but there are a lot of people around on the weekends."

Events at Fort Casey alone draw at least 1,000 people per evening. This year Haunted Fort Casey will take place Oct. 20 and 21 from 6:30 to 10 p.m. The haunting at the Fort keeps getting bigger, too, according to organizers.

"The first year we had four haunted rooms at the Fort and we did ghost stories at Admiralty Head Lighthouse," said Sharon Young-Hale, a program specialist at Fort Casey State Park. "We had no idea what kind of response we would get

and we were overwhelmed. Last year we did eight rooms in the main Fort and we had children's games and activities outside."

This year, Haunted Fort Casey has grown to include 13 rooms, each with a different theme and scary inhabitants. There are more carnival games as well, and Trick or Treat Street has also been added, all of it geared toward families (although the Haunted Fort portion is recommended for children ages 10 and older). There's one more new addition to the fun that calls for attention.

"We are doing a haunted switchboard," said Young-Hale. "We'll be offering tours of about eight to 10 people at a time throughout each evening."

Cost to attend events at Fort Casey is \$8 per person or \$30 for a family of up to six. A Discover Pass is required to enter the park. All proceeds from the Haunted Fort will benefit the

See HAUNTING continued on page 11



Photos courtesy of Sharon Young-Hale  
All kinds of spooky creatures will take over the grounds for Haunted Fort Casey, part of the Haunting of Coupeville. Activities at the fort will be held Friday and Saturday, Oct. 20 and 21 from 6:30 to 10 p.m. at Fort Casey State Park.



# Mr. South Whidbey raises awareness and money

By Kathy Reed Whidbey Weekly

The race is on to choose Mr. South Whidbey 2017.

The 12th annual Mr. South Whidbey Pageant will be held at 7 p.m. Saturday at Freeland Hall. Six men will battle it out for the honor of earning the coveted title and the eclectic trophy that goes with it.

This is not your typical pageant, however. Talent and looks really have nothing whatsoever to do with who wins. Rather, it's how much money they can raise for a good cause.

The event is a major fundraiser for Friends of Friends Medical Support Fund, a nonprofit organization that provides financial help to South Whidbey residents for medical-related expenses they cannot afford to pay.

"Friends of Friends was started in 1997 by Lynn Willeford," said Barb Schultz, current board president of the organization. "She had a friend who had cancer and was having trouble paying the medical bills. Lynn asked 75 friends to give \$100 each, and that's how it started. Since then we've given away more than a million dollars."

The past few years Friends of Friends has helped approximately 200 South Whidbey residents each year. So far this year, Schultz said they have helped about 120 people.

There are no financial requirements for those seeking assistance from FOF. The group offers help with expenses such as transportation, prescriptions, hospital bills, lab fees, medical supplies such as oxygen or diabetic supplies, physical therapy, counseling and some dental expenses if they are medically-related.

Over time, and with the advent of the Affordable Care Act, Schultz said the group has seen a change in the types of expenses for which people request assistance, but the need for help never goes away.

"We would love to be put out of business," she said. "What happened when the Affordable Care Act came in, what we paid for changed. We used to have horrendous prescription costs. Now transportation costs have gone up, mental health expenses have gone up."

The organization accepts donations year round and has been fortunate to have received money from people's estates. But the group still needs to raise money annually, and Mr. South Whidbey has turned out to be a fun, festive way to get the community involved.

So what does it take to compete to be Mr. South Whidbey?

"The only qualifications are for them to say yes and be male," laughed Schultz. "Usually everybody puts down names of people they think might want to participate. This year we actually had one candidate ask to be a contestant and another who said he'd been waiting to be asked."

And just what does it take to win?

"To be crowned, they have to be the candidate who raises most money, which translates to the one who gets the most votes," Schultz said. "We do have a runaway. Some of them dance, some just kind of do weird things – that's part of the performance. And we have a question and answer thing – kind of."

Mr. South Whidbey contestants have been soliciting votes – or, raising money, rather – since June. But the audience has the opportunity to keep voting for their favorite – or favorites – throughout the evening. All money collected for each candidate during the event is counted and added to their overall totals.



David Welton Photo Courtesy of FOF Medical Support Fund  
Kevin Lungren, the reigning Mr. South Whidbey, will crown a new winner at the Mr. South Whidbey Pageant Saturday at 7 p.m. at Freeland Hall. The pageant is a fundraiser for Friends of Friends Medical Support Fund, which provides financial assistance to South Whidbey residents who need help paying medical expenses.

The highlight of the evening comes after intermission.

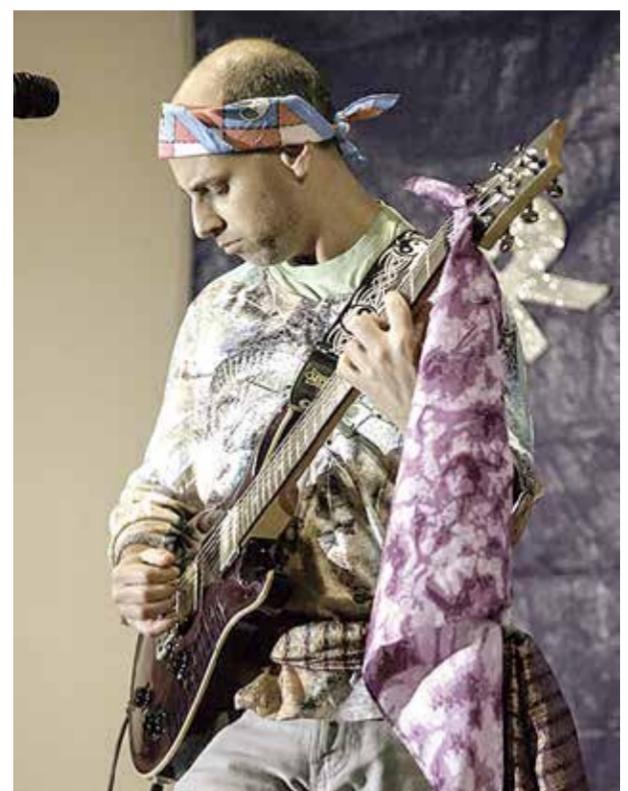
"Then each candidate does their talent portion of the contest," Schultz said. "In the past, it has ranged from singing, to dancing, to monologues, chainsaw and welding demonstrations – it goes the whole gamut."

This year's Mr. South Whidbey contestants are Brook Willeford, Roderick Stewart, Victor Ramos, Daniel Goldsmith, David Welton and Anthony Molinero.

Tickets for the event are \$30 each. Light refreshments will be served and beer and wine are available. Anyone interested in attending can purchase tickets at BrownPaperTickets.com or at Whidbey Art Escape in Freeland or Moonraker Books in Langley. All proceeds from the event benefit Friends of Friends Medical Support Fund.

"It's a good evening with money well spent," said Schultz. "Everybody has a great time."

More information on Friends of Friends can be found online at [www.fofmedicalsupportfund.org](http://www.fofmedicalsupportfund.org). The organization serves the South Whidbey communities of Clinton, Langley, Freeland and Greenbank. Residents of Coupeville or Oak Harbor needing assistance with medical expenses can contact Small Miracles in Coupeville at 360-672-5651 or Medical Safety Net of North Whidbey at 360-929-3328.



David Welton Photo Courtesy of FOF Medical Support Fund  
David Mayer shows off his guitar skills at last year's Mr. South Whidbey Pageant.



## Oak Harbor Elks to honor Whidbey's first responders

By Kathy Reed Whidbey Weekly

Calling all Whidbey Island First Responders!

The Oak Harbor Elks Lodge is holding its annual First Responders Recognition Dinner at 6 p.m. Friday, Oct. 13 and time is running out for first responders to RSVP.

All law enforcement personnel, fire and rescue personnel, emergency medical technicians and park rangers from all of Whidbey Island are invited to attend this free dinner in their honor.

"This is just something to show our appreciation to all the people who put themselves on the line for us every day," said Art Sem, Lodge chairman. "This gives us a chance to serve them."

