



## Recommended Books for Native Plants Plant Identification, Plant Use (Historical & Current), and Gardening

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### Pacific Northwest

- *Cascade Olympic Natural History: A Trailside Reference*. Daniel Mathews. Raven Editions. (1999)
- *Discovering Wild Plants: Alaska, Western Canada, the Northwest*. Janice Schofield. Graphic Arts Center Publishing Company. (1996)
- *Encyclopedia of Northwest Native Plants & Landscapes*. Kathleen A. Robson; Alice Richter; Marianne Filbert. Timber Press. (2008)
- *Feeding the People, Feeding the Spirit: Revitalizing Northwest Indian Food Culture*. Elise Krohn; Valerie Segrest. Chatwin Books. (2010)
- *Food Plants of Coastal First Peoples*. Nancy J. Turner. UBC Press. (1995)
- *Food Plants of Interior First Peoples*. Nancy J. Turner. UBC Press. (1997)
- *Gardening with Native Plants of the Pacific Northwest*. Arthur R. Kruckeberg. Greystone Books Limited. (2008)
- *Native Plants in the Coastal Garden: A Guide for Gardeners in the Pacific Northwest*. April Pettinger. Timber Press. (2003)
- *Northwest Foraging: The Classic Guide to Edible Plants of the Pacific Northwest*. Douglas Benoiel. Skipstone. (2011)
- *Pacific Feast: A Cook's Guide to West Coast Foraging and Cuisine*. Jennifer Hahn. Mountaineer's Books. (2009)
- *Pacific Northwest Foraging: 120 wild and flavorful edibles from Alaska blueberries to wild hazelnuts*. Douglas Deur. Timber Press. (2014)
- *Plants of the Pacific Northwest Coast: Washington, Oregon, British Columbia, and Alaska*. Andrew MacKinnon; Jim Pojar. Lone Pine Press. (2004)
- *Propagation of Pacific Northwest Native Plants*. Robin Rose; Caryn E.C. Chachulski; Diane L. Haase. Oregon State University Press. (1998)
- *The Natural History of Puget Sound Country*. Arthur R. Kruckeberg. University of Washington Press. (1995)

### Western United States

- *Edible and Medicinal Plants of the West*. Gregory L. Tilford. Mountain Press Publishing. (1997)
- *Medicinal Plants of the Pacific West*. Michael Moore. Museum of New Mexico Press. (2011)

### North American Continent

- *Botany in a Day: The Patterns Method of Plant Identification – An Herbal Field Guide to Plant Families of North America*. Thomas J. Elpel. HOPS Press, LLC. (2013)
- *Foraging and Feasting: A Field Guide and Wild Food Cookbook*. Dina Falconi. Botanical Arts Press. (2013)
- *Native American Ethnobotany*. Daniel E. Moerman. Timber Press. (1998)

### Digital Resources

- For comprehensive information on plants visit *USDA PLANTS Database* - <https://plants.usda.gov/java/>
- For publications on native plant landscaping goals, visit *Washington Association of Conservation Districts Plant Materials Center* - <http://www.wacdpmc.org/publications.html>

**Disclaimer:** Before touching or eating any native plant part, or anything else you find growing in a native ecosystem, it is vitally important to know what you are doing and to be able to identify correctly everything you find. The images, photographs, and content of this workshop and its associated resources are for *educational purposes only*. They are not intended to be in place of expert recommendations or serve as a guide to proper plant identification. Always consult your physician and experts prior to engagement in any kind of activity related to native plants. The presence of any image in this workshop should not be interpreted as implying any suggestion that the plant or item depicted is safe to eat for everybody. Prevailing rules and regulations should be adhered to in any beach, park, city, county, state, or federal lands that you visit, as well as respecting private property. The presenter and Whidbey Island Conservation District are not responsible for any adverse consequences resulting directly or indirectly from information contained in presentations, educational handouts, and conversations.