Awards will also be presented.

"Three people will be awarded Medals of Service

from our lodge," said Sem. "One officer from the Oak Harbor Police Department, Oak Harbor Fire Department, and the Island County Sheriff's Department has been chosen."

The Island County Sheriff's Department will also hand out additional department awards to personnel.

The meal is free for all first responders. Family members are also invited to attend, as are members of the Elks Lodge and their guests, for a cost of \$15 per person. The sit-down dinner will be served by members of the Past Exalted Ruler Association and will feature a split plate of chicken and beef medallions.

Organizers are asking all first responders to RSVP no later than Wednesday, Oct. 11 by calling 360-675-7111. The Oak Harbor Elks Lodge is located at 155 NE Ernst St.



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# HAUNTING OF COUPEVILLE

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- Murder Mystery Masquerade
- Fort Casey's Haunted Fort
- Haunted Switchboard
- Catching Caper 5K Run/Walk
- Halloween Torchlight Parade
- Trick or Treat Bike Ride
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**TRANSITIONING WHIDBEY'S NEXT FARMING GENERATION – ONE CONNECTION AT A TIME**

Living on Whidbey Island is, well, for lack of a more eloquent word – distinct. In our own way, every day, we take a step further to cultivate a relationship to this place. More than just a name or a point on the map, Whidbey Island's appeal assumes many forms. Perhaps Whidbey is where you grew up or the place you now call home – carried here by career or retirement or family. Or, perchance, this island is an escape for you; a seasonal refuge while home resides elsewhere.

Each of us – we have a story to tell, and we are our own writer, publisher, narrator, and archivist. Our story is tied ultimately to the land. What is "a person" without "a place"? Our relationship to place – does it change? Of course. From apathy to awe, rooted to enraged, our emotions fuel the complex bond we have with "our" version of this island. Yet, as our connections ebb and flow, just like the tides that surround us, Whidbey still remains – a geographic thread that unites us and grounds us.

Whether you plan to live here a lifetime or stay here a short time, I'd venture a guess that when you step foot on Whidbey, a shift happens in you. Maybe it's an insignificant sigh or deep breath, a heightened awareness or fine-tuned feeling. Or perhaps I've missed the mark entirely. Whatever that shift inside you may be, this island's geography makes where we live unique – with appeals, challenges, and opportunities exclusive to this place.

The geography of Whidbey provides us with a diverse array of landscapes in a very small area. With nearly 150 miles of shoreline serving as a terrestrial boundary, our island is painted with a host of ecosystem variety – from forested uplands in the south to fertile prairies and open woodlands in the north. In this mosaic of landscapes, one of Whidbey's most defining remains that of the "farm." Agricultural practices date far back beyond the non-native pioneers who settled here nearly two centuries ago. Ancestors of today's Coast Salish tribes burned glacial outwash prairies to promote the growth of prized plants like Camas, Bracken Fern, and Nettle. People have been telling their story on Whidbey as far back as people existed here,

managing the land in small and big ways, fueled by emotion and an innate desire to write their own stories in the land.

Today, Whidbey's farmland is still prominent in the landscape, contributing along with forests, saltwater marshes, wetlands, and prairies, to the rural and less developed feel that draws so many to visit and ultimately, to stay. Yet, while we sit here and romanticize on the visual aesthetics of the working family farm, the reality is that the average age of the Island County farmer is climbing. According to the USDA Census of Agriculture in 2012, Island County's average farmer is 59, a full year older than the national average of 58. Nationally, "beginning farmers" – those considered having farmed for 10 years or less – account for only 22% of the national farming workforce. Several years ago, Whidbey Island Conservation District (WICD) conducted a survey with island farmers that asked similar questions. Of those responding, 82 percent of respondents indicated they were over 50 years old, and over 50 percent identified as "beginning farmers."

On Whidbey, these numbers tell us a clear story. On the one hand, we have significantly more first-time farmers trying to "make it" here on Whidbey, yet, we simultaneously have an increasing age gap in agricultural ownership. Throughout the nation, a shift is taking place in agriculture. Unlike past generations, who'd pass their land on to other members of their own flock, many of today's young people are finding themselves seeking work in urban areas, often saying "bye-bye" to their rural hometowns for good. Farms once stewarded by a single family over generations and artisan skills once learned over a lifetime now represent the exception more than the example. Yet, Whidbey's farmland still remains – and the number of prospective farmers are, in fact, growing here – but a vital link on this island is missing. What used to come naturally from one family generation to the next is now more challenging when both ends of the farm generational spectrum are often strangers to one another. What does this mean for the future of the island's agriculture? Right now, that story is being shaped by a collaborative effort underway. An effort led by a partnership of organizations whose mission is serve as the missing link and to provide resources, relationships, and tools for both the transitioning and beginning Whidbey farmer.

Last year, the Organic Farm School (OFS) – formerly known as the Greenbank Farm School — as well as WSU Extension San Juan County (WSU San Juan), Whidbey Island Conservation District (WICD), Northwest Agriculture Business Center (NABC), and the San Juan Islands Agricultural Guild (AG), were awarded funding by the USDA's Beginning Farmer and Rancher Program – a three-year grant with a focus on developing a comprehensive and integrated resource program for beginning farmers and ranchers (BFRs). Living on an island tasks both the new and experienced farmer with challenges and opportunities not experienced by their mainland counterparts. That's where the creativity of this island-style project comes in.

The long term goal of the islands BFR program is to assist BFRs with establishing, growing, and improving farm enterprises in the neighboring island communities of Whidbey and the San Juans through:

- Training opportunities manifested in a BFR workshop series
- Expansion of the OFS curriculum and training capacity
- Offering of farm incubator opportunities to new island farmers
- Facilitation of BFR access to local farmland
- Providing of business planning, financial management, and marketing
- Developing a mentoring program which links transitioning farmers to local BFRs

The project's six strategies above are designed to work together to address key barriers to BFRs on the islands:

- the need for production training, education, and mentoring
- the access to affordable land and start-up infrastructure

- the development of financial and marketing skills imperative to any successful farm business

And the project goal is to find real solutions to the unique challenges faced by our island farmers – geographic isolation that limits access to regional markets and support services, and high real estate values that make it challenging to transition farmland from one owner to the next.

Pieces of the project are already underway, while some are still in the design process. Two full time OFS instructors are leading the 2017 farm training course where historically only one had, making it possible to take on more students each year. Several public training workshops have occurred, including a haymaking workshop on September 21st here on Whidbey led by WSU Extension San Juan. WICD and the San Juan Islands Agricultural Guild, have been making one-on-one connections with prospective farmers, linking them with insider islands knowledge and resources, and fostering connections with elder farmers. Yet, more is still to come with two more years to go – and the project partners remain focused on networking and increasing visibility of the project so that more island farmers find out, reach out, and know they don't have to go it alone.

If you're a prospective farmer interested in learning what resources are available to you, are a farmer nearing retirement and looking for someone to transition your farm business to, or know of someone who would benefit knowing about this project, we encourage you to contact Karen Bishop at the Whidbey Island Conservation District at (888) 678-4922 or karen@whidbeycd.org to learn more. A comprehensive website is in progress and will be launched in the coming months, so stay tuned for more updates regarding the Beginning Farmer and Rancher Program island-style.



**CAN DO SUDOKU!**

On a scale from 1 to 10...5.3

Every row of 9 numbers must include all digits 1 through 9 in any order  
Every column of 9 numbers must include all digits 1 through 9 in any order  
Every 3 by 3 subsection of the 9 by 9 square must include all digits 1 through 9

		7	8		4		6	3
8							5	7
				7		8	1	
1	8				7			5
				3				
7			2				3	1
	4	2		5				
9	7							4
5	1		7		6	3		

Answers on page 19

Join host Tom Layson as we explore the stories that have Western Washington talking.

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KBTC: A viewer supported community service of Bates Technical College.



HAUNTING continued from page 7

preservation and restoration of the Admiralty Head Lighthouse.

"I love seeing it once it's all come together," Young-Hale said. "I love to stand up on top, looking across the field. It's such a fun environment and I love the creativity. Each haunted room is different and it's fun to see how creative everyone is and the different ideas."

"The Haunting of Coupeville is a great family activity," Eccles said. "There are lots of activities all month, so a family can pick and choose what they want to do."

Other highlights of this year's Haunting include a number of activities at Sherman Pioneer Farm, including a new hay bale maze that is open from 10 a.m. to 11 p.m. Friday through Sunday, with hauntings beginning after dark. The pumpkin patch and trolley rides will also be available weekends and the haunted barn will be open daily, with extended hours and hauntings on Fridays and Saturdays.

Front Street Grill will once again host a murder mystery dinner, to be held at 6 p.m. Thursday, Oct. 19. Enjoy fine



Kathy Reed/Whidbey Weekly  
The Haunting of Coupeville has begun and there are 16 entries in this year's Scarey-Crow Trail, like this one from the Coupeville Lions Club that greets people at the intersection of SR 20 and Main Street.

# VOLUNTEERS NEEDED!

Anyone interested in volunteering to prepare Fort Casey State Park for its Haunted Fort Casey event or to be an actor the night of the event should call 360-678-1186.

**TRAINING: Saturday, Oct. 7 • 11am-12pm**

**WORK PARTY: Saturday, Oct. 7 • 12-3pm**

dining while professional actors put your sleuthing skills to the test. Tickets are \$55 per person and those interested must call 360-682-2551 to reserve a spot.

Also new this year is the Catching Casper 5K run/walk, to be held at 10 a.m. Saturday, Oct. 28 at Coupeville Elementary School. Cost is \$20 per person or \$60 for a family. Participants are encouraged to wear a costume and there will be a trunk or treat upon finishing. Check in between 8:30 and 9:45 a.m. to partake in the fun. All proceeds will benefit the Coupeville High School class of 2018.

But there is even more fun to be had. The Coupeville Historic Waterfront District will sponsor the annual Halloween Torchlight Parade Saturday, Oct. 28. Costume judging will be held at 4:45 p.m. at Cooks Corner Park, with winners announced after the parade, which begins at 5 p.m. Central Whidbey Fire and Rescue will give free "torches" to the first 100 kids who are age 10 and under.

Rounding out the month is Coupeville's Great Pumpkin Race, to be held from 2 to 5 p.m. Sunday, Oct. 29. As the name implies, handcrafted, decorated pumpkin race cars compete for the championship trophy, with a lot of fun along the way. Prizes are also awarded for best decoration, most innovative design and best crash.

Commemorative t-shirts are now available at the chamber. For a complete list of all the activities taking place during the Haunting of Coupeville, please go to www.hauntingofcoupeville.com, if you dare.

"Whether it's for the day or for the weekend, there are plenty of community activities to support and have fun," said Eccles. "It's something different. It's fun. I love it."



Kathy Reed/Whidbey Weekly  
Coupeville residents and visitors alike can vote for their favorite scarecrow during the Haunting of Coupeville's Scarey-Crow Trail, which continues through the end of the month. This year's theme for the creative competition is "The Wizard of Oz."

THE OAK HARBOR BOYS & GIRLS CLUB PRESENTS

# Frightville XVII

Frightville 2017 Schedule

October 13th, 20th, 21st, 27th, 28th & 31st

Haunting Hours 7pm-12am

Haint Fee: \$13 per person

Lights on **NO SCARE** Matinee  
Saturday, October 28th  
12pm to 4pm / \$4 per person

THIS IS A PHYSICALLY STRENUOUS EVENT.  
STROBE LIGHTS AND FOG MACHINES IN USE.  
ALL SALES ARE FINAL.

WWW.FACEBOOK.COM/FRIGHTVILLE

FRIGHTVILLE IS LOCATED AT THE BOYS & GIRLS CLUB ROLLER BARN  
98 NE BARRON DR · OAK HARBOR  
360-240-9273

BOYS & GIRLS CLUB OF OAK HARBOR

## 12th annual Mutt Strut Dog Parade and Costume Contest

**Saturday, October 21, 2017**

Registration begins 11:00 am • Mutt Strut at 12 noon at the Bayview Cash Store • 5603 Bayview Road • Langley

Prizes for: Best Dog Costume 🍏 Best Celebrity Dog 🍏 Best Trick Best Owner & Dog Costume Combo

The Mutt Strut is part of Apple Day, featuring apple tasting, face painting, live music, and more at Bayview Farm & Garden and the Bayview Farmers Market, 10 am – 2 pm. All activities are free!

Photos by Don Wodjenski

goosefoot  
360-321-4145 www.goosefoot.org



# Let's Dish!

with Kae Harris



## Frightful Foods? Looks Can Be Deliciously Deceiving!

What is that one food you've always wanted to try? For me there are far too many to count and honestly the stranger looking, the more curious I am to try it. 'Strange-looking' is relative however, to where ever it is you're from when it comes to deciding what is and isn't odd appearing to the eye. So while this might mention foods that appear 'frightful' to some, to others it is the norm and in no way intended to offend anyone.

I find truffles to be quite strange looking and certainly not something I'd say to myself "Oh my, that looks so yummy I'd love to sink my teeth into it!" In fact, it looks a little like something one might find around a farm with animals, but the flavor is quite unique. Deep, musky and a little funky flare to the taste, this subterranean fungi is incredibly expensive because it is one of the few things humans cannot cultivate very well, and therefore control. So the inability for us to predict the outcome of this food "crop" lends to its very dear price tag. Take into account also, the sheer amount of workforce needed to find said funny-looking food beneath the ground, and this also pushes up the price. Pigs, (female pigs) were originally used to find truffles, what with them rooting through the dirt with their

snouts so efficiently. Except a pig isn't exactly the best animal to find truffles. Well... it is and it isn't. It is because they are so good at finding them and it isn't because pigs find them to eat, not to hand over to the people wanting to sell and/or use them. So dogs and people are used. Once the truffle is dug up, its integrity begins to diminish rather fast due to water evaporation from it, so quick work is made of getting them to their destination and stored or used. All of this for a very unappetizing looking fungus and the cost will set you back about \$95 to \$165 per ounce, depending on the variety. A truffle's flavor is so highly dependent on its surroundings that to try to slap a few adjectives onto it would not sufficiently convey just how unique a truffle tastes. From the types of trees the fungi attaches itself to, to the composition of the soil, the time of year it is unearthed, to the type of truffle you're eating - all of these factors play a role in the very intricate web of flavor a truffle weaves in your mouth. If you are willing to fork out the money for truffles at some point, I really hope it's a memorable experience for something so scary looking!

There are a few other foods with appearances which belie their delectability. Rambutan is another one of those, and while it isn't quite frightening looking, it is most definitely not something we see every day in grocery stores

here. It is a fruit hailing from the Malay Archipelago and the name 'Rambutan' is derived from the word for 'hairy' apparently. The fruit's exterior resembles hair-like armor that hides the deliciousness within, and oh what deliciousness it is! Some people say it tastes like a sour grape, only a little bit sweeter, but I personally think it tastes more like a lychee and while typically these are wonderful just as they are, some people will cook them into a dessert with spices - either way, this is one fruit you need not be wary of, even if it looks a little freaky on the outside.

And again, these foods might look 'scary' to some, but totally harmless to others. I asked a couple friends which foods might ward them off based on looks alone and one of them said "hummus, definitely." "HUMMUS?!" I yelled, incredulous. It's basically chickpea paste! But for her, the thought of eating it was daunting, demonstrating just how subjective personal predilections are. If we think about how strange, dare I say dangerous, a pineapple could look to someone who has never seen one, we can understand certain aversions or lack of enthusiasm to try said 'scary' food. But if you never try it, you would never know just how fabulous it could and probably does taste - whatever the food.

So I came across a fruit online one day in an article. It's called *Buddha's Hand*. It is one of the strangest fruits I have ever seen and yet I'm told by a few friends and acquaintances who have had the pleasure of tasting it, that it is so sweet and very yummy. So the Buddha's Hand or 'fingered citron' is a citrus fruit that is segmented into finger-like projections and these supposedly look something like a human hand. It is said to be very fragrant and, for this reason, can be used to add a sweet aroma to a room. In addition, it is used as offerings at Buddhist temples. Strangely, the Buddha's Hand has no juice or pulp, which apparently makes it perfect for turning into candied citrus peel. I'll take it if I see it, that's for sure!

Dear readers, I mentioned but a few of nature's wonders and in the vast expanse of our Earth there are countless more foods that

might look a little less than appetizing but taste absolutely divine. It's an important lesson I think, the way certain foods are packaged - whether naturally or man-made - a lesson which has been summed up before and I quote the person (whose name I unfortunately cannot remember) 'don't judge a book by its cover.' I like to keep this in mind with all things in life, and particularly where food is concerned. I am including a recipe here for pineapple cobbler and yes, I know summer is behind us, but tinned pineapple fortunately can be had year round. So when the cold weather gets too much and you want an injection of summer in the midst of winter, I'd say this recipe might just hit the spot! I'd love to hear all your comments, questions, information and any recipes you would like to share at [letsdish.whidbeyweekly@gmail.com](mailto:letsdish.whidbeyweekly@gmail.com) so feel free to send those in and Lets Dish!

### Easy Pineapple Cobbler

- 1 can (20 oz) pineapple chunks, drained
- 1 stick butter, melted
- ¾ cup of milk
- 1 teaspoon vanilla
- 1 cup sugar (I used brown sugar)
- 1 tablespoon baking powder
- 1 cup all-purpose flour
- Pinch of salt

In a medium bowl mix together flour, sugar, salt, baking powder, vanilla and milk. Stir until well blended and a smooth batter forms. Stir in the butter then spread the mixture into a 9 x 13 inch casserole or baking dish. Place the pineapple chunks across the top of the batter evenly and bake at 375°F for about 25 minutes or until the top of the cobbler is risen and golden brown and the pineapple has dropped closer to the bottom of the dish. Remove from heat, allow to cool and serve warm with whipped cream or ice cream and enjoy!

[www.myrecipes.com/recipe/pineapple-cobbler](http://www.myrecipes.com/recipe/pineapple-cobbler)  
[www.mnn.com](http://www.mnn.com)  
[www.thekitchn.com](http://www.thekitchn.com)

To read past columns of *Let's Dish* in the *Whidbey Weekly*, see our Digital Library at [www.whidbeyweekly.com](http://www.whidbeyweekly.com).



# Dining Guide

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**SEAHAWKS GAMES**  
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 11am-10pm Friday & Saturday, Closed Tuesdays  
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[www.cozysroadhouse.com](http://www.cozysroadhouse.com)

**Knead & Feed**  
 EST. 1994

Breakfast & Lunch on the Water - Daily  
 Fresh Baked Treats  
 Homemade Soups & Sandwiches  
 360.678.5431 • 4 Front Street • Coupeville

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**Big Train Chai • 70+ Flavors • Ice Cream Shakes**  
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 INN

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Thank you for reading! Please recycle the Whidbey Weekly when you are finished with it.





Trust your intuition on the 7th and be willing to embrace the new.

**LIBRA (Sept. 23-Oct. 22)**



There's no better time than now to let go of the safe and comfortable and dare something new. The rewards for venturing out where you've not gone before well outweigh the risks. This includes journeys both physical and mental, as well as exploring new ways of relating to people. Opportunities that lead in the right direction should appear over the course of the week, with the 7th being an especially prime day.

**SCORPIO (Oct. 23-Nov. 21)**



Good times are in store for you this week, especially with regard to goals and ambitions you hold in common with your peer group. Professional achievements are possible, as well, the result of keeping your nose to the grindstone. Let go of feelings that your rewards are long overdue or that you deserve more. By graciously accepting the good as it comes, you open yourself for more to follow later. Watch the 7th for clues.

**SAGITTARIUS (Nov. 22-Dec. 21)**



Your prospects this week are much brighter than in recent memory. The lightness you may already be feeling is due to a collective attitude shift. The trend is away from confrontation and more toward mutual agreement, or at least agreeing to disagree. Whew. Embrace the trend and get ready to focus on the object of your desire, with the real prospect of achieving it. Put the 7th to use in this way.

**CAPRICORN (Dec. 22-Jan. 19)**



Small steps are productive steps when it comes to the hard work of business this week. The winds of fortune that tease and leave you wanting more are shifting in your favor, but slowly. With your desire to accomplish being whetted, it's natural to reach out, but be cautious. It's a little too soon to make radical moves. Slow and steady does it best for the present. Make use of the 7th accordingly.

**AQUARIUS (Jan. 20-Feb 18)**



Work has no doubt exceeded reward in your life for longer than you care to recall, but fret not. It's a solid foundation you've likely built, and the time for capitalizing on it grows near. You probably can already feel the early indications of success. One such indicator is a renewed zest for life, a willingness to keep moving ahead. Notice on the 7th the circumstances that create that zest, and then cultivate them.

**PISCES (Feb. 19-March 20)**



An authority figure whose views conflict with your own or those of a family member may figure in your week. It's possible that events will unfold less quickly than you'd hoped.

You may need to alter your schedule as a result, so be prepared. The good side is that this may buy you time to focus unimpeded on other, more agreeable pursuits. Watch the 7th to see how and where you need to adjust.

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*Chicken Little looks at what is and fears the sky is falling. Wesley Hallock, as a professional astrologer looks at what is and sees what could be. Read Wesley's monthly forecast with links to Facebook and Twitter, at [www.chickenlittleandtheastrologer.com](http://www.chickenlittleandtheastrologer.com). To read past columns of Chicken Little and the Astrologer in the Whidbey Weekly, see our Digital Library at [www.whidbeyweekly.com](http://www.whidbeyweekly.com).*

**CHICKEN LITTLE & THE ASTROLOGER**

By Wesley Hallock

**ARIES (March 21-April 19)**



You may already be noticing the welcome shift that's due to occur in your life. It's not just your imagination. Defensiveness around some very touchy issues is giving way to broad agreement about the things that really matter. The fine details remain to be ironed out, but a general spirit of cooperation is in the air. You're forgiven for taking quick advantage of others willingness to concede. The 7th has surprises in store.

**TAURUS (April 20-May 20)**



Of course you want to have your cake and eat it, too; who doesn't? But that doesn't fly so well this week. The rules of law and circumstance all conspire to force a reset your financial priorities. It's time to decide who comes first, yourself or those commitments to which you long ago agreed. It will take very deep pockets to support both on the 7th.

**GEMINI (May 21-June 21)**



It's generally agreed that money can't buy happiness, but the temptation is present this week to try. Little pleasures that you've done without may suddenly appear to be within your reach. Grab them if you can, but be careful not to overreach. Understand, too, that new things coming your way may require the release of the old. In that case, there's little to do but accept it. Face forward on the 7th and don't look back.

**CANCER (June 22-July 22)**



You'll naturally reach out for support this week when your well-laid plans take an unexpected turn or two. The beauty of it is that the one who is there for you when you reach is very likely the one who should have been included in your plans from the start. In any case, a fresh start from where you are is your best recourse. Feelings that you could do it better and faster alone on the 7th are counter to the process.

**LEO (July 23-Aug. 22)**



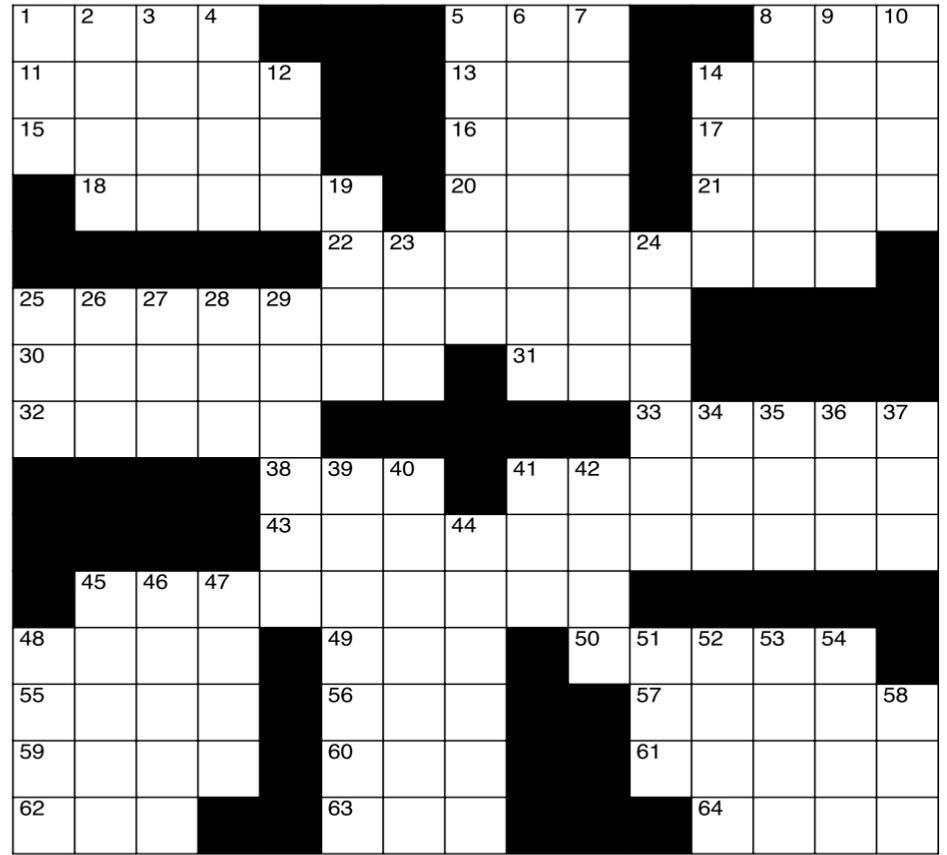
The means, opportunity and inclination to assist someone in their moment of need are all likely to converge on you this week. If life has given you much in terms of resources, then much will be expected. Prepare to give in the same degree that you have received. Resources other than your own, coming from church or government, perhaps, may play a role, but this doesn't diminish your own importance. Watch the 7th for clues.

**VIRGO (Aug. 23-Sept. 22)**



Your finances presently have a long-term safety net under them, meaning that unexpected financial turns that hurt others may help your own wealth to grow. What hurts others may still affect you to a lesser degree, however, so caution is wise. It's natural to blame yourself for not seeing the hidden curve in the road, but resist the impulse.

**Crossword Puzzle**



**CLUES ACROSS**

- 1. Inventor of the apochromatic lens
- 5. Time units (abbr.)
- 8. Cool!
- 11. NY football family
- 13. A way to consume
- 14. Competition
- 15. Monetary units
- 16. Plant in the daisy family
- 17. Ottoman military title
- 18. Small Polish village
- 20. Relatively insignificant lie
- 21. Argument
- 22. Comforts
- 25. Early
- 30. Went on and on
- 31. Type of IRA
- 32. Short musical composition
- 33. Images
- 38. Major component of wood glue (abbr.)
- 41. Observing expeditions
- 43. Used as a light-weight foam
- 45. Recall knowledge
- 48. Afrikaans word for "language"
- 49. Fried chicken guru Sanders' title (abbr.)

- 50. Caucasian language
- 55. A Spanish river
- 56. Used to pierce holes
- 57. Song of praise
- 59. In bed
- 60. Originally called
- 61. Iron Age Brittonic tribe
- 62. Young goat
- 63. Not even
- 64. Make from wool or yarn

**CLUES DOWN**

- 1. Current unit
- 2. Bleats
- 3. Soft creamy white cheese
- 4. Opposite of west
- 5. Young female cow
- 6. Deep, narrow gorges
- 7. Freestanding sculpture
- 8. Finger millet
- 9. Hurts
- 10. Unable to hear
- 12. Vast body of water
- 14. Volcanic island in Fiji
- 19. Not early
- 23. Wet dirt
- 24. Be characteristic of
- 25. Before
- 26. Tell on
- 27. Resembles the ostrich
- 28. Million barrels per day (abbr.)
- 29. War-torn city in Syria
- 34. Mode of transportation
- 35. Metals and minerals are extracted from this
- 36. Trent Reznor's band
- 37. Midway between south and southeast
- 39. Vesuvius is one
- 40. Permitted
- 41. A type of corrosion (abbr.)
- 42. Tip of Aleutian Islands
- 44. Shouted
- 45. Jewish spiritual leader
- 46. Punched in the side of the head
- 47. Lout
- 48. Used to make furniture and ships
- 51. Spectrum disorder (abbr.)
- 52. A way to talk
- 53. American shoe company
- 54. Chinese ethnic group
- 58. Egg of a louse

Answers on page 19

**YOUR GUESS IS AS GOOD AS OURS WEATHER FORECAST**

Thurs, Oct. 5	Fri, Oct. 6	Sat, Oct. 7	Sun, Oct. 8	Mon, Oct. 9	Tues, Oct. 10	Wed, Oct. 11
North Isle H-58°/L-42° Mixed Sun and Clouds	North Isle H-58°/L-42° Rain	North Isle H-59°/L-44° Rain and Drizzle	North Isle H-57°/L-40° Mostly Cloudy	North Isle H-59°/L-37° Cloudy PM Showers	North Isle H-61°/L-44° Mostly Cloudy	North Isle H-63°/L-44° Mostly Sunny
South Isle H-59°/L-44° Mixed Sun and Clouds	South Isle H-59°/L-44° Rain	South Isle H-60°/L-48° Rain and Drizzle	South Isle H-59°/L-42° Mostly Cloudy	South Isle H-60°/L-41° Cloudy PM Showers	South Isle H-62°/L-46° Partly Sunny	South Isle H-69°/L-44° Partly Sunny



Thank you for reading! Please recycle the Whidbey Weekly when you are finished with it.



# HEALTH & FITNESS Beauty



## Hoarding: A challenge that impacts everyone

By **Tammi Moses** Homes Are For Living, LLC

Have you ever heard anyone refer to themselves as a hoarder? Ever see the sign on the storage unit that says Hoarders Welcome? Does it make you stop and wonder what exactly hoarding actually is?

Mayo Clinic (www.mayoclinic.org) defines hoarding disorder as "a persistent difficulty discarding or parting with possessions because of a perceived need to save them. A person with hoarding disorder experiences distress at the thought of getting rid of the items. Excessive accumulation of items, regardless of actual value, occurs."

It's possible you might be the person suffering with hoarding symptoms yourself. Or you might

be living with someone that hoards. Your neighbor might hoard. Your friend, neighbor, classmate or co-worker may be dealing with hoarding in some way. In essence, hoarding truly is all around us, we just may not know it.

Often hoarding is a hidden issue and many people suffering with it are ashamed and humiliated because of the issue. Often they feel overwhelmed and truly have no idea where to begin. Sometimes they don't realize it's actually a problem, which is often referred to as "clutter blindness."

One of the main questions I like to ask folks is, "Can you use your space as it is intended?" Basically it's a matter of being able to cook in your kitchen or use your bathroom to take a shower, use your toilet or brush your teeth. But how do you do that if there is too much clutter on all of your countertops? If your bathroom has become your secondary closet it can be hard to use that space.

Another major factor in hoarding is centered around safety and fire hazards. A minimum of a 36" path is desired. This allows you to navigate in your home, but it is also the minimum requirement for emergency personnel to access your home if you need their help in an emergency.

If doors, walkways and windows are blocked with excessive stuff; it can become a death trap for the people living there and the fire fighters trying to assist.

Essentially hoarding is becoming a more known issue that needs to be addressed on many levels, starting with the underlying trauma that often leads to hoarding behaviors.

For the State of Washington, Hoarding Disorder Awareness week is 10/16/17-10/21/17 to bring attention to this challenging issue. The 4th Annual Hoarding Awareness Conference will take place in Tukwila, WA on 10/20/17. There are a number of speakers and experts that will be speaking. I will be providing a break out session on the topic of "The Personal Financial Cost of Having a Parent Who Hoards."

Hoarding is a daunting issue, so please know you are not alone in dealing with this.

There are a number of resources available and you can get additional information at www.homesareforliving.com/blog under the topic of Resources.

Tammi Moses is the founder and Chief Encouragement Officer of Homes Are For Living, LLC which is a Veteran Woman Owned & Operated business located in Oak Harbor on Whidbey Island, WA. She provides consultations, assessments and workshops on the issue of hoarding and inspiring others to take their adversity and use it for the greater good. She is the voice of #AKOPH-Adult Kids of Parents That Hoard. You can connect with Tammi via Email: homesareforliving@gmail.com on Twitter and on Facebook.

### CASCADIA EYE COMES TO WHIDBEY ISLAND

Dr. Mark Cichowski & Dr. Nannette Crowell, colleagues



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# Life Tributes



## Deloise "Dee" Harbour



Deloise "Dee" Harbour passed away at her home in Oak Harbor September 25, 2017 at the age of 94. She was born in St. Paul, MN and grew up on a farm near St. Peter, MN. After high school, Dee and her sister Audrey moved to California to find work and adventure. It was in Alameda where she met Rip Harbour, a young naval aviator whom she would marry and share the next 70 years of her life.

She was a member of St. Augustine Catholic Church in Oak Harbor, where she particularly enjoyed arranging flowers for church services and teaching CCD. Before St. Augustine, Dee was active at other parishes where her Navy life took her.

Dee loved the natural beauty around her and worked to protect it and share this love with others. She served 20 years on the Oak Harbor Park Board and served on the Island County Park Board as well. She was an early leader of the Oak Harbor Junior Garden Club and, at the time of her death, was the longest serving member of the Oak Harbor Garden Club. She owned a successful bridal consulting business, Harbour Bouquet, and also managed a retail floral business, Floral Gardens, for many years. She was an excellent artist and enjoyed painting with watercolors.

She and her husband Rip were accomplished boaters who enjoyed summer cruises with family and friends to Alaska and Canada in their boat *Fiddler's Green*. Dee was active in the planning and construction of the Oak Harbor Yacht Club.

She is survived by her husband of 70 years, Rip, daughter Kathy, son Rob, grandson Scott, and grand daughter Kate. She is also survived by her sister Audrey Blaylock, and close family friend since childhood, Donna Biddinger. Dee valued being part of a large family with numerous nieces, nephews and godchildren.

Dee was preceded in death by her sisters Shirley Kennedy, Donna Nutter, Merle Dummer and her brother Jim Kennedy.

Memorials may be made to Doctors Without Borders, the Oak Harbor Garry Oak Society, or the Oak Harbor Junior Garden Club.

A mass celebrating Dee's life will be held Thursday, October 5 at St. Augustine Church, 10 AM followed by a reception in the parish hall.

## Hobart Ross Hildyard



Reverend Hobart Ross Hildyard, 88, of Oak Harbor, WA, passed away peacefully Thursday, September 28, 2017. He was born November 18, 1928 in Hutchinson, KS to Joseph and Erma Hildyard, and spent his early years there involved in the local Methodist Church and the Boy Scouts where he earned his Eagle Scout badge. Hobart graduated from Hutchinson High School and attended Southern Methodist University before graduating with a Masters in Divinity. At SMU, he met his wife, Virginia, and they married in 1953. Over the next 40 years, he shared his calling with churches in Texas and Kansas including Dallas, Hiawatha, Independence, Topeka, Pittsburg, and Overland Park, as well as district responsibilities for the Kansas East Conference. Hobart also served as Secretary of the Kansas East Conference for many years, was the Chairman of the Council on Finance and Administration of the Kansas East conference and on the Secretarial staff of the General Conference of the United Methodist Church for several quadrennium. As a very young pastor, he was invited by the Bishop to be part of a small group of pastors to tour Europe and visit The Holy Land (1956). As a pastor, Hobart knew how to bring life and drama to the spoken word. Hobart and Virginia's love of travel and different cultures took them around the world, but they were particularly fond of Great Britain, which included a pastoral home exchange in Sidmouth, Devon where they met many new friends. He also was a talented flautist and singer, loved choral music and hymns, the ballet and all the performing arts. After Hobart retired in 1992, he and Virginia moved to Whidbey Island in Washington. They loved the beauty of the island and all it offered. They were also active house traders, swapping houses with people in Switzerland, England, Scotland and even Flagstaff, AZ. Hobart continued with his pastoral calling by supporting the Methodist congregations on the island at Oak Harbor, Coupeville, and Langley. Hobart was preceded in death by his wife Virginia and sister Josephine. Hobart was extremely loving and proud of his three children Brent, Wendy and Wesley. Besides his children, Hobart is survived by his grandchildren Carly, Brock, Torrey, Tate, Reed and Lily; nieces Angie, Pam, Lacey, and his beloved companion, Nancy Kinser. A Remembrance and Celebration of Hobart's life will be held on Whidbey Island in Washington, Saturday, November 4, 2017, 11:00 AM at the Coupeville United Methodist Church, 608 N. Main St., Coupeville, WA 98239. Arrangements were entrusted to Whidbey Memorial, 746 NE Midway Blvd., Oak Harbor, WA 98277. More information and online comments may be made at [www.whidbeymemorial.com](http://www.whidbeymemorial.com) (Hobart Hildyard). An additional service and inurnment of Hobart's cremated remains will be announced and held in Hutchinson, KS at a future date and anyone is welcome. No flowers please, but a contribution to one of the following organizations would be deeply appreciated: Public Radio International, local radio station through npr.org; Alzheimers Association through alz.org.

## Robert Ross



Bob went home to be with his Lord and Savior Jesus Christ September 19, 2017. With support from a Hospice of the Northwest Team, his family, and some private caregivers, he was able to remain in his home of 43 years and be surrounded by his family when he passed away.

Bob was born in Berkeley, CA June 17, 1944 to Robert & Marie Ross. He became an apprentice Meat Cutter at Safeway after graduating from Miramonte High School in Orinda, CA. Bob met his future wife, DeDee, in 1960 and they were married August 10, 1964. They had three daughters and one son while living in California. In 1972, Bob accepted the position of Meat Department manager at Safeway in Oak Harbor, WA which brought the young family to Whidbey Island.

They built a home on six acres in Langley where they raised their family, and were active members of the Langley Christian and Missionary Alliance Church. In 1979, Bob became the Meat Department Manager at Payless Foods in Freeland and worked there until retiring in 2006.

The joys of Bob's life were DeDee, his wife of 48 years, his four children, 11 grandchildren, and 2 great-grandchildren. Bob could often be found on his John Deere working around his yard or attending various sporting events and 4-H activities for his grandchildren. He also enjoyed taking camping trips and cruises with his family, eating out at local restaurants, and satisfying his sweet tooth by going on road trips to discover new bakeries.

Bob was preceded in death by both his parents, his wife DeDee (Nanny), his oldest daughter Sondra, Sondra's husband Phil, and his two granddaughters Elisse and Marisa.

Survivors include his three children Chrissy O'Keefe, Debbie Hughes, her husband Forrest, and Steve Ross; his 9 grandchildren, Kramer O'Keefe and his wife Morgan, Kendra and Gavin O'Keefe, Leah (Hughes) Parker and her husband Justin, Mitchell, Janae and Jared Hughes, and Levi and Tayla Ross; his 2 great grandchildren Raegan Parker and Annorah O'Keefe; and his sister Joanne Greene and her husband Jim.

Some of our fondest memories of our dad/grandfather (also known as Papa) are of him singing his favorite hymns loud and often off key, clapping and dancing with a big smile on his face while singing his own words to each song. We're sure he is singing one of his favorite hymns now...

*Some bright morning when this life is over*

*I'll fly away*

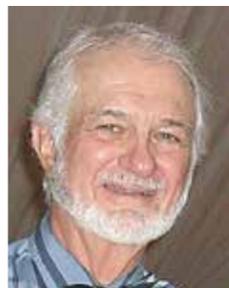
*To that home on God's celestial shore*

*I'll fly away*

Bob's love of God and life, his smile, positive attitude and contagious laughter, are what he will best be remembered for. We don't say good-bye, but instead we say "We will see you again."

Per Bob's request, the family will be holding a small private memorial service. They wish to thank all of those who cared for him over the last couple of years. Memorial donations may be made to the University of Washington Division of Cardiology at [uwcardiology.org](http://uwcardiology.org) or Hospice of the Northwest at [hospicenw.org](http://hospicenw.org) using the HNW Foundation tab. Family and friends are encouraged to share memories and condolences at [www.whidbeymemorial.com](http://www.whidbeymemorial.com).

## Charles Hans Stromberg



Charlie Stromberg, 84 of Freeland, WA passed away September 20, 2017 at Careage of Whidbey. Charlie was born in Minneapolis, MN November 5, 1932 to Hans and Katherine Stromberg.

Charlie grew up in Cincinnati, OH and for three years served as a pilot in the US Air Force. He earned four degrees from the University of Cincinnati, including an Interdisciplinary PhD and a Master of Urban & Regional Planning. An avid outdoorsman, Charlie spent many years enjoying the mountains of Colorado before ultimately retiring to his beloved Whidbey Island. Whidbey Island was the ideal place for Charlie to pursue his interests in sailing, jazz music and dreaming of "reconciliation and peace for the world."

Charlie loved spending time with his long-time partner, Nancy Kennedy, as well as, playing his saxophone in the Breaded Fish Band at Trinity Lutheran Church and singing, dancing & playing sax in the Fun Band.

Charlie is survived by his son, Mark Stromberg; daughter, Ruth Batson McCluer; and grandson, Tyler Bennet.

A memorial service was held Tuesday, October 3 at Trinity Lutheran Church in Freeland. Family and friends are encouraged to share memories and condolences at [www.whidbeymemorial.com](http://www.whidbeymemorial.com).

Life Tributes can now be found online at [www.whidbeyweekly.com](http://www.whidbeyweekly.com)

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# Film Shorts

Courtesy of Cascadia Weekly

By Carey Ross

**American Assassin:** It is true, I will watch just about any movie starring Michael Keaton. I'm not lying—I recently watched the edited-for-TV version of "Multiplicity," complete with commercial breaks. And that is not a good movie. Either I can't be trusted when it comes to Keaton, or he elevates everything he's in, or both.  
★ (R • 1 hr. 51 min.)

**American Made:** Tom Cruise, once an excellent dramatic actor, now seems to only make action movies. Here's another one of those, which makes far better use of Cruise's charisma and cinematic gifts than much of his recent work.  
★★★★ (R • 1 hr. 55 min.)

**Battle of the Sexes:** This movie details the 1973 tennis match in which Bobby Riggs made a bunch of misogynist words about what female athletes are—or in his case, are not—capable of, and Billie Jean King was like, "Hell no, bro" and kicked his ass all over the court in a moment of the sweetest justice known to ladykind. Stars Steve Carell as Riggs and Emma Stone (in full-on Oscar-bait mode) as King.  
★★★★ (PG-13 • 2 hrs. 1 min.)

**Blade Runner 2049:** It's finally here and it is brilliant. I know. I'm shocked too.  
★★★★★ (R • 2 hrs. 44 min.)

**Dunkirk:** My love for director Christopher Nolan is no secret, and I feel like I have been waiting for this movie about the WWII battle and evacuation of Dunkirk just this side of forever. Nolan never lets me down, but I need this to be the one that finally gets him the Best Director Oscar nomination he should've gotten for "The Dark Knight." Or "Inception." Or "Interstellar."  
★★★★★ (PG-13 • 1 hr. 47 min.)

**Flatliners:** Do not resuscitate.  
★ (PG-13 • 1 hr. 48 min.)

**Home Again:** Although Reese Witherspoon—an exceedingly skilled actress—stars in this film, it's produced by Nancy Meyers, which is your first clue it's going to be probably bad and possibly insulting to the female audience for which it is intended. But at least someone in it will have a really nice kitchen.  
★★ (PG-13 • 1 hr. 37 min.)

**It:** See this movie, never not be afraid of clowns again. I know this because I watched the 1990 miniseries and haven't gone near a circus since. Just add clowns to dogs, cars, high-school proms, small-town children with scythes, reincarnated toddlers and young girls with daddy issues on the list of things Stephen King has taught me to fear.  
★★★★ (R • 2 hrs. 15 min.)

**Kingsman: The Golden Circle:** In the first installment of this franchise, Colin Firth proved he was the best British secret agent since Bond. He's donned the pinstripes to save the world in style once again.  
★★ (R • 2 hrs. 21 min.)

**The Lego Ninjago Movie:** Because I am an adult who rarely consorts with children, I had no idea Ninjago was a line of Lego that involves a television show, video games, graphic novels, activity books and now this movie. Those minifigs sure are industrious little creatures. They've built an entertainment empire and I can barely dress myself.  
★★ (PG • 1 hr. 30 min.)

**Mother!:** Darren Aronofsky's ("Black Swan, Requiem For a Dream") highly anticipated psychological thriller starring Jennifer Lawrence is, as expected, hugely polarizing even though no one who has seen it can figure out what they just watched. Genius and madness, thy name is Aronofsky.  
★★★★ (R • 2 hrs.)

**The Mountain Between Us:** On the one hand, this high-altitude survival story is full of things I hate: plane crashes, cold weather, broken bones, situations that require bravery and physical stamina, etc. On the other hand, it is full of things I love, like Idris Elba and Kate Winslet, but mostly Idris Elba. I'm torn.  
★★★ (PG-13 • 1 hr. 40 min.)

**My Little Pony: The Movie:** Saddle up, bronies. Applejack, Pinkie Pie, Twilight Sparkle, and their friends need your help saving Ponyville.  
★★★★ (PG • 1 hr. 39 min.)

**Spider-Man: Homecoming:** Spider-Man has always been sort of the stepchild of the juggernaut that is the Marvel Cinematic Universe. Finally, he gets the right star (Tom Holland), the right villain (played by Michael Keaton), the right mentor (Tony Stark/Robert Downey Jr.) to be the web-slinging superhero we've all been waiting for.  
★★★★★ (PG-13 • 2 hrs. 14 min.)

**Wind River:** Writer/director Taylor Sheridan stunned everyone with "Hell or High Water," and he's back with a similarly stunning murder mystery set on Native American land and starring Elizabeth Olsen and Jeremy Renner.  
★★★★★ (R • 1 hr. 41 min.)

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### REAL ESTATE WANTED

Seeking Small House: Wanting to purchase small 2 bedroom, 1.5 bath older rambler, cottage, or cabin on South Whidbey. One level, not in town, approximately .5 acres, a few stairs to entrance OK. No cement floor or in-floor heating. Cherish hardwood flooring, wood cabinets, electric baseboard heating, and metal roof. Please call (360) 730-3244 before you do any cleanup, repairs, flooring, painting, home improvements, etc.

### AUTO/PARTS FOR SALE

**1966 Thunderbird Honeydew Yellow, color code L, black interior. 390 V-8. Sequential turn signals. Tilt-away steering wheel. Number 2 condition (Old Car Price Guide). Rust Free. Original invoice and service manual. Always stored in a garage. Outstanding condition! Must sell do to health issues. \$15,500. Insured by Hagerty's for \$18,000. Call (360) 331-1063 (2)**

### ANNOUNCEMENTS

Pregnant? Need baby clothes? We have them and the price is right—FREE. Pregnancy Care Clinic, open most Wednesdays and Thursdays, 10am to 4pm. Call (360) 221-2909 or stop by 6th and Cascade in Langley. Be the difference in a child's life and become a foster parent today! Service Alternatives is looking for caring, loving, and supportive families to support foster children. (425) 923-0451 or [mostermick@servalt-cfs.com](mailto:mostermick@servalt-cfs.com)

The Whidbey Island community is encouraged to try out the paddling sport of dragon boating with the Stayin' Alive team. Our team's mission is to promote the physical, social, and emotional benefits of dragon boating. It has been shown to be especially beneficial to cancer survivors. Practice with us for up to 3 times for free. Life-jackets and paddles provided. Saturdays at the Oak Harbor Marina, 8:45am. Contact [njlish@gmail.com](mailto:njlish@gmail.com). More info at our

Facebook Page: <https://www.facebook.com/NorthPugetSoundDragonBoatClub?ref=hl>  
Medical Marijuana patients unite; If you need assistance, advice, etc. please contact at [420patientnetworking@gmail.com](mailto:420patientnetworking@gmail.com). Local Whidbey Island help.

If you or someone you know has been a victim of Homicide, Burglary, Robbery, Assault, Identity Theft, Fraud, Human Trafficking, Home Invasion and other crimes not listed. Victim Support Services has Advocates ready to help. Please call the 24-hr Crisis Line (888) 388-9221. Free Service. Visit our web site at <http://victim-supportservices.org>

### VOLUNTEER OPPORTUNITIES

Looking for Board Members to join the dynamic Board of Island Senior Resources and serve the needs of Island County Seniors. Of particular interest are representatives from North Whidbey. For more information please contact: [reception@islandseniorservices.org](mailto:reception@islandseniorservices.org)

### JOB MARKET

Need someone to help with pre-winter garden prep in Freeland. Clean-up, weeding, and some trimming, \$15 per hour. (360) 730-1522 (3)

Whidbey Animals' Improvement Foundation (WAIF) seeks part time Animal Care Technicians to help deliver expanded community services and to help operate WAIF animal care facilities. Animal Care Technicians are responsible for the daily care of shelter animals and program support. This position will also assist the public when admitting and adopting animals, and promote responsible pet ownership. Duties also include kennel cleaning, general health care of animals and

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light office work. Weekend work required. Valid driver's license, current auto insurance, and registration required. If you're a team player, please send resume and cover letter to Shari Bibich, WAIF, P.O. Box 1108, Coupeville, WA 98239, [waifsmgr@whidbey.net](mailto:waifsmgr@whidbey.net). No phone calls, please. (3)

Regency on Whidbey is hiring for a FT Maintenance Tech. Experience required in the following areas: HVAC, Plumbing/Painting, and Electrical. In addition, you must be detail oriented, punctual, and have excellent communication skills. Computer technology experience is a plus. Must be at least 18 years old and successfully pass a background check. MUST apply in person at 1040 SW Kimball Drive to complete an employment application. (3)

Regency on Whidbey is seeking a Receptionist/Administrative Assistant. You must be proficient in MS Suite, and have excellent customer service skills to greet & assist residents and visitors with a smile, while providing clerical support to the management team. Must be able to multi-task, be detail oriented, adaptable to change and possess strong written/verbal communication skills while having a positive team player attitude. We do offer benefit packages, please bring your resume and cover letter. Must apply in person to fill out an application at 1040 SW Kimball Drive – Oak Harbor (2)

DRIVERS: Part-time, full-time, on-call & weekend driver positions available. Must have or be willing to obtain CDL Class B with P2 passenger endorsement. If interested, please contact Brent at (360) 679-4003 or find an application online at [www.seatacshuttle.com/employment.php](http://www.seatacshuttle.com/employment.php)

### JEWELRY

14K yellow gold Royal Byzantine necklace. 18 inches long, \$599; White 8 MM button pearl earrings, \$45; Light blue/gray 9-10 MM Baroque pearl earrings, \$55; Oval amethyst ring set in sterling silver, \$75. Call (360) 331-1063 (1)

### ELECTRONICS

Sony DVD player, silver DVP NS 55 p, new, never opened, \$50 OBO; CyberPower USB 2.0 4-port hub with power adapter, new, in original package, \$15. (360) 579-5436 after 10 AM (0)

### LAWN AND GARDEN

Natural Barnyard Topsoil: Good for gardens, flower beds, etc. Unscreened, 10 yard loads, \$225 delivered. South Whidbey (360) 321-1624

### MISCELLANEOUS



Looking for Xmas, Bday, Father's Day, or just Gifts in general? These are LOCAL made crafts, I have about 50-60 of these available. They are \$16.00/ea, plus shipping if you want them mailed. CASH preferred. Dimensions are: 5-6" W X 17" L. Contact me at [ljohn60@gmail.com](mailto:ljohn60@gmail.com).

### How'd you do?

2	5	7	8	1	4	9	6	3
8	3	1	6	9	2	4	5	7
4	6	9	5	7	3	8	1	2
1	8	3	4	6	7	2	9	5
6	2	5	1	3	9	7	4	8
7	9	4	2	8	5	6	3	1
3	4	2	9	5	8	1	7	6
9	7	6	3	2	1	5	8	4
5	1	8	7	4	6	3	2	9

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### ANIMALS/SUPPLIES

Alfalfa/Grass hay for sale, \$7 per bale. You haul. (360) 678-1726 (0)

Excellent Grass Hay for Sale. Good for horses, \$7 per bale, 20 bale minimum. (360) 321-1624

If you or someone you know needs help in feeding pet(s), WAIF Pet Food Banks may be able to help. Pet Food Banks are located at WAIF thrift stores in Oak Harbor (50 NE Midway Blvd) and Freeland (1660 Roberta Ave) and are generously stocked by donations from the community. If you need assistance, please stop by.

### No Cheating!

A	B	B	E			H	R	S			R	A	D				
M	A	R	A	S		E	A	T			R	A	C	E			
P	A	I	S	E		I	V	A			A	G	H	A			
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## Island Herb offers more than just cannabis

In many ways, Island Herb, in Freeland, is unique among dispensaries. From the moment you walk in the door, you can tell something is different. Owner Lucas Jushinski envisioned a warm, inviting space – not a cold, clinical one. The vision is brought to life through creativity, color, and a great deal of art he's hand-picked over the course of his travels.

"In many ways," Jushinski states "the store is a true representation of who I am and the journey I've been on."

An eight-year veteran of the Navy, Lucas' path has been long and winding. It started in a difficult place as Lucas dealt with PTSD and other combat-related mental health issues. He began a course of conventional treatment but prescribed drugs left him feeling like a zombie. Lucas explored his options. Cannabis was one of the alternatives he turned to and he began to find relief from his symptoms.

After his own life-altering experience, Lucas decided he wanted to continue to spread the message of cannabis' healing powers. This passion gave life to Island Herb. The store has over a thousand clients and Lucas has been blown away by the positive response.

"Clients [tell] me their stories of healing. To see firsthand how cannabis has had such a positive impact on people's lives is beautiful," says Jushinski.

Island Herb is open to anyone who's curious (+21 years of age). Lucas' passion is still centered around those experiencing pain and suffering in their everyday life. He goes out of his way to donate to organizations and events that have a positive impact on veterans lives. Cannabis has been a force for good in Lucas' life, and he's determined to pay it forward.

This passion translates to Lucas' team. Each of whom goes through the medical cannabis program at Seattle Central Community College after they're hired. All employees are approachable and able to answer any question thrown their way.

"Both the knowledgeability of the staff and the comfort and ease of the space help people engage in the experience," notes Jushinski. "Ultimately, it's the entirety of their experience at Island Herb people appreciate: high quality products, a safe comfortable environment and kind knowledgeable staff. These qualities are what makes Island Herb stand out and help people have a pleasant cannabis buying experience."

That's the Island Herb difference.

Island Herb is open 11am to 7pm daily. Stop in at 5565 Vandbarr Pl, F in Freeland to learn more.

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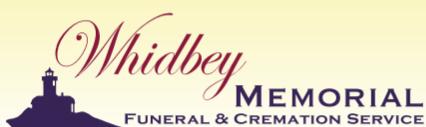
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